

*Uwharrie
District*



United
Women
in Faith

2025
3rd Quarter
Newsletter

Western North Carolina

faith

action

sisterhood

FAITH



WE BELIEVE LOVE IN ACTION CAN CHANGE THE WORLD.

President's Message

Sarah Lee



Well summer has arrived and the heat along with it. But when seagulls soar across a coastal sky and sunlight dances on the ocean's surface, we are beholding the wonder of God's creation.

Summer's warmth, its golden light and unhurried days, speak to the joy and peace found in Him. In these quiet, awe-filled moments, we're reminded that God offers us faith for the journey and hope in the steady, enduring trust in Jesus Christ, who walks with us and gives us eternal life. The sea has its limits, but His love has none—it is more vast, more beautiful, and forever without end.

Psalm 139:9-10 NIV: "If I rise on the wings of the dawn, if I settle on the far side of the sea, even there your hand will guide me; your right hand will hold me fast."

Summer is a time to breathe. When the ocean stretches before us and the world slows down, it reminds us how much we need time to rest—physically, emotionally and spiritually. In moments of quiet, away from the stress of everyday life, we find renewal in God's presence. He invites us to take a break and trust in His peace.

Remember to find moments of rest wherever you can—whether by the beach, in a park, on a mountain, by the lake, or lounging in your own backyard. There are moments in life when everything slows. The wind quiets, the water calms and time seems to hold its breath. You find yourself standing at the edge, watching the world stretch wide before you—vast, unknown and full of possibility. It's in these quiet spaces that the deeper questions rise.

Why am I here?(This is the topic for our District Annual Celebration on August 16th With Kim Eller!) Where am I going? Is there more than this? The truth is, there is more! Not just more to see or achieve—but more to know. A peace that doesn't drift with the tides. A hope that anchors the soul. A love that calls you by name. Jesus Christ offers this kind of life. Not a life without storms, but one where you're never alone in them. A life led by grace, held by mercy, and shaped by truth.

Matthew 11:28 "Come to me, all you who are weary and burdened, and I will give you rest."

If your heart is restless, He is rest.

If you're searching, He is the way.

If you're ready. He's already near.

There's been a lot of exciting things happening since our last newsletter. We had a wonderful Prayer Breakfast in April at Wingate UMC with approximately 49 in attendance and Rev. Jan Brittain as our speaker. We had "Called by Name" candle lighting, mismatched shoes, origami butterflies & much, much more! Then last week we had the Conference Spiritual Growth Retreat at Lake Junaluska and it was so much fun as well as spiritually reviving. There were 7 attending from Uwharrie District: Patricia Dance (First Lexington), Diane James (Milford Hills), Cheri Barker(Central Monroe), Cindy Carter (Bethlehem Waxhaw), and Kim Thompson, Rowena Lisenby & myself (First Norwood). We had great speakers, wonderful music, fun late night sessions, and interesting & service oriented breakout sessions and ubuntu experiences.

I have also been busy doing a lot of programs for different local units: Coming Home to God's Kingdom with the making of stoles as done for the mission study was done at Bethany Albemarle. Each lady enjoyed making her stole & then she was commissioned in it.

Human Trafficking program with skit was done at Providence Salisbury, Pleasant Hill McFarlan, & First Norwood. All ladies were involved with one being a victim, another a social worker, a doctor, policeman, and they were able to see how each of these people are advocates & can help these victims of trafficking. If you would like for me to come and do a program for you there are many topics that we can choose from and they are interesting, interactive and spiritually fulfilling.

We've also been doing mission walks at Central Denton, Dan Nicholas Park, Oakboro UMC, Central Monroe, Bethlehem Waxhaw, Providence Salisbury, and Norwood First. There's been varying numbers of walkers at each one but very generous donations for move for missions (see more in MNO article)

We have 3 events coming up in July, August & Sept. July 18-19th is Mission U in Hickory at the Catholic Conference Center which is fun &

enlightening; August 16th at First Lexington will be the District Celebration! It will be a time to celebrate & have fun.

Topic: Why Are You Here with Kim Eller who is a wonderful speaker! Then the Conference Annual Celebration on Sept. 6th will be only 1 day this year and closer by in Mooresville from 9:00 am-5:00 pm. Our speaker there is the CEO of UW Faith from Dallas Texas: Sally Vonner! You certainly don't want to miss her! So we hope that you will join us for all these events: more information on each of them throughout the newsletter.

In closing I want to give you a gift! It is a chance to subscribe to a wonderful magazine that I used in obtaining the information at the beginning of this article. It is "Life Beautiful" Faith for your journey. It has so many things! Spiritual devotions & bible studies, recipes, monthly schedules for bible readings so that you can completely read the bible in a year; decorating and craft ideas, nutrition & more!! So order a subscription today to get Life: Beautiful magazine delivered to your door.

Visit lifebeautifulmagazine.com or call 877-672-0436. I really think you will enjoy reading & using it!

Get ready to dive into the fall with the Fall issue, packed with warmth, inspiration and everything you need to make this your coziest autumn yet! Fall brunch ideas, homemade Pumpkin Spice latte, Knitting 101 Guide, how to start & lead a fall bible study and fall soup supper ideas!!! (that's a tongue twister!)

Stay cool, calm, rested and drawn closer to Christ in the summer season.

