

Yadkin Valley District

Western North Carolina Conference

Faith. Hope. Love in Action



United
Women
in Faith

Happy Spring United Women in Faith!

We believe love in action can change the world! In March we started our UWF year off with our Mission Study “*Who Can We Be Together*” and our executive team did a great job in bringing the study to life and showing us how our action of who we are together can change the world.

We continued our faith driven organization with our *From Scraps, Through Stitches, Creates a Sisterhood of Grace* Prayer Breakfast remembering our sisters in Christ. Our theme reminded me of how we are pieced together in our own uniqueness to complete a pattern of love called United Women in Faith.

As our UWF conference sets our 2023 Vision and Goals there is one that I would like for us to focus on – Support, encourage, and build relationships with our local units and members in living out the **Purpose**, emphasizing the safety and wellness of ALL of our members as they participate in meetings and gatherings. Consistently lean into the first of John Wesley’s General Rules, “Do no harm,” in everything we do. We are a sisterhood of grace. Please continue to invite and share with new members our purpose and put faith, hope, and love into action.

On June 3rd Pine Grove UMC will be hosting the *Wear a Hat Bring a Hat Tea* beginning at 11:00am, I hope to see you there will your hat and your hats for women and men for Cancer Services of Winston-Salem.

Our Spiritual Growth Retreat at Lake Junaluska will be June 8-10, Theme: Women Coming to Christ

Yadkin Valley has the great honor of being the hostess for Mission u and our Conference Annual Celebration this year. Please let me as soon as possible if you would be interested in being a hostess for one or both wonderful events.

Mission u is a great opportunity to recharge and be nurtured and encouraged, so make your plans to attend this July 13-15.

August 19, 2023, will be our District Annual Celebration with Rev. Mark Barden as our guest speaker and musician at Main Street UMC, Kernersville, 10-12. I hope to see you there.

Please remember that I and your Nurturing Partner are available to meet with you and your circle/unit and we are available through an email or phone call if you have any questions.

I would like for you and your circle/unit think about this question and share your thoughts with me – What are you most excited about regarding the future of United Women in Faith?

Love and Prayers, Rhita

If we believe we can change the world, God will show us how to do it!
Walk by Faith Devotional



\$\$\$ Notes from the Treasurer

Spring has sprung, and Easter has come. He is risen; He is risen indeed!!

We have completed Q1 collections and submitted our Q1 remittance to the Conference in March. We sent \$14,576.50 or 11.6% of our Pledge to Mission so far, so we are behind in our giving at this point. Hopefully, we will improve as the year goes along. Total Mission Giving paid to WNCC was \$18,838.50.

Local Treasurers, your Q2 Remittances are due in by May 24th. You will be receiving a letter from me in early May with additional information. I enjoyed meeting many of you at the Prayer Breakfast on April 22nd!

Ashley Perdue

Yadkin Valley District Treasurer

The Yadkin Valley UWF Mission Study was held on March 10, 2023 at Pine Grove UMC. The study topic was "Who Can We Be Together." The study was facilitated by Debra Lawson, Rhita Newcomb, Mary Jo Brewer, Nancy Norton, Vickie Morrison, Darlene Gardner, and Cathy Smith. 47 ladies attended this event. The hands on project was purses and personal items for women. The collected items were taken to shelters within each county in our district. Thanks to all in attendance and to those who participated in the study.

Cathy Smith - MEI Coordinator



*Yadkin Valley District's
United
Women in Faith*

*Cordially invites you to our
Wear a Hat, Bring a Hat Tea*

June 3, 2023

11:00am - 1:30pm

*Pine Grove UMC
1130 Jonestown Road
Winston-Salem, NC*

Speaker: Renea Henderson

Mission focus: Hats that you bring will be donated to cancer patients and our love offering will go to help the Ukrainian People.

We stand for Ukrainian

Several of the Ukrainian women have found a way to help their friends by selling the rolling pins. The rolling pins will help pay for clothing, food and medical supplies. If you purchase two rolling pins you will get a gift with your order.

We love to make cookies and the rolling pins are so unique and pretty. I ordered two and they were at my house the next week. I am giving you the information for YOU to order, please let me know if you do order, because ordering the pins will help the Ukrainian.

