

## *Greetings Yadkin Valley United Women in Faith!*

This has been an exciting year for Yadkin Valley United Women in Faith, we have much to be thankful for as we celebrate all the wonderful events that have been planned for us and the events we planned where we have expanded our knowledge and celebrated our achievements. I am so very honored to serve with you as your president and I look forward to two more years as your president. You are an awesome group of women ready to tackle the issues that affect women, children, and youth in the world.

We were honored to serve as the Hostess District for Mission U and WNCC UWF Annual Celebration.

Mission U was an amazing experience held on July 28-29 at the Catholic Conference Center in Hickory, NC. Our study was *Living the Kin-dom: Exploring the Lord's Prayer as a Spiritual Practice for Social Transformation* we explored the Lord's Prayer as recorded in Matthew 6:19-23. We studied different translations of the Lord's Prayer, the one that I believe made the biggest impression on those attending was the Aramaic translation from Neil Douglas-Klotz.

Thanks to all who were able to attend our District Annual Celebration, "We Have a Story to Tell" on August 19, 2023, at Main Street UMC, Kernersville, we celebrated your 2022 achievements. We were honored to have Rev. Mark Barden as our guest speaker! I would like to thank Debra and her committee for planning a wonderful and meaningful event. We installed two new members, Sandy Steele – Social Action and Brenda Tuttle – Mission Education and Interpretation. I know you have a story to tell about your journey with UMW/UWF, share it with new members and potential new members and invite them to begin their story to tell.

We celebrated our 50<sup>th</sup> Western North Carolina Conference Annual Celebration at Lake Junaluska, September 8-10, 2023, our theme "Mosaic of Faith, We Are All Part of God's Story". Those attending were inspired by our speaker, Rev. Holly Cobb McKim, and Mission Speaker our very own Rev. Julie Wilson, Missionary, Open Arms Community Center, Winston-Salem, lunch with the missionaries, breakout sessions, late night fun, and a beautiful memorial service.

We were so blessed to have Dr. Ashely Boggan D., author of *Nevertheless American Methodist and Women's Rights*, one of our Reading Program books, category Nurturing for Community at Centenary UMC Winston-Salem hosted by their UWF on September 11, 2023. If you haven't read this book, I highly recommend it. Dr. Boggan's talk was informative and educational, and we had table discussions after her talk on the issues that need to be addressed and how will we accomplish those needs and what tools will we use to make it happen.

Our Ubuntu days of service are October 7, 14, and 21, you may serve in different ways. Ubuntu refers to behaving well towards others or acting in ways that benefit the community. Yadkin Valley District UWF will be meeting October 7<sup>th</sup> at The Bethlehem Community Center, 520 N. Cleveland Ave., Winston-Salem, NC 27101 from 9:00am through noon working on various projects. I look forward to seeing you there.

One of the most important meetings of the year is our Leadership Development Day on October 28, 2023, at Pine Grove UMC Winston-Salem with registration beginning at 9:00AM. It is designed to equip and strengthen leaders. Glenda will have more information in her article regarding LDD, we hope you will join us for LDD mini retreat.

Please remember that I and your Nurturing Partner are available to meet with you and your circle/unit and we are available through an email or phone call if you have any questions.

United Women in Faith seek to connect and nurture women through Christian spiritual formation, leadership development, creative fellowship, and education so that they can inspire, influence and impact local and global communities. Bold action, like faith, takes courage. Our bravery is inspired by God's love and our powerful commitment to improve the lives of women, children, and youth.

Blessings for a joyful and peaceful holiday season!

Love and Prayers, Rhita

Therefore encourage one another and build one another up, just as you are doing!  
*Walk by Faith Devotional*



Greetings UWF Friends,

We Have a Story to Tell was the theme of our Annual Celebration on August 19, 2023, at Main Street UMC Kernersville. It was so good to see everyone again in person. The business meeting, installation of officers for 2024, and Rev. Mark Barden's inspiring message and songs made for a wonderful experience. Rev. Sam Moore, District Superintendent was not able to attend, but he sent a beautiful invocation praising the United Women in Faith. I want to thank everyone who attended, helped, and hosted the event. We had 72 attending from 26 churches in our district. You gave \$280.00 to your local food pantries. We left knowing that we will always have stories to tell for the next 150 years.

