



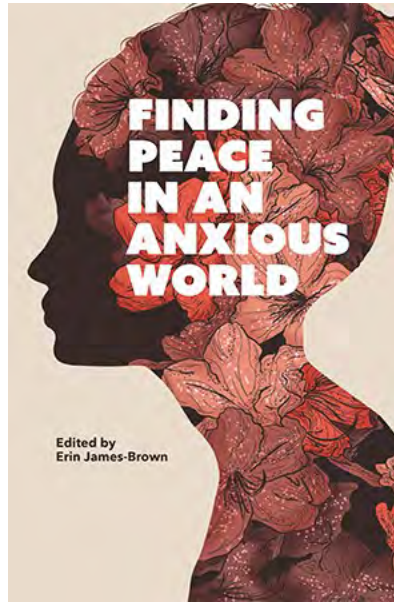
United
Methodist
Women
FAITH • HOPE • LOVE IN ACTION

Catawba Valley District Newsletter

Mission U 2020 Coming October 26, 27, 28, and 29 LIVE via ZOOM

Spiritual Growth Mission Study: 2020

Finding Peace in an Anxious World, the 2020 Spiritual Growth Study by staff of the Urban Village Church, uses the book of Proverbs and “The Serenity Prayer” as a guide to help Christians find their way through anxiety, worry, and fear and move towards God’s peace that surpasses all understanding. Using “The Serenity Prayer” as a scaffold, Finding Peace in an Anxious World explores ways to discover peace through scriptural and spiritual disciplines so that we can be rooted in God and energized to live fully as disciples of Christ.



October 26-29, 2020 each night 7:00-8:15 pm

Virtual Online Study via Zoom Meeting

Study Leader: Sandra Williamson

Music provided by Catherine Ritch

Online registration for the Zoom Meeting is **FREE** and **OPEN**. We also hope to live stream each session on our [YouTube Channel](#). Just go to the following:

<https://wnccumw.org/events/mission-u-2020/>

Our Love Offering will be a Gift to Mission Giving through United Methodist Women. You may make your gift online at this web page or mail to your district treasurer: Joan Jones PO Box 3122 Drexel, NC 28619

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Mission U Resources:

[Finding Peace in an Anxious World](#) resource page on the United Methodist Women website listed below:

<https://>

www.umwmissionresources.org/

The book is available in [paperback \(\\$10.00\)](#) from the [UMW Mission Resources E-Store](#), and also as a [Kindle book \(\\$5.95\)](#).

President's Note

I've been watching and doing all the things of the UMW of the past two decades, but all I can say is, "wow, what a YEAR!" Covid-19 has changed everything. I like to go to the public library, but these days I have to call ahead for a specific time and I can't bring books back in, "NO, put them in the drop box. They must be quarantined!"

We have many new things to learn, new ways of doing Mission! Thanks for collecting items for UMCOR and for remembering that lots of other people have a much harder time getting the essentials of living.

Basically, I want you to know this message is about the further work of our Conference. I have included the 2020 Mission Today Criteria sheet (see pages 3 and 4) which the Presidents turn in to me with other reports for the year's end. It has been modified for the changes we have suffered in Covid times, but it helps for all members to know what to strive for in the coming weeks.

Your Conference United Methodist Women officers are working towards the training event they hold for District officers **and** the Oct. 26-29th Mission u book, Finding Peace in an Anxious World. This is 4 nights, one hour, led by Sandra Williamson with discussion groups. Find out more on the UMW website.

As soon as I have end of year forms for Membership, Mission Studies and Charter for Racial Justice and all the rest, which you would normally pick up at a meeting, these will be mailed. I hope this arrangement is clear. Thanks for your patience.

I close with a brief look at Isaiah 58, " ...This is the kind of fast day I'm after: to break the chains of injustice, get rid of exploitation in the workplace, free the oppressed, cancel debts." pg.100 in the August 2020 Program Book.

Ever Hopeful, Janet Bjork-Colton
President - Catawba Valley District

Gift To Mission Cards

A new idea from the Conference liaison, Linda Greer, which was mentioned by Anita Fox in her time during the Annual Meeting has to do with sending Gift To Mission Cards. Many of you may be finding it difficult to get a card when you need one because we can't get to meetings. As a temporary solution, Linda's idea is to send any regular card that you might have on hand and then just make the \$5 donation to your treasurer marked as Gift To Mission.

All of us need to send more GTM cards, and if we don't have any on hand now—this solution works great and helps to keep the importance of Mission on our minds.





2020 Mission Today Report

United Methodist Women Western North Carolina Conference

Name of Unit _____ District _____
 Name of Person Reporting _____ Position _____
 Phone(s) Include Area Code: Day _____ Night _____
 Email _____

NEW IN 2020: (Changes are highlighted in yellow.)