Polly Caudle, Chair of the Membership, Nurture and Outreach committee



STAND WITH UKRAINE ROLLING PIN (LIMITED EDITION)
\$26.69



NATIVITY ROLLING PIN
\$23.48



VINTAGE ROLLING PIN
\$23.48



SANTA CLAUS ROLLING PIN
\$23.48



SECRET SANTA ROLLING PIN
\$23.48



JOYEUX NOËL ROLLING PIN
\$23.48



SNOW ROLLING PIN
\$23.48

This year's Yadkin Valley District United Women in Faith's Prayer Breakfast "From Scraps, Through Stitches, Creates A Sisterhood of Grace," was a wonderful time had by all in attendance. A great BIG thank you to New Hope UWF for hosting our Prayer Breakfast. These ladies welcomed us in from the rain and fed us a delicious breakfast, as we gathered together to remember our Sisters in Christ who have passed. Our speaker, Jean Wall, shared her passion for quilting and how through the scraps of ages her family has bonded and created a history of sisterhood. A special thank you to our President, Rhita Newcomb, for the special strips of material that had the name of each sister who passed. And for the beautiful stitched heart pins our hostess, Ann Haynes, made as a memento of our time together. As we all left we knew we were a part of something special, a true Sisterhood of Grace, Blessings, Valerie Prim

It's not too late to register for the Spiritual Growth Retreat in Lake Junaluska! Registration information can be found on the Conference UWF webpage (wnccumw.org)



Greetings Sisters in Christ,

We just celebrated 154 years on March 23, 2023, and if you were part of the Day of Giving Thank You! That is something to celebrate and we are making our way to the goal of \$60 million thanks to you. If you were not able to make a donation on March 23 you can still, make your donation using one of the ways below or become a Legacy Builder.

The Western North Carolina Conference in 2022, gave \$44,576.26 and YOU have given a total of \$473,554.31 since the fund began! Thank you, YOU are building our Legacy!

Ways to Give to the Legacy Fund

- Make a gift to the Legacy Fund **through your local unit United Methodist Women / United Women in Faith treasurer.**

Use our [Western North Carolina Legacy Fund Commitment Form Online](#) on the national office website at uwfaith.org/give/legacy-fund/

- **By phone:** 800-278-7771 (8 am-6pm EST, M-F)
- **Text** Legacy150 to 41444
- **By check:** note "Legacy Fund" in memo and mail to: United Women in Faith, Attn: Legacy, 475 Riverside

Drive, Suite 1500, New York, NY 10115

Other methods include gifts of stock, life insurance, bequests, and other forms of planned giving. If you are interested in making a gift like this, contact the national office at 212-870-3705.

One of the ways you can help to build onto our foundation that our foremothers started is to become a Legacy Builder. A Legacy Builder makes a monthly gift of \$18.69 or more to The Legacy Fund Endowment Campaign. For more information visit www.unitedmethodistwomen.org/donate/legacybuilder. This is one of the ways I like to donate and give in honor of the women I serve with.

We are 154 years strong!! Together, we are building our legacy. Blessings. Rhita



Hope everyone is well. A lot of messages and devotional readings have been about relationships. That is one of the important missions of United Women in Faith. We strive to be a community of women who want to make a difference. Our mission is to create relationships with the oppressed. This could be because of broken relationships, poverty, governments, national disasters, and wars. We are involved in many missions that are reaching out. Without relationships with these people we cannot help them. We need to keep praying for the men and women who are helping build these relationships. These relationships formed are the stories we have to tell of our past and future. My committee is looking forward to seeing you at our Annual Celebration, *We Have a Story to Tell*.

The event will be held August 19,2023, Main Street UMC

Kernersville NC, 10-12pm

Blessings,

Debra Lawson





Growth for some churches staying United Methodist

- Some United Methodist churches are growing by welcoming denomination members whose previous church disaffiliated.
- One church, Strawbridge United Methodist near Houston, has doubled in worship attendance over the past year, thanks largely to people coming from disaffiliated churches.
- Those arriving from disaffiliated churches tend to be knowledgeable about and committed to United Methodism, and many have church leadership experience

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*WNCC United Women in Faith
2023 Spiritual Growth Retreat
Thursday June 8 - Saturday June 10*