If you were not able to attend and would like a copy of our Annual Celebration, please contact me.

If you didn't tell me or you have donated to your local food pantries or banks, please contact me with the amount you gave.

I look forward to seeing you at our next Annual Celebration.

Keep creating new stories,

Debra Lawson



This Fall season, may we MAKE time to take a walk and each time we see a leaf fall, count our blessings. God gives us nature to enjoy and take care of, I believe, so we'll slow down and see all He has done in our lives.

So, as we enter this Fall Season, I would like to share this prayer with you entitled- AUTUMN MONTHS.

O God of Creation, you have blessed us with the changing of the seasons.

As we welcome the autumn months, may the earlier setting of the sun remind us to take time to rest.

May the brilliant colors of the trees remind us of the wonder of your creation.

May the stream of our breath in the cool air remind us that it is you who give us the breath of life.

May the harvest from the fields remind us of the abundance we have been given and the bounty we are to share with others.

May the dying of summer's spirit remind us of your great promise that death is temporary, and life is eternal. We praise you for your goodness forever and ever. --- Author Unknown

This Fall may our Lord catch you counting your blessings and naming them one by one. Grateful for the blessing you have been in my life,

Valerie Prim, Spiritual Growth Coordinator



As we prepare for the changing of the season, let's also prepare our hearts and minds to continue the work of the United Women in Faith. It has been my pleasure serving as the Communication Coordinator for the Yadkin Valley District. I have truly enjoyed the fellowship of being in the presence of a group of women who love the Lord, and love serving the Lord. I am thankful for the platform that allows UWF to be the change that is needed in our World. I enjoyed my time at Mission U as well as The Annual Celebration. We all know that we serve an amazing God, he kept his fence of protection around us while we enjoyed the events that took place at Lake Junaluska. This year our overall attendance was down. I pray that we are able to recruit others in an effort to increase our attendance for the 2024 Annual Celebration. In order to grow we need your support, if you know of anyone interested in joining the UWF please reach out to them. The work of the United Women in Faith is vital and I pray that it continues for years to come.

Your sister in Christ,

Berthina Thomas, Communication Coordinator

### \$\$\$ Notes from the Treasurer

Now that schools are back in session, let us think of ways we can support women, children, and youth in our own neighborhoods. Take donuts or other snacks to the school staff. Support the band. Read or eat lunch with the elementary children. When Jesus said, "Suffer little children, and forbid them not, to come unto me; for of such is the kingdom of heaven." (Matthew 19:14 KJV), He was reaching out to a segment of society that was thought to be insignificant. Children, in their weakness and vulnerability, have much to teach us as adults. So, go, help out. It will be a win-win situation.

We had a generous Love Offering at the Annual Meeting of \$691.00. Also, sales of Gift to Mission cards have been good at the District events. Total Mission Giving paid to WNCC in Q3 was \$15,469.75.

Local Treasurers, your Q4 Remittances are due in by November 23rd. You will be receiving a letter from me in early November with additional information. I enjoyed meeting some of you at the District Annual Meeting on August 19th!

Ashley Perdue - Treasurer

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Hello to all!

It has been my pleasure to serve as your District Mission Education and Interpretation Officer over the last for years. I'll be conducting the training for the local MEI officers at our District Leadership Training meeting in October. If I can be of any assistance to you, please reach out to me at 336-413-1415 or [catsmith146@gmail.com](mailto:catsmith146@gmail.com).

Love in Christ!

Cathy Smith



United  
Women  
in Faith



District Leadership Development

Glenda Beauchamp

LOVING OURSELVES, LOVING OTHERS

Our mission today is to love ourselves. It is the first step toward our happiness.