Mission Today Gold – Complete 10 criteria: 6 with asterisks (*) and 4 other.**

Mission Today Silver - Complete 8 criteria: 4 with asterisks (*) and 4 other.**

Mission Today Bronze - Complete 6 criteria: 4 with asterisks (*) and 2 other.**

**Note: "Other" may also include items with asterisks (*).

Highlighted items were changed for 2020 due to COVID-19.

Report activities conducted between January 1-December 31, 2020; Mission Today units will be recognized at Annual Celebrations in 2021.

Please check all the activities your unit completed in 2020 and return this form to your **District President**.

Putting a check in the blank next to a criteria states that your unit HAS COMPLETED that particular criteria in 2020. If unsure of your giving, you may contact your District Treasurer who has these records on file. Check blank in front of number of criteria completed in 2020:

CRITERIA:

- _____ *1. The Unit will make a Pledge to Mission.
- _____ *2. The unit will use the Prayer Calendar at each general meeting or circle meeting of the unit to pray for persons in mission and our mission work with women, children and youth. A new Prayer Calendar is printed each year and may be ordered from the Mission Resource Center.
- _____ *3. The unit will use at least two programs from the Program Book during the year. A new Program Book is printed every year and may be ordered from the Mission Resource Center.
- _____ *4. The unit or circle will conduct or participate in at least one mission study each year. Contact your district or conference Mission Coordinator for Education & Interpretation to learn what the studies are for each year. (If members of your unit attend the conference Mission u or your District Mission Study and your unit takes an action growing out of the study, Gift to Mission, ministry related to the study, etc., your unit will meet this criteria.)
- _____ *5. The unit will have at least two members subscribing to *response* (1 member subscribing with units less than 15 members; Local unit subscription may count as one.) Order information is printed at bottom of page 2. \$24.00 for a one-year print subscription (includes digital subscription); \$20 for a one-year digital only subscription.
- _____ *6. The unit will implement the Charter for Racial Justice in at least two ways during the year. Possibilities are:
 - a. Have members read and discuss books and articles about other races and cultures;
 - b. Sponsor or attend an interethnic event between two or more units;
 - c. Intentionally recruit women of other ethnic groups to be members and officers of the unit;
 - d. Use the "Resources for Racial Justice: Tools for UMW Leaders" handbook. (Available on our conference website on the "Downloads Available" page, and on the "Mission Today" page.)
 - e. Write to elected representatives to support legislation affecting issues such as immigration, affirmative action, low-income programs, civil rights, etc.
- _____ *7. The unit will have a program and/or complete an action addressing one of the Issue Priorities for 2016-2020. These are 1. Climate Justice; 2. Maternal and Child Health, 3. Criminalization of Communities of Color and Mass Incarceration; and 4. Economic Inequality. Find information at www.unitedmethodistwomen.org/service-advocacy.
- _____ *8. The unit will add at least two new members (one member for units with less than 15 members) to its roll.
- _____ *9. The unit will have one program from the Social Principles of the United Methodist Church 2017-2020.

- ___*10. The unit will contribute to all Five Channels of Mission Giving.
- ___*11. The UMW Purpose will be recited at each general and/or circle meeting.
- ___*12. The unit will contribute \$186.90 or more to the Legacy Fund.
- ___13. At least one member of the unit will attend Mission u and report back to the unit on classes and events they experienced. **Virtual participation qualifies as attending.**
- ___14. At least two members (one member for units with less than 15 members) will attend the district or conference Annual Celebration and report back to the unit about the event and what they experienced. **Virtual participation qualifies.**
- ___15. The unit will have at least one person joining the United Methodist Women's Action Network to receive and respond to legislative information at least three (3) times a year. (To join, contact the United Methodist Women Washington Office, 100 Maryland Avenue NE, Room 100, Washington, DC 20002. Phone #: 202-488-5660. Email: csad@unitedmethodistwomen.com (Attach to Mission Today report the action that was taken and to which issue.)
- ___16. Members will correspond with five persons listed in the Prayer Calendar at least once a year.
- ___17. The unit will co-sponsor, with the local church, a Children's Sabbath. (This is a worship service highlighting the needs of children.) The United Methodist Women National Office and the Council of Bishops support this effort. Children's Sabbath materials are on our website.
- ___18. Each unit or circle meeting will include a "response Moment" where an item from *response* magazine will be lifted up as a way to tell the mission story.
- ___19. The unit will sponsor one teen member (ages 12 to 17) and/or one young woman member (ages 18 to 39) to at least one conference event during the year.
- ___20. At least two members (one member for units with less than 15 members) will attend a district Prayer Breakfast, district Day Apart, conference Spiritual Growth Retreat, or any other special district or conference event other than Ubuntu Day. **Virtual participation in any of these events qualify as attending.**
- ___21. At least two members (one member for units with less than 15 members) will participate in an Ubuntu Day Event. **Units may develop their own UBUNTU event in their communities. If checked, explain what you did at bottom of page.**
- ___22. At least two members (one member for units with less than 15 members) will complete Plan 1 of the Reading Program and give a report to the unit on one of the books read.
- ___23. The unit will invite a district or conference officer, other than a member of the unit, to one of the unit meetings during the year and/or for their United Methodist Women's Sunday. This Qualifies as a Local Unit Visit (LUV).
- ___24. The unit will add one new teen (ages 12 to 17) and/or one young woman (ages 18 to 39) circle during the year, or one new teen member (ages 12 to 17) or one new young woman member (ages 18 to 39) during the year.
- ___25. 100% of the unit's active members will make a gift of at least \$18.69 to the Legacy Fund.
- ___26. The 2020 Conference Financial Goal is: To increase unit pledge giving by at least \$5.00 per member. The unit will help accomplish the goal by increasing giving in this channel by at least \$5.00 per member over 2019.
- ___27. Each unit will be responsible for supporting at least one local mission project and participate in one Conference Hands-on Mission Project during the year. The local project should be listed on your Mission Today report.