I hope to see you at all of the upcoming events. Please call or email me if I can answer any questions or be of any assistance for any of you. Peace & blessings, Sarah Lee, President Uwharrie District ac-nurse@rocketmail.com or 704-984-0165



WNCC Uwharrie District 2025 Calendar



United
Women
in Faith

July 12 **Uwharrie Walk for Mission 5:** 9-11 Randolph Mall, Asheboro

July 18-19 Mission U: Catholic Conference Center, 1551 Trinity Lane, Hickory, NC

July 26 **Uwharrie Team Meeting** 10-12 (Zoom)

Aug 16 **Uwharrie Annual Celebration:** Registration 9:30; Mtg: 10:15-12:15 Location: First UMC, 310 S. Main St, Lexington Speaker: Kim Eller

Sept. 6 **WNCC Annual UWF Celebration:** Williamson Chapel UMC, 575 Brawley School Rd, Mooresville 28117

Sept 6 **Deadline for District newsletter articles 4th Quarter**

October 11, 25 **Ubuntu Days of Service** (various locations)

Oct 11 **Uwharrie Team Meeting:** 10-12 (Zoom)

October 18 **Leadership Development Day** Location TBD (Zoom)

Nov 8 **Uwharrie District Training: "Soul Care- Loving Ourselves, Loving Others"** Registration 9:30, Training 10:15-12:15 Location: Central Denton 276 W. 1st St. Denton, NC 27239

Uwharrie Team Meeting following training

Color Code:



Uwharrie Walk for Mission Schedule



July 12 **Uwharrie Walk for Mission 5:**
9-11 Randolph Mall, Asheboro

Annual Celebration - Celebrate Change!

September 6, 10 AM - 5 PM

Williamson's Chapel UMC, Mooresville

Program highlights:

- Election of officers and approval of 2026 budget
- Afternoon workshops
- Hands-on mission: items for The Bethlehem Center of Winston-Salem



Keynote Speaker:
Sally Vonner
UW Faith
General Secretary
& CEO

Upcoming Western NC Conference UWFaith & Uwharrie District Events

Mission u 2025

July 18-19, 2025 The Catholic Conference Center Hickory, North Carolina

Mark your calendar and plan to join us for **Mission u 2025**

Our mission study theme this year is **PRACTICING HOPE TOGETHER**...such a timely study for our time.

[Complete information about Mission u 2025 is available on our website.](#)



Passionate about mission?
Love to learn?
Want to engage with others who are?
Then Mission u is right for you!

Conference Annual Celebration
2025: Sept. 6th



Sally Vonner

This event will be one day this year instead of 2-3 in the past. It will be held on Sept. 6, 2025 from 10am-5pm at Williamson Chapel UMC in 575 Brawley School Rd, Mooreville instead of Lake Junaluska as in the past. Registration begins at 9am. The theme is, "Celebrate Change" and Sally Vonner (CEO for UWFaith) will be the guest speaker. Business will be in the morning, followed by the speaker and after lunch will be workshops & Jazzercise with Jesus. There will be photo shoots that can be taken with Sally Vonner for \$1 going to missions. Hands-on mission will be items for the Bethlehem Center. There will be an atmosphere of joy & celebration! Be sure & mark your calendars so that you can join us for this special day!!

Uwharrie District Annual Celebration



Aug 16 **Uwharrie Annual Celebration:** Registration 9:30; Mtg: 10:15-12:15 Location: First UMC, 310 S. Main St. Lexington Speaker: Kim Eller

Kim Eller

Kim is a life long member of Newlyn Street UMC in Greensboro. She has held positions on the local, district, and conference levels of UWFaith. Currently she is serving as the Conference MNO.

Registration/Networking August 16, 2025 9:30am, Meeting 10am to 12pm
First UMC, 310 S. Main St. Lexington, NC

REGISTRATION FORM - Please complete registration form By

CHURCH _____

CITY / COUNTY _____

PRESIDENT _____ Phone _____

NUMBER ATTENDING UWFaith Uwharrie District Annual Celebration _____

PLEASE INDICATE NAMES OF ATTENDEES

Mail registration form to Jeanette Mixon (Uwharrie District Treasurer)
235 Woodbrier Drive, Lexington, NC 27292



Historian

Wanda Craven, Uwharrie District Historian

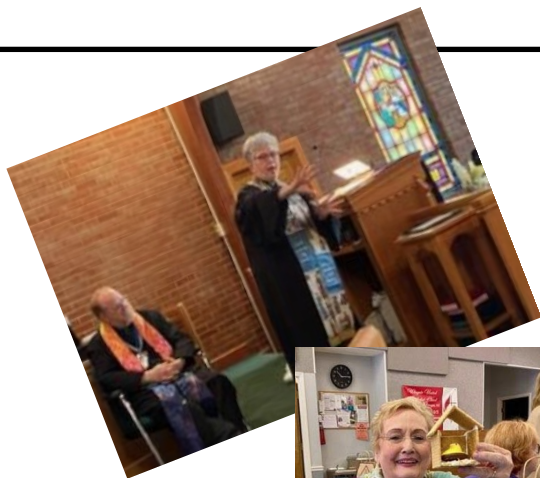
Let me first say how much I am enjoying serving as the Historian for the Uwharrie District. Many of you saw me taking lots of pictures at our Prayer Breakfast. I had a good time and a few of those pictures are part of this newsletter article. We are lucky in this era where we have so many options for capturing our day. We can make a photo or a video....we can record a snapshot or journal. All of these memories can live on for another day and time.

As the summer comes in and you spend more time with family and friends, capture the moment. Grab your camera and snap away. Push that button on your video and make a movie. Clutch that pen to paper and document the story.

There are so many memories to be made.

Wanda Craven

Uwharrie District Historian



Mission Education & Interpretation

All hands on projects for Mission U, District Annual Celebration, Conference Annual Celebration and the Soul Care Leadership Training will be gift cards for Western NC Conference Hurricane Helene Long Term Recovery efforts in Western NC.

Please bring gift cards for any amount from:

Lowe' Home Improvement

Home Depot

Walmart.

Please place the cards in an envelope with the amount of the card on the outside with your name, local unit & church.



Spiritual Growth

Wow! Another Mountain Top Experience at Lake Junaluska June 12-14!