Having a positive attitude can help us to bring Self Love to others as well.

Let's all make the world a better place by loving ourselves today.

District Leadership Development Day

Pine Grove United Methodist Church

1130 Jonestown Road, Winston-Salem, North Carolina 27103

October 28, 2023

9:00 Registration, Morning Snacks, and fellowship

9:30 YVD President Rhita Newcomb will call our meeting to order

Spiritual Growth Coordinator: Valerie Prim

10 AM Four classes will be available for you to choose from. I will give you a short description of each and introduce the leaders.

Days for Girls: Jean Wall grew up in a family of seamstress and chose to use her sewing abilities to help others. She taught sewing in Public School until retirement. She now uses her talent to make re-usable sanitary napkins for those living in countries where such things are not available.

Prayer Walk: Mary Jo Brewer will lead your Prayer Walk. Your friends or acquaintances may talk quietly or spend your time in thoughtful prayer while cruising the surrounding neighborhood. Be sure to collect your donations for missions.

Book Review on Book Woman of Troublesome Creek: Having read 55 books from our reading list by mid- year, Kathy Chadwell can discuss the Best Books from the list for you to read. I understand she may have some extra information about The Book Woman that we may not know.

Exercises or Sittercizes: Valerie Prim has you covered. Valerie has taught Physical Education in public school until retirement this past year. Congrats Valerie! She also has some very impressive dance moves you may have already seen at our recent Annual Meeting in Junaluska

Hopefully this announcement will be an addendum to the newsletter I have already sent.

I am so pleased to announce the United Women of Faith will have the opportunity to meet

Ms. Nara Melkanyan, Armenian Director of Project Agape at our October 28th Leadership Development Meeting.

You will have the opportunity to receive current information about the immediate crisis and the many needs of the Armenian People.

This may affect the length of some classes but we will adjust accordingly

Please Invite anyone who may be interested. All are welcome.

Leadership Development Chairperson

Glenda Beauchamp

Where there's hope, there's life. It fills us with fresh courage and makes us strong again .

Anne Frank

Dear Friends.

I have really enjoyed working with such a great group of women these past two years on the Membership, Nurture and Outreach Committee. I also enjoyed being the historian for 4 years and was able to meet all the women and take many pictures. The Wear a Hat, bring a Hat Tea was a highlight of my two years as chair of that event. But the best part was all the hats that we received and took to Cancer Services. In 2023 we took close to 1,000 hats. I hope that each unit had their mission walk in September and donated your money to the people of Ukrainian. 100% of the money donated goes to the Ukrainian for food, medicine, and clothing. Be sure to let your treasurer know that the donation goes to Advance #092450-Ukrainain. The Methodist churches continues working hard for the people in Ukrainian.

Polly Caudle-Nurturing Outreach Committee





As a permanently invested endowment, the Legacy Fund will be an ongoing source of income, providing the assurance that our important work can always continue. Giving to the Legacy Fund will support United Women in Faith in perpetuity. That's why gifts to the endowment fund are such a vital way to sustain and grow our capacity to serve and advocate. Every single gift to The Legacy Endowment Fund, of any size, will make a difference!

### **Ways to Give to the Legacy Fund**

- Make a gift to the Legacy Fund through your local unit United Methodist Women treasurer;
- Use our Western North Carolina Legacy Fund Commitment Form;
- Online on the national office website <https://uwfaith.org/give/legacy-fund/>
- By phone: 800-278-7771 (8 am-6pm EST, M-F);
- Text message "GIVE" to 20503;

By check: note "Legacy Fund" in memo and mail to: United Women in Faith, Attn: Legacy 475 Riverside Drive, New York, NY 10115

- Other methods include gifts of stock, life insurance, bequests, and other forms of planned giving. If you are interested in making a gift like this, contact the national office at 800-278-7771

Or one my favorite ways – Becoming a Legacy Builder with a gift of at least \$18.69 per month.