Retreat Leader
Rev. Jan Brittain



Musician
Catherine Ritch



Song Leader
Rev. Mark Barden

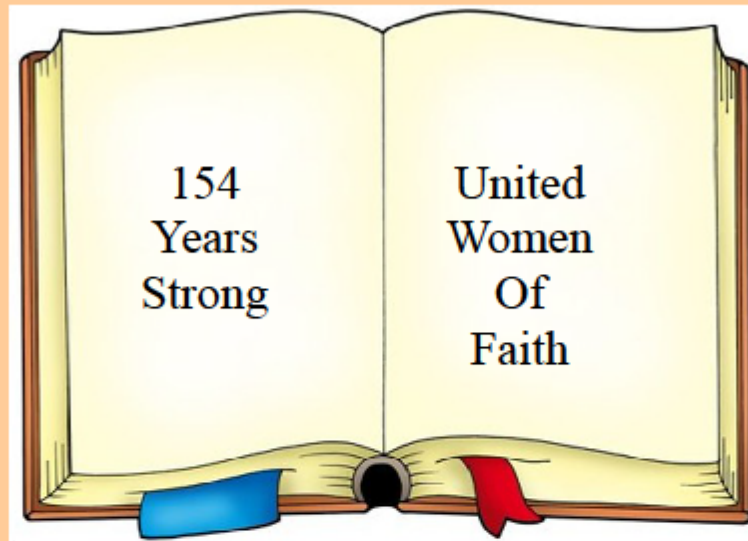
Online Registration

Lake Junaluska Accommodations
Reservations Open February 22, 2023, Call 800-222-4930

| Hotel Lodging | Single | Double | Triple | Quad | Meals (5) |
|---------------------------|----------|----------|----------|----------|-------------------------|
| Terrace Hotel | \$135.00 | \$135.00 | \$155.00 | \$175.00 | \$82.50 |
| Lambuth Inn | \$135.00 | \$135.00 | \$150.00 | \$165.00 | \$82.50 |
| Lake Junaluska Apartments | \$105.00 | \$105.00 | \$115.00 | \$125.00 | Meal plan not included. |

Yadkin Valley District

2023 Annual Celebration



"We Have A Story To Tell"

August 19, 2023
10:00 am—12:00 noon
Main Street UMC
306 South Main Street
Kernersville, NC 27284

Guest Speaker: Rev. Mark Barden

Hands on Project: Food to your local food bank
Love Offering

Registration begins at 9:30 am

Please contact Debra Lawson at 336-816-3006 or at
debralawson083@gmail.com by August 7, 2023
if you plan to attend.

2023 Nurturing Partners For Yadkin Valley District UMW

| | | |
|---|---|--|
| Ardmore Rhita Newcomb | First, Mocksville Pat Cunningham | Pinnacle Debra Lawson |
| Baltimore Valerie Prim | First, Pilot Mountain Gail Caudle | Pisgah Berthina Thomas |
| Bethel, King Martha Gwyn | Friendship Ashley Perdue | Pleasant Grove Kathy Chadwell |
| Bethel, WS Mary Jo Brewer | Harmony Grove Glenda Beauchamp | Saints Home Nancy Norton |
| Bethlehem Barbara Crotts | Hickory Ridge Martha Gwyn | Salem, Mt. Airy Berthina Thomas |
| Boonville Valerie Prim | Johnsontown Kathy Chadwell | Sedge Garden Pat Cunningham |
| Brooks Temple Cathy Smith | Konnoak Hills Nancy Norton | Shady Grove Cathy Smith |
| Bunker Hill Pat Cunningham | Lewisville Polly Caudle | Sharon Polly Caudle |
| Canaan Cathy Smith | Level Cross Montessa Thomas | Shiloh Martha Gwyn |
| Centenary, WS Joyce Irby | Liberty Barbara Crotts | Shiloh, Lexington Ashley Perdue |
| Centenary, Clemmons Ashley Perdue | Longtown Valerie Prim | St. Andrews Rhita Newcomb |
| Central Terrace Polly Caudle | Main Street Rhita Newcomb | St. James Gail Caudle |
| Central, Mt. Airy Rhita Newcomb | Memorial Janet Sizemore | St. Mark Ashley Perdue |
| Central, Thomasville Kathy Chadwell | Mitchell's Chapel Janet Sizemore | St. Paul, Kernersville Pat Cunningham |
| Cherry Street Pat Cunningham | Mocks Barbara Crotts | St. Paul, WS Joyce Irby |
| Concord, Lewisville Berthina Thomas | Morris Chapel Rhita Newcomb | Stokesburg Debra Lawson |
| Concord, Mocksville Montessa Thomas | Mt. Carmel Cathy Smith | Stony Knoll Valerie Prim |
| Crews Berthina Thomas | Mt. Pleasant, Booneville Gail Caudle | Trinity, King Rhita Newcomb |
| Delta Debra Lawson | Mt. Tabor Mary Jo Brewer | Union Berthina Thomas |
| Dobson Berthina Thomas | Mt. Zion Debra Lawson | Union Ridge Cathy Smith |
| Dulin B | New Beginnings Rhita Newcomb | Wesley Chapel Valerie Prim |
| East Bend Valerie Prim | New Home Janet Sizemore | Wesley Memorial Nancy Norton |
| Fair Grove, Thomasville Kathy Chadwell | New Hope, WS Janet Sizemore | Whitaker's Chapel Montessa Thomas |
| Fairview, Thomasville Kathy Chadwell | New Mt. Vernon Cathy Smith | Woodleaf Barbara Crotts |
| Faith Rhita Newcomb | Oak Forest Montessa Thomas | Yadkin College Ashley Perdue |
| Farmington Nancy Norton | Oak Grove Barbara Crotts | Yadkinville Berthina Thomas |
| | Palmyra Debra Lawson | |
| | Pine Grove, Kernersville Rhita Newcomb | |
| | Pine Grove, WS Glenda Beauchamp | |

