



United
Women
in Faith

Western North Carolina Conference-United Methodist Women-2nd Quarter 2022



Spring is a lovely reminder of how beautiful change can be.

And we United Methodist Women have certainly seen changes happening; one being our new name of **United Women in Faith**. Our new logo represents the past, present and future of our organization. The symbol refers to our Christian roots. The multicolored pieces of the cross coming together represent diversity. **Faith, action, and sisterhood** are our calling cards as we reach out to invite new women to join us on our new journey. You can read about all our changes on our new website uwfaith.org and in our March/April Response magazine.

If you were not able to attend our recent Mission Study, you missed an excellent study. Rev. Amy Coles did a fantastic job speaking on **Bearing Witness in the Kin-dom**. The purpose of this study is to help the church and its members discern our call and bear witness to the will of God for a more just world. We had 44 members registered, but due to inclement weather earlier that morning, we had 36 present. It was so GOOD to be able to meet in person. Thank you, Monroe UMC, for hosting us.

I hope by now contact has been made by your nurturing partner and you have built that relationship. Please invite them to one of your meetings. They are here to answer questions for you, share event information or provide a program at one of your local meetings. I hope to see each of you at our Prayer Breakfast to be held on April 23rd at First UMC Lexington. Our speaker will be Tonya Lanier (see registration form). Also don't forget to sign up at wncumw.org for our Spiritual Growth Retreat at Lake Junaluska June 9th-June 11th.

As United Women in Faith, let us continue to pray for peace and justice for the women, children, and families impacted by the Russia/Ukraine War. Let us pray that God will move in their hearts and that they will be transformed by His Holy Spirit, and that their leaders will seek to lead their countries in the way of peace.



Cathy Ward
President of Uwharrie District



Rev Amy Coles
Mission Study Leader



Mission Study, Central UMC, Monroe



Christ Offers Forgiveness for Everyone



Ann Cook, Vickie Brown, Cathy Ward, Tina Lanier (Local President, Central Denton)



Cathy Ward, Tina Lanier, Genie Morris (recipient of UMW pin), Tonya Lanier (Prayer Breakfast speaker and past Uwharrie District President).

Membership Nurture and Outreach

Spring is here, it is just the right time to get outside and walk. Uwharrie District United Women in Faith will have five walks this year. Everyone is invited so please come and walk with us. All walks are scheduled from 9:00 - 11:00 a.m.: May 7 – Central UMC, Denton; May 28 – Dan Nicholas Park, Salisbury; June 4 – Grimes Park, Lexington; June 25 – Belk-Tonawanda Park, Monroe (New Location this year); July 30 – Randolph Mall, Asheboro. If you prefer to walk individually or with a group from your unit on a different day that would be great, just have your treasurer turn the money in to Diane James when she makes her quarterly remittance noting the amount and the number of walkers who participated.

Carolyn Thompson

Uwharrie Membership Nurture and Outreach



\$\$\$ Notes from the Treasurer

We have completed Q1 collections and remittances to the Conference. We remitted \$6856 or 14% of our Pledge to Mission so far, which is behind, however some units have been slow to get started this year. I expect giving to pick up as we return to in-person activities. Total Mission Giving paid to WNCC was \$8773.24; and we received \$116.25 in Walk for Missions donations already. No funds were collected or sent for Legacy Fund in Q1, but I have already received donations for Q2.

Local Treasurers, your Q2 Remittances are due in by May 31st. You will be receiving a letter from me in early May with additional information.

And, one note to everyone; although our name has changed to United Women in Faith, our legal name remains as United Methodist Women. So, please keep your bank account names as is and please continue to make checks payable to **Uwharrie District UMW** for District submittals and **WNCC UMW** for Conference submittals.



Diane James

Uwharrie District Treasurer



Well Spring is here and with Spring there are butterflies, new blossoms, and many signs of renewal & hope among us. It reminds me of the following scripture in 2 Corinthians 5:17: Therefore if anyone is in Christ, he is a new creation, the old has passed away, behold the new has come.