Our very own Catherine Ritch teamed up with Charlie Harnish from Candler, NC to begin each session with song, lead hymns and put together the choir for the event. Rev. Aryn Williams-Ruebel, another true NC girl was Retreat Leader and Maggie Armstrong (directly from Helene Recovery) assisted. Along with these extraordinary leaders we were also offered opportunities for reflective walks, Book Club, choir, Ubuntu in Waynesville, jazzercising with La Donna and some fun trivia. My Name Is. . . was developed masterfully by our conference Spiritual Growth team. We certainly appreciate their efforts on our behalf.



Conference Spiritual Growth Retreat at Lake Junaluska and it was so much fun as well as spiritually reviving. There were 7 attending from Uwharrie District: Patricia Dance (First Lexington), Diane James(Milford Hills), Cheri Barker(Central Monroe), Cindy Carter (Bethlehem Waxhaw), and Kim Thompson, Rowena Lisenby & Sarah Lee (First Norwood).



Where Your Dollars Go

Every dollar raised in the Walk for Mission will be used to support the mission and ministries of United Women In Faith. United Women In Faith is an organization of approximately one million members. The organization's purpose is to foster spiritual growth, develop leaders and advocate for justice. Members raise nearly \$18 million each year for programs and projects related to women, children, and youth in

the United States and in more than 100 countries around the world.

Thank you for your support!

Walk Details

This sponsor form allows you to begin raising funds for the Walk for Mission. Please use it to sign up sponsors! Ask friends, neighbors, and co-workers to sponsor you.

Ask your sponsors to pay when they pledge. This will ensure the most money for mission with women, children and youth

around the world. Sponsors should make their checks payable to: WNCC UMW.

You can participate by walking where you are! Walks can take place at churches, parks, fitness centers-Be Creative!-Use this as a Mission Education moment. Gather your sponsors, and collect the money, and mail your form and sponsor money to your District Treasurer.

Walk for Mission 2025

Western North Carolina Conference United Methodist Women

District Name _____

(Please print all information)

Walker's Name _____

Address _____

City _____ State _____ Zip _____

Home Phone _____

E-Mail _____

Unit Name _____

Office Use Only – Do Not Write in These Spaces

Total Pledge \$ _____

Of Sponsors _____

Initial _____

Date _____

(Make additional copies of this form as needed)

SPONSOR'S NAME (Please Print)	STREET ADDRESS	CITY	STATE	ZIP	E-MAIL ADDRESS	\$ PLEDGED	\$ PAID
1.							
2.							
3.							
4.							
5.							
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18.							
19.							
20.							

Collect your money, and mail your form and sponsor money to your District Treasurer.

Invitation from Executive Director of Mt. Shepherd Retreat Center in Asheboro

Hi All,

Thought some local units might like to visit our Methodist Camp as an outing I have been working on creating a special gathering of United Women in Faith at the beautiful Mount Shepherd Retreat Center! This event is a chance to connect with other women, enjoy fellowship in a peaceful setting, and learn more about the life-changing ministry that happens at camp. I am hoping to host it in the fall right around the leaf change time. It is one of our most beautiful seasons! We are looking at the event being \$15 per person and will include the following:

Event Highlights: Guided Tour of the Grounds Explore the beauty of Mount Shepherd, including the cabins, lakefront, and ropes course, and our worship areas. Learn about how this sacred space is used to help children, youth, and adults grow in faith and community.

Ministry Sharing Session Hear powerful stories and updates from our camp staff about the impact of Mount Shepherd ministry throughout the year. Learn how your support helps transform lives. A devotion will be provided by the Executive Director.

Delicious Meal & Fellowship Enjoy a homemade meal prepared with love, and spend time in fellowship with United Women in Faith from across the region.

I would love to chat about this more if this is something you think would be a good fit for the United Women in Faith across our community!

I look forward to hearing from you!

CHRISTINA GIBBS, EXECUTIVE DIRECTOR christina@mtshepherd.org | 336.301.2484





Mission Today – 2025

Western North Carolina Conference United Women in Faith

The purpose of becoming a Mission Today Unit is to:

- Energize United Women in Faith to be more involved in mission through prayer, study, and action.
- Increase contacts between units and mission personnel and mission projects so members understand where their money goes.
- Encourage the use of mission resources through UWFaith. Expand concepts of mission, including social justice as mission.

What is a unit? A unit is any organized group of UWFaith within a church or district. Some units are composed of several circles or members from different churches which periodically meet as a unit.

How does a unit become a Mission Today unit?

To be recognized as a Mission Today unit (Gold, Silver, or Bronze), a unit must complete a number of the following criteria as indicated in the chart below. Activities conducted between January 1 and December 31 of the reporting year will be recognized at Annual Celebration the following year.

Mission Today Categories	
Gold	Bronze
Complete 10 criteria: 6 with asterisks* and 4 other**	Complete 6 criteria: 4 with asterisks* and 2 other**
**Other may include items with asterisks	

Criteria:

1. Make and meet the unit Pledge to Mission. Send Pledge amount and funds to the District Treasurer.
2. Use the Daily Prayer Guide at each unit, general, or circle meeting to pray for mission personnel and mission projects. The Guide is updated annually and may be ordered from [UWFaith Resources](#). Daily Prayer Guide entries are posted on the [UWFaith Facebook Page](#).
3. Use at least two programs from the Program Resource book during the year. A new [Program Resource](#) is printed every year and may be ordered from [UWFaith Resources](#).
4. Conduct or participate in at least one mission study (virtual or in person). Contact your District or Conference Mission Coordinator for Education & Interpretation to learn more about the studies. If members of your unit attend all sessions of Mission U or a District Mission Study and your unit takes an action growing out of the study (Gift to Mission, ministry related to the study, etc.), your unit will meet this criterion.
5. At least two members will subscribe to **response** magazine (1 member for units with fewer than 15 members; local unit subscription may count as one). Order information is provided at the bottom of p. 2. A one-year print subscription (includes digital subscription) is \$24; a one-year digital-only subscription is \$20. More information may be found at <https://uwfaith.org/resources/response-magazine/>.
6. Implement the Charter for Racial Justice in at least two ways during the year. **If you are a "Justice Today" unit, you have met this criterion.** Possibilities include:
 - Read and discuss books and articles about other ethnicities and cultures.
 - Sponsor or attend an interethnic or intercultural event between two or more units.
 - Intentionally recruit women of various ethnic or cultural groups to be unit members and officers.
 - Use the Racial Justice resources available on our Conference website on the "Downloads Available" page under "Mission Resources" or at this link: <https://uwfaith.org/what-we-do/serve-and-advocate/racial-justice/>
7. Have a program or take action addressing a United Women in Faith justice campaign (current campaigns are [Just Energy 4All](#) and [Ending Mass Incarceration and Criminalization of Communities of Color](#)). More information may be found at <https://uwfaith.org/what-we-do/serve-and-advocate/racial-justice/>
8. Add at least two new members (1 member for units with fewer than 15 members).
9. Have a program from the [Social Principles of The United Methodist Church 2025.2028](#). This resource may be purchased at www.cokesbury.com for \$9.99 plus tax and shipping, available in paperback or eBook.
10. Contribute to all Five Channels of Giving (Pledge to Mission, Special Mission Recognition, Gift to Mission, Gift in Memory, and World Thank Offering).

- *11. Recite the UWFaith Purpose at each general and/or circle meeting, including virtual meetings.
- *12. Contribute \$189.60 or more to the [Legacy Fund](#) during the reporting year.
13. At least one member of the unit will attend Mission U and report back to the unit on the experience. Virtual participation qualifies.
14. At least two members (one member for units with fewer than 15 members) will attend the District or Conference Annual Celebration and report back to the unit about the experience; virtual participation qualifies.
15. At least one person will join the United Women in Faith e-mailing list to receive and respond to advocacy information at least three (3) times a year. Attach the issue and action that was taken to Mission Today report.
16. Members will correspond with five people listed in the Daily Prayer Guide at least once a year.
17. Co-sponsor, with the local church, a "Children's Sabbath". This is a worship service highlighting the needs of children. Materials are available at <https://uwfaith.org/event/childrens-sabbaths>
18. Include a "response moment" at each unit or circle meeting where an item from **response** magazine is shared as a way to tell the mission story.
19. Sponsor a teen member (ages 12 to 17) and/or a young woman member (ages 18 to 39) to at least one Conference event during the year.
20. At least two members (one member for units with fewer than 15 members) will attend a District Prayer Breakfast/Day Apart, Conference Spiritual Growth Retreat, or any other special District or Conference event (other than Ubuntu Day of Service). Virtual participation in any of these events qualifies.
21. At least two members (one member for units with fewer than 15 members) will participate in an [Ubuntu Day](#) event. Units may develop their own Ubuntu event in their communities.
22. At least two members (one member for units with fewer than 15 members) will complete Plan I of the United Women in Faith [Reading Program](#) and report to the unit on one of the books read. Find information here: <https://uwfaith.org/resources/reading-program/>
23. Invite a District or Conference officer, other than a member of the unit, to one of the unit meetings (may be virtual) and/or for a United Women in Faith Sunday. This qualifies as a local unit visit in the Nurturing Partners program.
24. Add one new teen (ages 12 to 17) and/or one young woman (ages 18-39) member or circle during the year.
25. 100% of the unit's active members will make a gift of at least \$18.69 to the Legacy Fund.
26. Meet the 2025 Conference Financial Goal. To increase our "Gift in Memory" giving by 10% over 2024 giving.
27. Support at least one local mission project and participate in at least one Conference hands-on mission project during the year. **List the local mission project on the Mission Today report.**

UWFaith Mission Resources

uwfaithresources.org

PO Box 742349, Atlanta GA 30374-2349

Phone: Toll Free 1-888-409-8137; National Office: 1-212-682-3633

Email: cs@uwfaithresources.org

response magazine circulation

Toll Free 1-833-226-9387 Fax: 1-845-267-3478

Magazines with a Mission PO Box 395 Congers, NY 10920-0395

response subscription link: <https://www.cambeywest.com/subscribe2/?p=RSP&F=custcare>

Conference website: wncumw.org

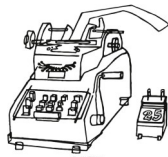
Updated February 2025

\$\$\$ Notes from the Treasurer

I apologize for missing the Q2 treasurer's newsletter that should have been sent out at the beginning of May. Thanks to everyone for sending in their Q2 remittance. The month of May has been difficult. We did collect \$2,550.00 for our Pledge to Mission. I total, we sent out \$3720.45 to the conference for our 2 nd Quarter Pledge. And on a high note, we have collected \$1076.00 from 3 Mission Walks already so far! Thank you Uwharrie District on behalf of all the women, youth and children you are helping!

You can give on-line on the WNCC UMW website. It can be found on the very top line on the Home Page "GIVE NOW" or at <https://wnccumw.org/online-mission-giving/>. These online gifts WILL be credited back to your Unit. Or, anyone can send a check directly to me towards their Unit's giving. Just note your Unit on your check. Local Treasurers, your Q3 Remittances are due in by August 31 st . When ordering a Special Mission Recognition Pin, we now have 2 styles to choose from (the original cross, or the new logo). The cost for both is the same.

Jeanette V. Mixon,
Uwharrie District Treasurer



Committee on Nomination

Linda Beddingfield Uwharrie District Nominations Chair

As summer is almost here, we need to turn our attention to fulfilling the vacant offices in our District. Our Annual Celebration is in August when we install new officers. If you know of anyone who is interested in one of these positions and needs more information, please have them contact me at 336-672-0014 or klbeddingfield@hotmail.com

After attending the Prayer Breakfast and observing all the wonderful women who attended, I know that we can find four faithful women to join us. Please continue to ask your units and see if we can have a full slate of officers. We are a strong group of Christian women " who believe love in action can change the world". Peace be with you and have a wonderful and safe summer.