Valerie Clark of the UWF board of directors stated, "when we are passionate about United Women in Faith, we will inspire women ... influence them to act and join and impact the future, ensuring that United Women in Faith is here for generations of women to come."

Please join me and others to ensure United Women in Faith with continue for another 154 years.

Blessings. Rhita

## 2023 Nurturing Partners For Yadkin Valley District UMW

<b>Ardmore</b> Rhita Newcomb	<b>Harmony Grove</b> Glenda Beauchamp	<b>Saints Home</b> Rhita Newcomb
<b>Bethel, King</b> Martha Gwyn	<b>Hickory Ridge</b> Martha Gwyn	<b>Salem, Mt. Airy</b> Berthina Thomas
<b>Bethel, Thomasville</b> Kathy Chadwell	<b>Johnsontown</b> Kathy Chadwell	<b>Sedge Garden</b> Pat Cunningham
<b>Bethel, WS</b> Mary Jo Brewer	<b>Konnoak Hills</b> Nancy Norton	<b>Shady Grove</b> Cathy Smith
<b>Boonville</b> Valerie Prim	<b>Lewisville</b> Polly Caudle	<b>Sharon</b> Polly Caudle
<b>Brooks Temple</b> Cathy Smith	<b>Level Cross</b> Montessa Thomas	<b>Shiloh</b> Martha Gwyn
<b>Bunker Hill</b> Pat Cunningham	<b>Liberty</b> Barbara Crotts	<b>Shiloh, Lexington</b> Ashley Perdue
<b>Canaan</b> Cathy Smith	<b>Longtown</b> Valerie Prim	<b>St. Andrews</b>
<b>Centenary, WS</b> Joyce Irby	<b>Main Street</b> Rhita Newcomb	<b>St. James</b> Gail Caudle
<b>Centenary, Clemmons</b> Ashley Perdue	<b>Memorial</b> Janet Sizemore	<b>St. Mark</b> Ashley Perdue
<b>Central Terrace</b> Polly Caudle	<b>Mitchell's Chapel</b> Janet Sizemore	<b>St. Paul, Kernersville</b> Pat Cunningham
<b>Central, Mt. Airy</b> Rhita Newcomb	<b>Mocks</b> Barbara Crotts	<b>St. Paul, WS</b> Joyce Irby
<b>Central, Thomasville</b> Kathy Chadwell	<b>Morris Chapel</b> Rhita Newcomb	<b>Stokesburg</b> Debra Lawson
<b>Cherry Street</b> Pat Cunningham	<b>Mt. Carmel</b> Cathy Smith	<b>Stony Knoll</b> Valerie Prim
<b>Concord, Lewisville</b> Berthina Thomas	<b>Mt. Pleasant, Booneville</b> Gail Caudle	<b>Trinity, King</b> Rhita Newcomb
<b>Concord, Mocksville</b> Montessa Thomas	<b>Mt. Tabor</b> Mary Jo Brewer	<b>Trinity, Thomasville</b> Kathy Chadwell
<b>Crews</b> Berthina Thomas	<b>Mt. Zion</b> Debra Lawson	<b>Union</b> Berthina Thomas
<b>Delta</b> Debra Lawson	<b>New Beginning</b> Rhita Newcomb	<b>Union Ridge</b> Cathy Smith
<b>Dobson</b> Berthina Thomas	<b>New Home</b> Janet Sizemore	<b>Wesley Chapel</b> Valerie Prim
<b>Dulin</b> Debra Lawson	<b>New Hope, WS</b> Janet Sizemore	<b>Wesley Memorial</b> Nancy Norton
<b>East Bend</b> Valerie Prim	<b>Oak Forest</b> Montessa Thomas	<b>Whitaker's Chapel</b> Montessa Thomas
<b>Fair Grove, Thomasville</b> Kathy Chadwell	<b>Oak Grove</b> Barbara Crotts	<b>Woodleaf</b> Barbara Crotts
<b>Faith</b> Rhita Newcomb	<b>Pine Grove, WS</b> Glenda Beauchamp	<b>Yadkin College</b> Ashley Perdue
<b>First, Mocksville</b> Pat Cunningham	<b>Pinnacle</b> Debra Lawson	<b>Yadkinville</b> Berthina Thomas
<b>First, Pilot Mountain</b> Gail Caudle	<b>Pisgah</b> Berthina Thomas	
<b>Friendship</b> Ashley Perdue	<b>Pleasant Grove</b> Kathy Chadwell	