There are many new things coming with our organization this quarter! We have a new name: United Women in Faith!! And we had our first in-person mission study which was wonderful!! This is very exciting for us as we approach many new activities together—the prayer breakfast April 23rd, Assembly May 20-22nd which will be virtual or in-person in Orlando, Florida which is a very exciting place!! Our Mission Walks will be May 7, May 28, June 4, & June 25th. Our Spiritual Growth retreat will be at Lake Junaluska June 9-11th with a wonderful speaker & new activities!

Please plan to join us for these activities and don't miss all the new & exciting adventures awaiting us. Also contact your nurturing partner and she will be glad to assist you with a program or answer any questions & offer help & support in any way.

Peace & blessings, Sarah Lee, Vice-President accnurse@rocketmail.com or 704-984-0165.

Come Join us for Uwharrie's 2022

United Women in Faith

Prayer Breakfast

April 23, 2022

First United Methodist Church in Lexington

310 South Main Street, Lexington, NC 27292

10 am to Noon



“Come to the Water”

Isaiah 55:1

Registration and Light Breakfast
starts at 9:30

Guest Speaker: Tonya Lanier

Music: Rev. Dr. Mark Barden

Registration Deadline: April 15, 2022 Cost: \$7.00

We will be collecting UMCOR Hygiene Kits and School Supplies for the Bethlehem Center in Winston Salem. Any and all school supply donations will be accepted. Please keep in mind no pointed scissors. Please bring your donations to our Prayer Breakfast April 23. Remember to put the name of your Unit on all donations so we can direct credit to your Unit.

Love offering will be taken for a Gift to Mission in recognition of United Methodist Women’s Advocacy for Justice and Reconciliation for Women, Children and Youth.

We are excited about being in person for our Uwharrie Prayer Breakfast and enjoying a light breakfast and worship with our sisters in Christ. Covid 19 has interrupted our lives and left many feeling lonely, fearful, stressful and in need of a spiritual renewal. Jesus said, “Come, all you who are thirsty, come to the waters” Isaiah 55:1.

Our excitement continues with having two very familiar, talented individuals leading us in worship. Tonya Lanier will be our speaker. Tonya is a native of Lexington. She is a Certified Lay Speaker, member of St. Stephen UMC in Lexington and past Conference UMW president from 2014 to 2018. Rev. Dr. Mark Barden will be providing our music. Mark is the pastor of First UMC in Norwood. Most of us have received many blessings listening to Rev. Dr. Mark Barden providing our music at Lake Junaluska.

So spread the word, bring your sisters, friends, neighbors, let all women come together praising the Lord. God is so good. He is our shepherd and our eternal Father. “Come to the Water” and be refreshed, full of his love, having peace that passes all understanding and the assurance that God is in control.

If you have any questions, please contact Pat Jarvis, Spiritual Growth Coordinator at 336-318-5127. We look forward to seeing you on April 23rd. Please complete the registration form below and mail to Diane by April 15th.

Registration Form

Church: _____

City / County: _____

President: _____ Phone: _____

Number attending Prayer Breakfast: _____ x \$7.00 = \$ _____

Please indicate Names of Attendees

_____	_____	_____
_____	_____	_____
_____	_____	_____

Make Checks Payable to Uwharrie District UMW (one per unit please)

Any monies not used for the Prayer Breakfast will go toward our District Mission Pledge

Return to Diane James, District Treasurer by April 15th

Diane James – 640 Deer Lake Run, Salisbury NC 28146



OUR CARBON FOOTPRINT

As we consider our focus on Just Energy For All, we can be overwhelmed by the power of Big Oil and Big Industry and their destructive carbon footprints affecting our global warming. But there are small steps we as individuals can do to reduce our own carbon footprints. So here is a very abbreviated list of suggestions:

Park the car and walk. Drive instead of fly if you have a choice. Carpool. Consolidate your shopping trips. Zoom if there is a choice.

When updating appliances, air conditioning, and autos, search for the most energy-efficient ones you can get.

Refrain from buying so much stuff that will just end up in a landfill. Reduce waste and recycle.

Look out for electricity vampires. Unplug appliances when not in use, like phone chargers, heating pads, printers, and things which use electricity even when not in use. Turn out the lights and TV when you are not using them.

Weather-proof your house the best you can. Consider solar panels.

Write your state and national representatives to urge big industries to transition to solar, wind or hydroelectric sources of power.