Uwharrie District 2026-2027 Team as of June 28, 2025

President	Sarah Lee
Vice-President	Vacant
Secretary	Denise Henton
Treasurer	Jeanette Mixon
Secretary of Program Resources	Vacant
Spiritual Growth	Cindy Carter
Membership, Nurture & Outreach	Vacant
Social Action	Rosemary Nelson
Mission Education & Interpretation	Vacant
Communications Coordinator	Vacant
Nomination Chair	Linda Beddingfield
Nomination	Vacant
Nomination	Lillian Marshall
Nomination	Cindy Carter
Nomination	Donna Owens
Nomination	Cindy Newport
Historian	Wanda Craven
Parliamentarian	Donna Owens
Legacy Representative	Tonya Lanier
Conference Representative	Victoria Brown (Vickie)

2025 Conference Love Offering

Our conference Love Offering gifts are above and beyond district and individual pledges. Such undesignated Offerings are applied toward the Conference Pledge and become part of the monies used by United Women in Faith to create and support projects around the world to better the lives of women, children, and youth.

You may bring your individual Love Offering or your unit's Love Offering to our Western North Carolina United Women in Faith Annual Celebration, or send it directly to:

Bess Redmond, Conference Treasurer
WNCC United Women in Faith
19 Wright's Cove Trail
Fairview, N C 28730

Please make checks payable to:
 United Women in Faith

On-line Love Offerings can be made through December 31st at:
wnccumw.org

Membership, Nurture, & Outreach

Local units in the Uwharrie District have been
"On the Move for Missions!!"

Central Denton had a walk at their church park with 7 walkers. The Coordinator for that walk was Vickie Brown.

There was a walk at Dan Nicholas Park but only Sarah Lee & her dog Layla showed up for that one! So other churches in the Stanly & Rowan areas will be included but walking separately in this walk: Providence Salisbury: 2 walkers; First Norwood: 12 chair yoga participants & 1 rocker & 1 walker; Oakboro UMC: 2 walkers. Planning to walk for the Dan Nicholas Park area in the coming future are Bethany Albemarle, and New London UMC Central Monroe & Bethlehem Waxhaw had a walk with 5 walkers.

We have 2 more walks scheduled: Grimes Park Lexington: June 28 th 9-11 am and Randolph Mall Asheboro: July 12 th 9-11 am.

So let's all get MOVING FOR MISSIONS!!!

The total amount raised so far is \$1401.00.

If your local unit wants to participate in the Move for Mission activities just use the form that is

printed in this newsletter and do anything to move! It can be rocking, walking, crafting, knitting, chair yoga, golf, riding on the lake, the sky is pretty much the limit as long as you are MOVING!!! List your names of your participants and the amount of money raised and send it to our District Treasurer: Jeanette Mixon 235 Woodbrier Drive Bethany, Lexington, NC 27292

The Legacy Fund



I recently read that the power of giving.....enriches your life. Wow....while this statement is not earth shattering, it hit me differently on the day that I read it.

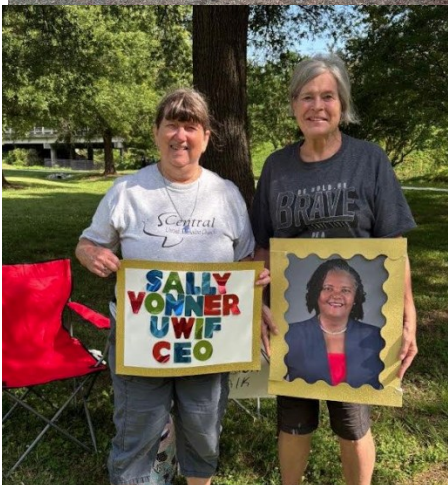
There are lots of benefits from supporting a worthy cause, not only physically, mentally but emotionally as well. There is some scientific facts out there that confirms that giving activates reward centers in the brain and releases feel-good chemicals called endorphins and dopamine. When you dropped a few coins in the Salvation Army red kettle during the holidays, it produced a warm glow feeling. This sensation was a natural mood booster and stress reliever. Just think what a donation to The Legacy Fund will do for you!

As you think about giving to the Legacy Fund during 2025, know that it will make you feel good. Your donation is the wonderful feeling you need. There are many ways to give that will maximize the impact. Go to our website, pick up a brochure or ask a Legacy Fund Representative.

As many of you know, the Legacy Fund will support United Women in Faith for many years to come. Our gifts to the endowment fund will sustain and grow our capacity to serve and advocate. Your \$18.69 gives you so much power.....and it will make you feel good.

Tonya Lanier

Uwharrie District Legacy Fund Representative



These are Central Denton, Central Monroe and Dan Nicholas Park walk . Flat Sally is traveling around to some walks. When she speaks in September at the Conference Annual Celebration she will see where all she has been around our conference.



Social Action

The Social Action Priorities for 2024-2028 include the following, and actions your unit can complete to earn credit when filling out your WNCC UMW Justice Today form.

Mass Incarceration and the Criminalization of Communities of Color

Just Energy for All-Caring for God's Creation

Interrupt the School-to-Prison Pipeline

Actions you can take include:

Host a School-to-Prison Pipeline Bible Study or Earth Day Bible Study

Host a Book Study

Invite Speakers

View and discuss the video: Pursuing Climate Justice by Daryl Junes Joe

Participate in Earth Day Celebrations

Embrace the UMC Social Principles by pledging to resist all forms of environmental exploration, neglect and inequality Identify local advocacy and service opportunities - to take action.

Rosemary Nelson, UW Faith
WNCC Uwharrie District
Social Action



National President of United Women in Faith: SPEAKS OUT!