## **2023 YADKIN VALLEY EXECUTIVE TEAM**

President Rhita Newcomb – [rhitakay@yahoo.com](mailto:rhitakay@yahoo.com)

5569 Farm House Trail, Winston-Salem, NC 27103 – 336-688-0365

Vice President Debra Lawson – [debralawson083@gmail.com](mailto:debralawson083@gmail.com)

103 Bracken Lane, King, NC 27021 – 336-816-3006

Secretary Nancy Norton – [snwknort@gmail.com](mailto:snwknort@gmail.com)

6111 Winview Heights Street, Clemmons, NC 27012. 336-268-7878

Treasurer Ashley Perdue – [bellsash5861@gmail.com](mailto:bellsash5861@gmail.com)

156 Pickett Drive, Lexington, NC 27295 336-413-3942

MEI Cathy Smith – [catsmith146@gmail.com](mailto:catsmith146@gmail.com)

146 Brencomb Dr., Winston-Salem, NC 27107 – 336-413-1415

Spiritual Growth Valerie Prim – [primswim@yahoo.com](mailto:primswim@yahoo.com)

1301 Henry Street Ext., Yadkinville, NC 27055 – 336-408-9693

Social Action – Open position

MNO Polly Caudle – [pcaudle26@gmail.com](mailto:pcaudle26@gmail.com)

2797 Harper Road, Clemmons, NC 27012 – 336-986-2898

Communications Berthina Thomas – [berthinathomas@windstream.net](mailto:berthinathomas@windstream.net)

4745 Rockwell Place Drive, Tobaccoville, NC 27050 336-671-1954

Program Resources Montessa Thomas – [montessat66@gmail.com](mailto:montessat66@gmail.com)

1352 Midway School Road, Winston-Salem, NC 27107 336-764-5073 cell 336-995-1074

**Annual Celebration/ Lake Junaluska**



**Dr. Ashley Boggan**



## Reading Program

The Reading Program is a cherished tradition that brings together members to explore, share and discuss books.

There's something for everyone—the Reading Program is available for:

- Adults, youth, and children
- Enlightening subjects in diverse genres, including:
  - Education for Mission
  - Leadership Development
  - Nurturing for Community
  - Social Action
  - Spiritual Growth

[response](#) magazine and the Faith Talks [podcast](#) are part of the Reading Program.

If you want to join us in the reading program, use the website listed below.



**Berthina Thomas**

**YV District UMW Communication Coordinator**

**4745 Rockwell Place Dr.**

**Tobaccoville NC 27050**



**United  
Women  
in Faith**

## **United Women in Faith**

**Faith. Hope. Love in Action**

### **We are women with a PURPOSE!**

The organized unit of United Women in Faith seeks to connect and nurture women through Christian spiritual formation, leadership development, creative fellowship and education so that they can inspire, influence and impact local and global communities.

### **UPCOMING DISTRICT UMW DATES**

Leadership Development– **October 28, 2023**

**Pine Grove UMC**

**Yadkin Valley Ubuntu-October 7th**

**The Bethlehem Community Center 9am-12pm.**

**Ubuntu Dates– October 14th and 21st**

**YADKIN VALLEY DISTRICT**

**WESTERN NORTH CAROLINA CONFERENCE**

**FAITH. HOPE. LOVE IN ACTION**