Write Chevron and other energy companies, urging them to adopt safer procedures to prevent excess toxic carbon and methane emissions.

These suggestions are all drops in the bucket, but if enough of us add our drops, the bucket will start to fill up!! So let's get started!

Helen Shore, Social Action Coordinator.

March is Women's history month and the month of our founding. Below please find some history questions you can share with your local group and a fun word search you can do.

1. What was the year of the first United Methodist Women's meeting? 1869
2. How many women started the first Methodist Women group? 8
3. What is the national magazine read by all United Women in Faith? RESPONSE
4. What are the 5 channels of undesignated mission giving?
WORLD THANK, GIFT IN MEMORY, GIFT IN MISSION, PLEDGE TO MISSION, SPECIAL MISSION RECOGNITION.
5. What is a district officer that is teamed up with a local unit with the intention of forming a relationship called? NUTURING PARTNER
6. What is the new media streaming service available that delivers videos with an emphasis on Wesleyan perspectives and allows access on any device at any time for group study? AMPLIFY MEDIA
7. What is the name of one of the earliest women in the Methodist Episcopal Church to receive a license to preach and ran for high state office after the passage of the 19th Amendment in 1920? ELIZABETH U. YATES
8. With our new logo, what do the multicolored pieces of the cross represent? DIVERSITY AND THE INWARD AND OUTWARD REFLECTION WE ENGAGE IN AS WOMEN OF FAITH
9. We are no longer called United Methodist Women. What is our new name? UNITED WOMEN IN FAITH
10. What is our new website? UWFAITH.ORG

WOMEN'S HISTORY MONTH



UNITED WOMEN IN FAITH

QDHSPSXWOCJWCWPITCSFAJLGNOALNS
 NBYFRKNGBRJWEGGHGCEHADVOCACYFS
 WJESJEWEQUALITYCHILDRENXWEOPOE
 YQAFRUSOECOMMUNITYFQHIAOJALCWR
 MQPAMFSPRFKAVVPHHODEYHQUPRTQVV
 XRXIMXATONIIYJRLPDOEHGMMTVBPDVI
 ZWLTIAHIINEDCYLLVYNTIIURBPXEXN
 PAIHSYJATCSGOJNQFDIEESBEWGHVRVG
 IQDGSNGAYHEEAQQFZHAANSYACJWPFS
 BENDIVUPGYTVELQXVULXEIUCRAEUII
 FRUAOMUTSALAFEAEGNGDPKOTHWOERDS
 LCRBNYQUUZPLLZMLWAHAJAJOCQPUT
 AMKWULNMQRREMKIBINQFTSFMIRSTOIE
 KBTSTFCUSIRWLSATYTGSIINLZNSNR
 UKVGVCSOFNJNRJSFNODOQVMADTDEVH
 SSUVRMHRVTINGEITEKNCBBIJTLBXOO
 RHCEHRYOMGETKTOHSQCZFTSGHUZQLO
 RFQHDTHOODNIECNYSLVZYDSLATZJVD
 MEYFOESMULZZKDWSESNOOIONYMWEG
 WTLKPLVQVTSKPAIKAOBVBKMMOMV
 GZBAWZAOPLHSJMLMNDHCRHNEPAHJEP
 PGDYTNRYRTKIADEKCKEKAUWSWRCLLNO
 LAMVHIDWSIOKYTRERRSLLZTNATHETJ
 XJZKPSOHEHOZGHNFGSNKMZUOYIRGEJ
 QJJCDSANMMINAOWDGHYJIVDGEOMARP
 HSVKIZTGSHPBDTLRIWCVNYNRNVQWQ
 OGVQKOUKXHXCSILUIPYURYSZETJYYW
 PGCHFEPNLIKICXSHLPASPIRITUALBZF
 ESXICYNEWBQPTTGRBSKFRMNPCKOTT
 ADNVKYYTEYLLSIEBPQWOMENMDUDODK

RELATIONSHIPS	MISSIONSTUDY	SCHOLARSHIP	HYGIENEKITS
MISSIONWALK	SISTERHOOD	FAITHTALKS	WORLDTHANK
LEADERSHIP	WINESKINS	SELFDENIAL	COMMUNITY
INVOLVEMENT	SPIRITUAL	METHODIST	RESPONSE
ADVOCACY	OUTREACH	CHILDREN	MISSIONS
EQUALITY	MISSIONU	DEVOTION	SERVING
WITNESS	NUTURING	JUSTICE	SCHOOLS
ACTION	PURPOSE	PRAYER	AGAPE
YOUTH	UNITED	LEGACY	WOMEN
FAITH	UMCOR	LOVE	HOPE



Our Mission Focus is UMCOR Hygiene Kits - please review the list below.