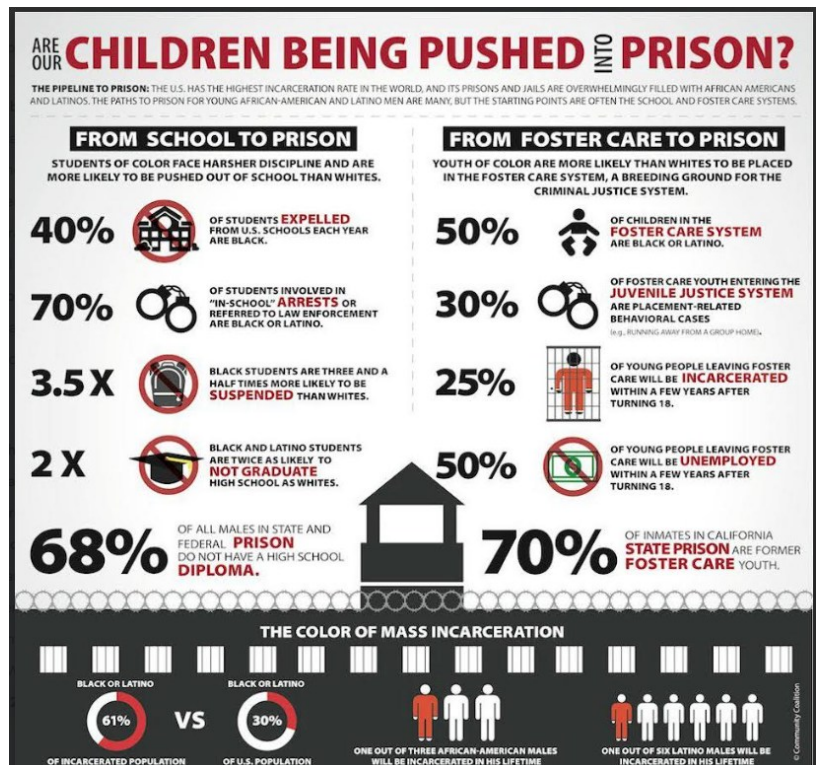
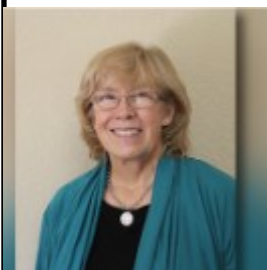
Though I am no longer in schools, I am now the national president of United Women in Faith. Among our many campaigns for justice is a fight against "school pushout." Pushout occurs through a patchwork of policies that disproportionately funnels children of color, children with disabilities, and students identifying as LGBTQ from the classroom into the criminal justice system.

Currently, it is estimated that the dropout rate for students with disabilities is about 40%, which is twice that of their peers without disabilities. Far too often, students with disabilities are unfairly maligned and funneled into the criminal justice system.

We need a functioning Department of Education to ensure that preventative services and those provided under the Individuals with Disabilities Education Act (IDEA) give children their best chance to succeed and not end up as just another statistic. I, along with my sisters at United Women in Faith, will keep pushing for education justice, but this is not our fight alone. Everyone has a role to play to ensure students get what they need in schools.

Children are our future, and their education shouldn't be an option or an afterthought.

Jana Jones is the national president of United Women in Faith, uwfaith.org. She is a registered nurse who worked as a school nurse consultant in Colorado for 23 years prior to retirement, including contracting for four years as a re-



**2025 Program
Contacts -
Uwharrie District
Officers**



**United
Women
in Faith**

**2025 VISION
& GOALS**

Where does the money go in United Women in Faith / 5 levels of giving:

Jeanette Mixon, 235 Woodbrier Drive, Lexington, NC 27292

336-798-3082/336-239-4577 (c) mixonjx@yahoo.com

5 levels of giving / Mission Information

Any of the Uwharrie District Team

Why is Maternal Child Health Important to United Women in Faith

/ Human Trafficking / Social Action programs:

Sarah Lee, 40645 Mt. Zion Church Rd., Norwood, N.C. 28128

704-474-4764 / 704-984-0165 (c)

accnurse@rocketmail.com

Social Action programs:

Rosemary Nelson, 44290 Vickers Store Rd, Albemarle, NC 28001

704-607-2360

Rosemarykathleennelson@gmail.com

Nominations information:

Linda Beddingfield, 2477 Danny Bell Road, Asheboro, NC 27205

336-672-0014

klbeddingfield@hotmail.com

Nurturing Partners / Walk for Missions:

Sarah Lee, 40645 Mt. Zion Church Rd., Norwood, N.C. 28128

704-474-4764 / 704-984-0165 (c)

accnurse@rocketmail.com

Mission Information:

Donna Owens, 614 Kildee Drive, Lexington, NC 27292
336-249-2664 / 336-479-6082 (c)

ldonna.owens@gmail.com

Program Resources Information / Legacy Fund:

Jane Ellickson, P.O. Box 521, Marshville, N.C. 28103
704-624-5468/704-290-7519 (c) janellickson@aol.com

Legacy Fund:

Tonya Lanier, 710 Burgess St, St. Stephen, Lexington, NC 27292

336-470-1100

sonshiners61@gmail.com

We believe love in action can change the world.

Faith. Action. Sisterhood.

Model our Purpose as United Women in Faith (UW Faith) who come together in unity, loving, and serving.

*Raise awareness and promote personal advocacy and action for our two United Women in Faith priority issues: Just Energy 4 All, and Ending Mass Incarceration and Criminalization of Communities of Color,

*Build relationships with our local units, members, and potential members in living out the Purpose, leaning in to and supporting opportunities to meet and serve together.

*Build relationships with and support the United Women in Faith mission institutions in our conference: Alliance Center for Education Charlotte, Bethlehem Center Winston-Salem, Brooks-Howell Home, Bennett College, and Pfeiffer University

*Achieve our 2025 Conference Financial Goal: Each unit will increase their Gift in Memory giving by 10%.