List Local Project(s) here: You may attach an additional page if necessary.

Treasurer's Report

As the 4th and last quarter approaches, I hope you have all survived this most difficult year. Next month it will be time to submit your final remittance report for the year, Here is a look at the five channels of giving:

- ◇ PLEDGE Amount designated at beginning of year.
- ◇ SMR'S Donation to special mission giving or pin
- ◇ GTM'S Donation or card (Each card sent is a \$5 donation)
- ◇ GIM'S Donation or card (Card in memory or honor)
- ◇ WTO World Thank Offering Donations (Usual on last report)
- ◇ Walk Walk for Mission
- ◇

Five of these categories must be met in order to receive a certificate. One of the five needs to be the pledge made in the amount you pledged at beginning of the year.

There are other categories such as Call to Prayer, Legacy, local projects and National Projects. which do not count for a 5 Channels Certificate.

I hope we will all be together again in 2021.

Blessings,

Joan Jones



Editor's Corner

I initially hoped to get this article in this 4th quarter CVD UMW Newsletter, but it is postponed until the next quarter. We will then get a first hand account of a very successful professional woman's struggles with racism and racial discrimination in her life. She has never spoken out about it until now, but she feels like the time has come to tell her story in hopes of helping others and being an instrument of positive change. I think it will be well worth waiting for.

Program Resources

If you are like me, COVID is beginning to get old!! I recently read an article from Pew Research Center. Among other things, it stated that during the pandemic 39% of people who never or seldom prayed have started doing so, and that 25% are reading more books.

Have you found one you liked. Think it might be good for the UMW Reading Program? Write a note or send me an email telling why it would be good. If possible tell me which category you think it would fit into best.

Catawba Valley District is lucky to have a Proofer in our District. Again, proving we are a strong District with deep ties.

Stay Safe! See you at the next Event, either in person or by remote.

Anita Fox

Program Resources

828-390-6949

taco582001@yahoo.com

Message from the District Nominations Committee

The year 2020 has been a challenge for everyone, but little by little things do seem to be getting better. Our churches are starting to open back up although with limitations. It is our sincere hope that as things do get back in swing that some of you will find it in your hearts to step up in a new and different way. You can share your unique gifts and talents by agreeing to take a spot on the District Leadership Team. Don't let it cross your mind that you can't do anything like that...OF COURSE YOU CAN. Everyone of you has something to offer, talents to give. You will not be alone in the endeavor—that is why it is called a TEAM. We work together so that it becomes easier on everyone. We have the following positions vacant and one of them is calling your name: Vice President, Secretary, Social Action Coordinator, Mission Education and Interpretation Coordinator, Historian, Nominations Committee - Catawba County, and Nominations Committee—Gastonia.

Please be in prayer for this and if you or someone you know would like to step up. Please contact:

Patricia Withrow 704-538-3616

patriciawithrow@yahoo.com

Spiritual Growth

By Teresa Greene, Spiritual Growth Coordinator
Catawba Valley District

God has given us a Cornucopia filled Fruits of the Spirit. We are going to look at some of these over the next few newsletters for a deeper understanding. We will begin with:

Love

The greatest and most important of all the fruit is Love, for it is the highest attribute of God. His entire persona is love. The Bible has much to say about this fruit. Solomon says “it is stronger than death” in 8:6 and God himself “is love” according to I John 4:16. Jeremiah tells us “he has loved us with an everlasting love (31:3).