We will also be collecting school supplies for the Bethlehem Center - Winston Salem (Any and All School Supply Donations will be accepted). Please keep in mind no pointed scissors. Please bring your donations to our prayer breakfast April 23rd.

Our Mission Study was a huge success, if you would like to view the presentation, please send me an email @ vickiebrown961@gmail or call or text me at @ 336-596-5523 and I will forward you the link to view the presentation. Please include your unit name so I can make a note for your unit credit on viewing the presentation.

We have included a Word Search for your daily leisure as we step into United Women of Faith, we as United Women of Faith want to keep our Love Light Shining for all those in need, Women, Children and Youth in and around the world.

Please do not make any Agape Donations as of this date. Please hold Agape Donations until further notice. Also, we need the name of the Unit written out on all Donations so we can direct credit to your unit.

Thomasville Memorial is not accepting Agape Donations as our Mission Focus at the present time is UMCOR Hygiene kits and School supplies for the Bethlehem Center in Winston.

Thank you for your support.

Vickie Brown, Uwharrie ME and I Coordinator.



Hygiene Kit

Hygiene kits provide basic necessities to people who have been forced to leave their homes because of human conflict or natural disaster. Hygiene kits are also used as learning tools in personal hygiene, literacy, nutrition, and cooking classes.

Hygiene Kit Value: \$12 per kit

Hygiene Kit Materials

- **One hand towel (15 x 25 –17 x 27 inches)**
 - No kitchen, cleaning, or microfiber towels
- **One washcloth**
- **One comb**
 - Must be sturdy with at least 6 inches of teeth
 - No pocket combs or picks
 - Rattail and combs without handles are acceptable but must have at least 6 inches of teeth
- **One toenail or fingernail clipper**
 - No emery boards or metal nail files
- **Bath-size soap (3 oz. bar or larger)**
 - No Ivory or Jergen's soap
 - Do not remove from packaging
- **One adult toothbrush**
 - Do not remove from packaging
 - Personal advertising not acceptable
- **10 adhesive bandages (¾ by 3 inches)**
 - Common household bandages acceptable
- **One one-gallon size re-sealable bag**

Assembly Directions

- Lay hand towel flat on a table.
- Lay the washcloth in the center of the hand towel.
- Place all remaining items on top of the washcloth (except the plastic bag).
- Fold the sides of the hand towel to cover the items.
- Grasp the bundle tightly and roll over the remainder of the towel.
- Place the tightly rolled bundle in the plastic bag, remove air, and seal.

Important Notes

- All items must be new.
- Do not wash any of the items as they will no longer be considered new.
- Do not include any personal notes, money or additional materials in the kits.
- Contents of kits or the containers of kits should not be imprinted with cartoon characters, advertisements, religious, patriotic, military or camouflage symbols

Packing Instructions

- Packed box cannot exceed 70 pounds.
 - Complete two packing lists, one for the box and one for your records.
 - Place the shipping label/packing list on the outside of the box.
 - Please send a check for the total amount of hygiene kits times \$2 per kit for the cost of toothpaste and shipping to Sager Brown. One check may be written for all of the kits.
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UNITED WOMEN IN FAITH



RELATIONSHIPS	MISSIONSTUDY	SCHOLARSHIP	HYGIENEKITS
MISSIONWALK	SISTERHOOD	FAITH TALKS	WORLDTHANK
LEADERSHIP	WINE SKINS	SELF DENIAL	COMMUNITY
INVOLVEMENT	SPIRITUAL	METHODIST	RESPONSE
ADVOCACY	OUTREACH	CHILDREN	MISSIONS
EQUALITY	MISSIONU	DEVOTION	SERVING
WITNESS	NUTURING	JUSTICE	SCHOOLS
ACTION	PURPOSE	PRAYER	AGAPE
YOUTH	UNITED	LEGACY	WOMEN
FAITH	UMCOR	LOVE	HOPE