*Turn faith, hope, and love into action on behalf of women, children, and youth around the world as we live out our Purpose as United Women in Faith!

Our Purpose:

The organized unit of United Women in Faith shall be a community of women whose PURPOSE is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.

In love and action,

Your WNCC United Women in Faith Team

wnccumw.org • [facebook.com/wnccumwuwfaith.org](https://www.facebook.com/wnccumwuwfaith.org)



Program Resources

Jane Elickson

I wonder...

what are you
reading right
now?



Comments and suggestions for good books to read;

**In the last few weeks, I've tried to make reading a priority in the evenings. Yesterday I finished a wonderful book called "Everything is Tuberculosis" by John Green. He does an amazing job of explaining why in countries like the US, tuberculosis is so well-managed we hardly think about it anymore, let 1.3 million people will die of it this year, in places that are not as well-resourced, and mostly because the well-resourced countries (and companies) refuse to help get the drugs to where the disease is. (Racism is a key factor in these decisions.) Framed within the story of Henry, a teenager in Sierra Leone who was growing sicker and sicker with little hope for a cure, EIT is ultimately the story of how we can stop vicious cycles and initiate virtuous ones. I'm grateful I made time to read this book! (I hope it will be included in the Reading Program in the future. It's so, so good, and I can see how our UW Faith sisters could engage it easily.)

**My husband and I are reading a year in the Bible and have enjoyed reading stories like Balaam and the Donkey. Each day there is a morning and night time prayer that goes with what we are reading. What struck me most about Balaam's story was that his intimate relationship with the Lord didn't influence his love of money.

**I just finished Arvinder Ginda's book "Chosen & Flawed" It would be great for the reading program. Spiritually it has been a blessing.

**I am reading "A Right Worthy Woman" It is very good!

**From our wonderful Reading Program,
"Before the Streetlights Come On" -

**"Black America's Urgent Call for Climate Solutions", by Heather McTeer Toney. An excellent read and empowering playbook for taking action!

I wonder... what are you reading? (Reading is a broad term - it could be a book, a magazine, some blog posts... whatever it is, tell us!)

Reading Program Plans

Plan I

- 5 books each year
- 1 book from each category
- Selections from the current reading lists if not included in previous reports
- Regular reading of Response magazine

Plan II

- 10 books each year
- 2 book from each category
- Selections from the current reading lists if not included in previous reports
- Regular reading of Response magazine

Plan III

- 15 books each year
- 2 book from each category
- Plus 5 additional books from any category
- Selections from the current reading lists if not included in previous reports
- Regular reading of Response magazine

Plan IV

- 20 books each year
- 2 book from each category
- Plus 10 additional books from any category
- Selections from the current reading lists if not included in previous reports
- Regular reading of Response magazine

Eligible years: For 2025, books from the 2020, 2021-2022, 2023, 2024, and 2025 Reading Program lists are all eligible for Reading Program reporting credit, if you have not previously read them.

2025 UWFaith WNCC Uwharrie District Church/Unit Nurture Partner

Church	MBR	Nurturing Partner	Asheboro Circuit (Cox Chapel, Ramseur / Mitchell, Asheboro / St. Marks, Asheboro)		Linda Beddingfield
Olivet, Lilesville / Forestville, Lilesville		Cindy Carter	Asheboro	103	Linda Beddingfield
Forestville, Liteville		Cindy Carter	McCrary Chapel, Ramseur	10	Linda Beddingfield
Bethlehem, Waxhaw	52	Cindy Carter	Union, Waxhaw		New - Cindy Carter
Franklinville, Franklinville / Seagrove, Seagrove	11	Cindy Carter	Memorial, Monroe		new - Denise Henson
Rock Grove, Salisbury	15	Cindy Newport	Trinity Monroe / Waxhaw, Waxhaw		New/New-Cindy Carter
First, Salisbury	88	Cindy Newport	Milford Hills, Salisbury	78	Rosemary Nelson
Locust, Locust		Cindy Newport	First Street, Albemarle		Rosemary Nelson
Love's Chapel, Stanfield		Cindy Newport	Bethany, Albemarle	18	Rosemary Nelson
Oakboro, Oakboro	0	Cindy Newport	Wesley Chapel, Misenheim		Rosemary Nelson
New London, New London	13	Cindy Newport	Central, Albemarle	18	Rosemary Nelson
Ansonville, Ansonville / Cedar Hill, Concord		Denise Henton	Main Street, Albemarle / New Mount Tabor, Richfield		Rosemary Nelson
Shiloh, Grant Quarry / Grace, Salisbury		Denise Henton	Porter, Albemarle		Rosemary Nelson
Wingate, Wingate	20	Denise Henton	Mt Tabor, Salisbury / Christ , Salisbury	14	Sarah Lee
Hanna Chapel, Wadesboro		Denise Rumley	Randall By the River, Norwood		Sarah Lee
Poplar Hill, Wadesboro		Denise Rumley	First, Norwood	37	Sarah Lee
Cedar Grove, Norwood / Cedar Hill, Wadesboro / *Concord, Wadesboro		Denise Rumley	Stony Hill, Albemarle	5	Sarah Lee
Gilboa, Marshville / Peachland, Peachland	8	Denise Rumley	Badin, Badin		Sarah Lee
Central, Monroe	53	Denise Rumley	* Central, Spencer / Coburn Linwood Memorial, Salisbury	0	Sarah Lee
Piney Grove, Denton / Pleasant Grove, Trinity		Donna Owens	First, Wadesboro (Anson Cooperative Parish - First, Wadesboro / Morven, Morven / Pleasant Hill, McFarland)	20	Sarah Lee
Chapel Hill, Denton unit cont'd	18	Donna Owens	Morven, Morven	9	Sarah Lee
Linwood, Linwood / Trinity, Lexington	10	Donna Owens	Pleasant Hill, McFarlan	8	Sarah Lee
Marshville, Marshville/Anson	9	Jane Ellickson	Fountain Hill, Peachland / Mount Moriah, Marshville		Sarah Lee
Providence, Salisbury	34	Jeanette	Oak Grove, China Grove	20	Sarah Lee
Bethel, Salisbury		Jeanette Mixon	Unity, Kannapolis		Sarah Lee
Central, Denton	27	Jeanette Mixon	*Royal Oaks, Kannapolis / South, China Grove	7	Sarah Lee
Cotton Grove, Lexington	7	Lillian Marshall	Macedonia, Lexington	34	Tonya Lanier
First, Lexington	22	Lillian Marshall	St. Luke, Asheboro	24	Tonya Lanier
Cedar Falls, Asheboro / Mount Olivet, Seagrove		Linda Beddingfield	Empire Charge UWFaith: Piney Ridge-Seagrove, Pleasant Hill-Seagrove, Stout's Chapel-Ramseur	18	Tonya Lanier
Jordan Memorial, Ramseur/ La Luz de Cristo, Asheboro	29	Linda Beddingfield	Pleasant Hill, (Empire Seagrove) Empire Circuit	5	Tonya Lanier
New Union, Asheboro		Linda Beddingfield	Fairview, Denton	12	Wanda Craven
Rehobeth , Ramseur		Linda Beddingfield	Reeds, Lexington / Ebenezer, Lexington		Wanda Craven
Flag Springs, Asheboro	25	Linda Beddingfield	St. Stephen, Lexington	24	Wanda Craven
			Wesley Heights, Lexington		Wanda Craven

