

United Methodist Women, Western North Carolina Conference Spiritual Growth Retreat 2022

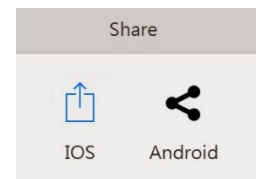
COVID-19 Safety Measures

The health and safety of our members and attendees is a top priority for United Methodist Women. We all want to meet in person and experience the special gift of sharing time together for our retreat. To do that, we all need to lean hard into doing no harm and making efforts to keep everyone safe. **With that in mind, the following COVID-19 safety measures will be in place for our retreat:**

- **ALL participants are required to be fully vaccinated and up to date** and will need to provide proof of vaccination as part of our online registration. [Click to see CDC Guidelines](#) related to being fully vaccinated and up to date.
- **Masks will be required** for ALL participants while inside buildings. Appropriate social distancing will be encouraged.
- **Participants agree** that they will stay home if they have any symptoms of illness, have tested positive, or have a known recent exposure.
- **Online registration will include the following confirmation question:** *I confirm that I will provide a copy of my proof of vaccination (by uploading it in the next section of the online registration), that I am fully vaccinated and up to date as recommended by CDC guidelines, and that I will follow all Spiritual Growth Retreat COVID-19 safety measures.

Instructions to upload your proof of vaccination:

- Take a picture of your vaccination card(s) with your phone.
- Click the **share icon** (see image at right) on the bottom left of your photo and email the picture to yourself. Select the mail icon, type in your email address, and send.
- On your computer, open the e-mail, download the photo, right-click on the photo, select save as. Save the photo to your desktop.
- Click the "Attach file" button on our online registration form just below the COVID-19 Safety Measures, select desktop folder, select your vaccination card photo, click open.
- Your photo will upload, and when it is complete you will see the file name below the attach file button.
- It is also ok to upload a PDF or a Word file with images of your vaccination card(s) if you have it that way. And, you can upload more than one file if you need to do that.
- Proceed to question confirming you will follow our COVID-19 Safety Measures.



Thank you for your understanding and help as we work to provide the safest possible environment for all in-person attendees at the 2022 Spiritual Growth Retreat.