There are a variety of words in Greek for love, but the kind of love God talks to us about is called “Agape”. It is an unconditional kind of love, the type of love He has for us. He loves us in spite of ourselves or how we treat him. He also expects us, as his children, to have that kind of love for one another. St. John 13:35 says “by this all men shall know you are my disciples, if you have love for one another. Paul tells us in I Corinthians 13 that it matters not how well we can speak. If you don’t have love—you are just a loud noise saying nothing.

Love is many things. It is patient and kind, it suffers long and is not puffed up. Love thinks no evil, is not easily provoked, and does not behave unseemly. Most of all:



Humanity is all one family—one creation of the Father—our friends and our enemies, the mighty and the weak, the rich and the poor—everyone—all one. God does not differentiate.

SO LET US LOVE AS HE LOVES!



Fruits of the Spirit

Love

Peace

Joy

Kindness

Patience

Goodness

Faithfulness

Gentleness

Self Control



Please sign me up for the 2021 Annual Sampler!

Order the print subscription today for \$40 and save \$4.00. The Annual Sampler¹ includes:

- 2021 Spiritual Growth study (\$10).
- 2021 Prayer Calendar (\$14).
- 2021-22 Program Book (\$10).
- 2021-24 Quadrennial Calendar (\$10.00 w/orange or purple sleeve).

¹2021 Issue study: *Pushout: The Criminalization of Black Girls in Schools* by Monique Morris. New York: New Press, 2016. Available in stores, online and libraries. Free downloadable Leader's Guide (PDF) available online at unitedmethodistwomen.org.

The study and the calendars will ship in late fall 2020. The Program Book will ship in the summer of 2021. **Please select:**

- Orange** or **Purple** Quadrennial Calendar sleeve
 Please sign me up for the 2021 Annual Sampler.

NAME _____ CONFERENCE _____

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In our efforts to care for the safety and well being of all of our members, we have planned a virtual **All District Leader Development Day for Local Unit Officers, Circle Chairs, Other Leaders, and all interested UMW members**, on **November 14, 2020, at 10:00am**. Visit the [Leader Development page of our website](#) to get complete information about Leader Development plans for **ALL EIGHT** districts.

Using Zoom Meeting, we will have a brief gathering time with all eight districts together, and then divide into breakout Zoom Meeting rooms by District with your District officers leading your training. **Handouts by District should be [available on our website](#) by November 9th**. Registration is now open on the website www.wnccumw.org

Catawba Valley District Officers

Office	Name	Email	Phone
President	Janet Bjork Colton	jntcltn61@gmail.com	828-205-4157
Vice President	OPEN		
Secretary	OPEN		
MNO	Carol Black	rebblack@hotmail.com	704-276-1045
Treasurer	Joan Jones	Joanj7013@gmail.com	828-438-1931
Social Action	OPEN		
Communications Coordinator	Gwen Perkins	cvdcomm@gmail.com	704-300-9553
Spiritual Growth	Teresa Greene	Teresa.conner048@gmail.com	704-914-8483
Mission Education & Interpretation	OPEN		
Parliamentarian	Dorothy Harris	Harris_dl@bellsouth.net	704-827-0163
Historian	OPEN		
Nominating Chair	Patricia Withrow	patriciawithrow@yahoo.com	704-538-3616
Program Resources	Anita Fox	Taco582001@yahoo.com	828-390-6349
Nominations - Burke	Lynda Woody	Mommalynda2003@yahoo.com	828-437-5586
Nominations - Catawba	OPEN		
Nominations - Cleveland	Connie Jackson	Conniechambers77@yahoo.com	704-418-4769
Nominations - Gaston	Vicki Boyd	vwboyd@bellsouth.net	704-922-3241
Nominations - Lincoln	Linda Reep	lindareep@charter.net	704-276-2150
Conference Liaison	Linda Greer	jackandlindagreer@bellsouth.net	704-585-6263

Catawba Valley Leadership
Development Training (page 9)

November 14, 2020

25	26 7 PM	Mission U	27 7 PM	Mission U	28 7 PM	Mission U	29 7 PM	Mission U	30	31
18	19	20	21	22	23	24	25	26	27	28
11	12	13	14	15	16	17	18	19	20	21
4	5	6	7	8	9	10	11	12	13	14
				1	2	3	4	5	6	7
Sun	Mon	Tue	Wed	Thu	Fri	Sat				

October 2020

Gwendolyn Perkins
CVD Communications Coordinator
709 Bowen Dr.
Lowell, NC 28098