ENJOYMENT AND ENRICHMENT: THE GIFTS OF OUR UWF READING PROGRAM

Kathy Chadwell, Secretary of Program Resources

When you are getting ready to embark on a much-anticipated trip, what do you do to prepare yourself to enjoy the trip to its fullest? Yes, you plan your wardrobe and pack your bags; many of us also spend a considerable amount of time reading about the places we're going. Lush photographs and vivid descriptions of accommodations, restaurants, and tourist attractions whet our wanderer's appetite for what lies ahead. Perhaps we read nonfiction books about the places and cultures we will experience or novels set in our travel destination. For many of us, this becomes not just preface but prologue to our journey, making the experience all the richer before we even leave home. We depart with a deeper interest in and understanding of what we will see and do, a greater connection with the people and places we will encounter.

The same can be true of our journey with United Women in Faith. One of our best and most enjoyable resources for this journey is our [UWF Reading Program](#). The Reading Program can be far more than an "oh by the way" perk of UWF; it can deepen our *faith*, give richer meaning to our *action*, and enliven our precious times among this *sisterhood*.

As you engage with [this year's reading list](#), open your mind and heart to experience all that our authors have offered us. Stop and wonder, lingering with perspectives and experiences outside your usual go-to list. Read the books that seem right up your alley and perhaps one or two that are beyond your comfort zone. If you usually lean toward social action titles, you might give spiritual growth a try for a change of pace. Add a young adult novel to your list and see what you make of it. Expand your reading experience by reading with others: family members, friends, or colleagues. Share some selections with your children, grandchildren, or great-grandchildren. Read with your ears using audiobooks while out on your walk. May the Reading Program nourish your soul, add enjoyment to your life, and enrich your journey.

Reading Program Categories

- Education For Mission
- Leadership Development
- Nurturing For Community
- Social Action
- Spiritual Growth

Additional Reading Program Options

- [Faith Talks](#) podcast (listening to at least two episodes counts as the equivalent of one book in the Spiritual Growth category)
- Movies (see pg. 3 of the [2023 Reading Program Catalog](#) for details)
- [Past years' reading lists](#)
- Bonus books (see pg. 22 of the [2023 Reading Program Catalog](#))

Reading Program Plans

All plans include regular reading of [response](#) magazine plus:

- Plan 1: 5 books, 1 from each category above
- Plan 2: 10 books, 2 from each category above
- Plan 3: 15 books, 2 each category plus 5 additional books from any category
- Plan 4: 20 books, 2 from each category plus 10 additional books from any category

Enjoy keeping a history of your reading and earn a Reading Program certificate each year by keeping track on the [Reading Program Reporting Form](#)!

Kathy Recommends...

I recommend [Right Here Right Now](#) by Amy G. Oden. Many Christians practice mindfulness and don't consider it part of their faith tradition. However, Christians have always practiced mindfulness. This book reveals the Christian roots of mindfulness and the actual practices that, when reclaimed, can deepen the life of faith and the power of our mission of love in the world.



Join a virtual chat about favorite books in the UWF Reading Enthusiasts Group on the Mighty Networks platform.

<https://bit.ly/reading-enthusiasts>



2023 YADKIN VALLEY EXECUTIVE TEAM

President Rhita Newcomb – rhitakay@yahoo.com
5569 Farm House Trail, Winston-Salem, NC 27103 – 336-688-0365

Vice President Debra Lawson – debralawson083@gmail.com
103 Bracken Lane, King, NC 27021 – 336-816-3006

Secretary Nancy Norton – snwknort@gmail.com
6111 Winview Heights Street, Clemmons, NC 27012. 336-268-7878

Treasurer Ashley Perdue – bellsash5861@gmail.com
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MEI Cathy Smith – catsmith146@gmail.com
146 Brencomb Dr., Winston-Salem, NC 27107 – 336-413-1415

Spiritual Growth Valerie Prim – primswim@yahoo.com
1301 Henry Street Ext., Yadkinville, NC 27055 – 336-408-9693