2025 UWFaith WNCC UWHARRIE DISTRICT TEAM

President: Sarah Lee, (Returning)
704-474-4764 / 704-984-0165 (c)
40645 Mt. Zion Church Rd.
First, Norwood
Norwood, NC 28128
accnurse@rocketmail.com

Vice-President: Vacant

Secretary :Denise Henton (New)
704-289-8689 / 980-328-6103 (c)
3508 White Store Road
Wingate UMC, Wingate
Wingate, NC 28174
shinson4@carolina.rr.com

Treasurer: Jeanette Mixon
(Returning)
336-798-3082 / 336-239-4577 (c)
235 Woodbrier Drive
Bethany, Lexington
Lexington, NC 27292
mixonjx@yahoo.com

Secretary of Program Resources:
Jane Ellickson (Returning)
704-624-5468 / 704-290-7519 (c)
P.O. Box 521 Marshville, Marshville
Marshville, NC 28103
janellickson@aol.com

Spiritual Growth: Cindy Carter
(Returning)
1-423-612-1421
3720 Tom Starnes Rd
Bethlehem, Waxhaw
Waxhaw, NC 28173
nannyoma6@gmail.com

Membership Nurture & Outreach:
Vacant

**Mission Education Vacant &
Interpretation Communications:**
Vacant

Coordinator Social Action:
Rosemary Nelson (New)
704-607-2360
44290 Vickers Store Rd
Central, Albemarle

Albemarle, NC 28001
Rosemarykathleennelson@gmail.com

Nominations: Linda Beddingfield,
Chair (Returning)
336-672-0014
2477 Danny Bell Road
First, Asheboro
Asheboro, NC 27205
klbeddingfield@hotmail.com

Nominations Denise Rumley (New)
704-219-1782
3802 Worthwood Circle
Central, Monroe
Monroe, NC 28112
neesierumley@gmail.com

Nominations Lillian Marshall (New)
336-456-0222
14 East Guilford Street, Apt 253
St. Stephen, Lexington
Thomasville, NC 27360
lillianmarshall3@gmail.com

Nominations Cindy Carter
(Returning)
1-423-612-1421
3720 Tom Starnes Rd
Bethlehem, Waxhaw
Waxhaw, NC 28173
nannyoma6@gmail.com

Nominations Donna Owens
(Returning)
336-249-2664 / 336-479-6082 (c)
614 Kildee Drive
St. Stephen, Lexington
Lexington, NC 27292
ldonna.owens@gmail.com

Nominations Cindy Newport (New)
704-985-0404
44558 NC Hwy 8
New London, New London
New London, NC 28127
cnewport74@gmail.com

Historian Wanda Craven
(Returning)
336-236-9863 / 336-425-5105 (c)
269 Baney Drive

St. Stephen, Lexington New Position
Lexington, NC 27292
wandacraven269@yahoo.com

Parliamentarian Donna Owens
(Returning)
336-249-2664 / 336-479-6082 (c)
614 Kildee Drive
St. Stephen, Lexington
Lexington, NC 27292
ldonna.owens@gmail.com

REPRESENTATIVES

Legacy Fund Tonya Lanier (New)
336-470-1100
710 Burgess St
St. Stephen, Lexington
Lexington, NC 27292
sonshiners61@gmail.com

Conference Victoria Brown (Vickie)
(Returning)
336-596-5523 (c)
9552 NC HWY 8 Central, Denton
Lexington, NC 27292
vickiebrown961@gmail.com



United
Women
in Faith

Western North Carolina



WHAT WE DO

WE CONNECT SPIRITUAL WOMEN
TO ACT BOLDLY FOR JUSTICE
AND TRANSFORM COMMUNITIES

Conference United Women in Faith Upcoming Events

July 18-19 Mission U: Catholic Conference Center, 1551 Trinity Lane, Hickory, NC

Sept. 6 WNCC Annual UWF Celebration: Williamson Chapel UMC, 575 Brawley School Rd, Mooresville 28117

Uwharrie District UWF Events

Aug 16 Uwharrie Annual Celebration, First UMC, 310 S. Main St, Lexington

Nov 8 Uwharrie District Training: "Soul Care- Loving Ourselves, Loving Others" Registration 9:30, Training 10:15-12:15 Location: Central Denton 276 W. 1st St. Denton, NC 27239

Uwharrie Team Meeting following training