Uwharrie United Methodist Women

2022 DISTRICT TEAM

President	Cathy Ward PO Box 807 Denton, NC 27239	336-880-1057 Central, Denton lward2004@triad.rr.com
Vice-President	Sarah Lee 40645 Mt. Zion Church Rd. Norwood, NC 28128	704-474-4764 / 704-984-0165 (c) First, Norwood accnurse@rocketmail.com
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Treasurer	Diane James 640 Deer Lake Run Salisbury, NC 28146	704-636-1007 / 704-928-8237 (c) Milford Hills, Salisbury dj93umw@twc.com
Secretary of Program Resources	Carla Carrick 649 Newsom Lane Denton, NC 27239	336-859-3346/336-250-1746 (c) Bethany, Lexington ccarrick1975@gmail.com
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Mission Education & Interpretation	Victoria Brown (Vickie) 9252 NC HWY 8 Lexington, NC 27292	336-596-5523 (c) Central, Denton vickiebrown961@gmail.com

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Nominations, Chair Co-Chair	Gay Smith 364 Lester Drive Lexington, NC 27292	336-479-8822 First, Lexington gaysmith@fastmail.fm
Nominations	Wanda Craven 269 Baney Drive Lexington, NC 27292	336-236-9863/336-425-5105 (c) St. Stephens, Lexington andacraven269@yahoo.com
Nominations	Linda Beddingfield 2477 Danny Bell Road Asheboro, NC 27205	336-672-0014 First, Asheboro klbeddingfield@hotmail.com
Nominations	Betty Hunt 1206 Ben Lambeth Rd. Asheboro, NC 27205	336-629-5300/336-964-8200 (c) New Union, Asheboro
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Conference Representative	Darlene Gardner 5209 Bridge Pointe Drive Clemmons, NC 27012	336-766-1542 / 336-408-4364 (c) Centenary, Clemmons gardnerdarlene@gmail.com

Revised 01/08/22



2022 Spiritual Growth Retreat

Thursday, June 9 thru Saturday, June 11, 2022

Lake Junaluska

With Live Streaming

Theme: Come to the Water

Retreat Leader: Rev. Tammy Ingram

Bass Chapel / Raleigh's Crossroads

Northern Piedmont District



Countdown to 2022
Spiritual Growth
Virtual Event!

072:00:38:18

Day: 072:00:38:18

Our Spiritual Growth Retreat Leaders



Rev. Tammy Ingram
Bass Chapel / Raleigh's Crossroads
(Greensboro)
Northern Piedmont District
Retreat Leader



Amy Johnson
Faith (Rural Hall)
Yadkin Valley District
Music Leader



Donna Cooke
Wesley Memorial (Winston-Salem)
Yadkin Valley District
Music Leader



Download our Come to the
Water Logo:

[Basic Retreat Logo JPG](#)

[Click to Register for the Spiritual Growth Retreat!](#)

[Donate to our Retreat Love Offering](#)

Have a question? Need more information? Contact **Darlene Gardner**, our conference 2022 Mission Coordinator for Spiritual Growth

We all need a break from our busy lives, a time for reflection, a time to listen for God's guidance. We are so busy doing all the things we are called upon to do, we don't often take the time to slow down, to sit back and think about the things that are really important. Join us to pray, to listen, to study, to fellowship with United Methodist Women from across the conference, and to spend some quiet time in reflection.

Uwharrie District United Methodist Women
PO Box 521
Marshville NC 28103



Upcoming Events

April 23	Prayer Breakfast, First UMC, Lexington	Registration 9:30, Service 10:00
May 7	Mission Walk, Central Denton UMC	9:00-11:00
May 28	Mission Walk, Dan Nicholas Park, Salisbury	9:00 – 11:00
June 4	Mission Walk, Grimes Park, Lexington	9:00-11:00
June 9/11	Spiritual Growth Retreat, Lake Junaluska	
June 25	Mission Walk, Belk Tonawanda Park, Monroe	9:00-11:00