Social Action – Open position

MNO Polly Caudle – pcaudle26@gmail.com
2797 Harper Road, Clemmons, NC 27012 – 336-986-2898

Communications Berthina Thomas – berthinathomas@windstream.net
4745 Rockwell Place Drive, Tobaccoville, NC 27050 336-671-1954

Program Resources Montessa Thomas – montessat66@gmail.com
1352 Midway School Road, Winston-Salem, NC 27107 336-764-5073 cell 336-817-4233

Leadership Development Glenda Beauchamp – tonyglenda@aol.com
6080 Lura Road, Winston-Salem, NC 27104 – 336-816-7517

Historian Janet Sizemore – janetsize@hotmail.com
5120 Rockhill, East Bend, NC 27018 – 336-251-2992

Parliamentarian Martha Gwyn – matgwyn@aol.com
P.O. Box 215, Pfafftown, NC 27040 – 336-692-3334

Nominations Chair 2023 Barbara Crotts – imacrotts@twc.com
169 Rag Road, Mocksville, NC 27028 – 336-940-8001

Nominations 2024 Mary Jo Brewer – mbrewer1227@gmail.com
1120 Martin Street, Winston-Salem, NC 27103 – 336-403-1871

Nominations 2024 Vickie Morrison – vckmorrison@aol.com
3960 Thornaby Circle, Winston-Salem, NC 27107-1944

Nominations 2025 Gail Caudle – gacaudle01@windstream.net
7490 Ridge Road, Tobaccoville, NC 27050 – 336-705-9462

Hi, United Women in Faith

I'm here again to remind you of how important each of you are and how your leadership skills are so very important to the United Women of Faith organization in the district and the whole conference. As of now, we are in need of someone to take the Social Action Coordinator position, and we could also use help and insight on the nominations committee. I know there are ladies in our units who could very well make a difference in these and other positions. Please consider what role you might play in the overall direction our district in the coming year.

It is very discouraging with so many of our churches disaffiliating, and the women's groups in these churches deciding not to continue, being a part of an organization that has a history of over 154 years of supporting the many mission areas that is so very need in the lives of women and youth and children among us and around the world. Please reach out for new faces and new members to join us in United Women in Faith. Lets do all we can to keep the legacy alive.

Barbara Crotts

Hello United Women in Faith, My name is Berthina Thomas the Communication Coordinator for the Yadkin Valley District. I am please to be working with the United Women In Faith, I am learning so much as I navigate this role. I continue to work on improving my skills to create a newsletter that is indicative of the work the United Women in Faith exhibits. Thank you all for your patience as I continue on this journey.

Berthina Thomas, Communication Coordinator



Reading Program - category- Nurture by Dr. Ajay K. Seth ..REWired

One idea can change the world. A raccoon bite on the arm didn't seem that serious to Melissa Loomis. But when it became a life-or-death medical crisis, even Melissa was ready to live life one-handed.

Dr. AJay Seth - the son of immigrant parents from India and a local orthopedic surgeon in private practice - worked to save Melissa's arm. But after days of treatment for recurring infection, he found himself performing his first ever arm amputation. In the months that followed, divine intervention combined with Melissa's determination and Dr. Seth's disciplined commitment and dedication to his patients, brought about a medical breakthrough that could transform

"Moving an arm involves probably 500 million neurons. The idea to translate thoughts into motion had not been done before. Dr. Seth's groundbreaking surgery has caused prosthetic research to leap forward. Dr. Seth has caused his patient Melissa Loomis to become the most advanced amputee in the world."

Dr. Ajay Seth and Melissa are living proof that God sometimes chooses to perform His miracles through human hands.

I highly recommend this book as one you will not want to put down until the last page.

Another reason to recommend the Reading Program to all our UWF.

Barbara Crotts



Berthina Thomas

YV District UMW Communication

4745 Rockwell pl. Dr.

Tobaccoville NC 27050

UPCOMING DISTRICT UMW DATES

JUNE 3 ,2023 -"Wear A Hat, Bring A Hat" Tea

Pine Grove UMC, **11:00-1:30**

Spiritual Growth Retreat

Lake Junaluska, June 8-10

District Annual Celebration-**August 19, 2023**

Mission U—July 28 –29, 2023

Main Street UMC Kenersville, **10:00-12:00**

Leadership Development– **October 28 2023**



United
Women
in Faith



United Women in Faith

Faith. Hope. Love in Action

We are women with a PURPOSE!

The organized unit of United Women in Faith seeks to connect and nurture women through Christian spiritual formation, leadership development, creative fellowship and education so that they can inspire, influence and impact local