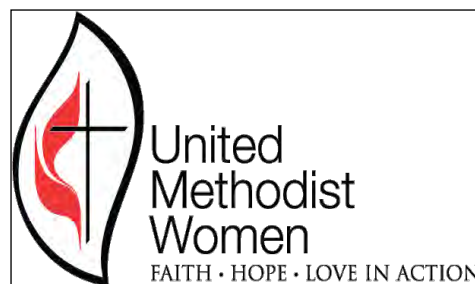


Yadkin Valley District

Western North Carolina Conference

First Quarter 2020, Volume 8, Issue 1



WOMEN UNITED FOR CHANGE 150 Years in Mission

Please make plans to attend our Yadkin Valley District United Methodist Women's Mission Study. Details are as follows:

Study Leader: Tonya Lanier

Date: March 7, 2020
Place: Oak Forest United Methodist Church
11461 Old US Hwy. 52
Winston-Salem, NC

Time: Registration begins at 8:30 am
Opening remarks begin at 9:15 am
Mission study begins at 9:30 am

Meals: A continental breakfast will be provided at no charge
Lunch will be catered by the Oak Forest UM Men
The lunch menu is Baked Potato, Salad, Dessert, and Drink
The cost of the lunch is \$8.00

Hands On Projects:

Gift cards (Walmart, Visa, Etc.) to be sent to Cindy Johnson to supply the needs of the immigrants at the southern borders.

Gift to Mission or Gift to Memory to honor someone who inspired your Walk with Christ.

Love Offering for Undesignated Giving

Please submit your registration along with money for the meal "payable to the YVDUMW," by February 26, 2020.

Please submit to Jamie Smith, YVDUMW Treasurer, 738 Key Road, Ararat, NC 27007

Please contact Cathy Smith (ME & I Coordinator for YVDUMW) if additional information is required 336-413-1415

From **Martha Isenberg**, *District President*

Happy new year, Yadkin Valley District! The year 2020 gives us an opportunity to focus on our view of mission and our United Methodist Women Units with a clear, 20/20 vision. We can achieve this clear vision by reading response magazine, using our program book and prayer calendar, reading books from the Reading Program and participating in district and conference events planned just for you. Aim to do more of the Mission Today Criteria in your unit than you did last year. By doing these things, our 2020 vision will help us focus beyond ourselves and look for ways to help women, children and youth not only in our community, but in our nation and world as Jesus commanded.

Did your unit put a special emphasis on one of our United Methodist Women four social justice issues last year? Archbishop Desmond Tutu said "If you are neutral in situations of injustice, you have chosen the side of the oppressor." I challenge your unit to choose one of the social justice campaigns and commit to act on this issue in some way during 2020. You can learn more about these at www.unitedmethodistwomen.org. Which will you choose?

- *Just energy for all
- *Interrupt the school to prison pipeline
- *A living wage for all
- *End maternal mortality



Thank you for all the support you have provided me in my first 2 years as district president and for your confidence by electing me for another 2 year term. I appreciate all that you have done to help me do the best job possible. I look forward to meeting more of you and serving you in 2020! We are fortunate to have an exceptional district team, so please feel free to reach out to all of us when you have questions. We have just assigned a Nurturing Partner for each unit and you'll find those names in this newsletter. Reach out to your new Nurturing Partner and invite her to visit your unit early in the year if possible. We are here to help you be the best United Methodist Women Unit you can be.

Let's keep that spirit of celebration as we start our 151st year of mission!

From **Cathy Smith**, *District ME&I Coordinator*

Happy New Year to Everyone! I'm so excited about our YVDUMW District Mission Study. We'll be having it on March 7, 2020 at my church, Oak Forest United Methodist Church in Winston-Salem. Tonya Lanier, Past President of the WNCCUMW will be our study leader.

I look forward to seeing each of you at our Mission Study. Please contact me at 336-413-1415 if you have any questions or if I can assist you in any way. Love in Christ.

From **Gail Caudle**, *District Communications*

Greetings everyone! This is my first year as serving in this position and I pray that God will guide me along the way as I try to make our district proud of our newsletter. We have an amazing group of women here in our Yadkin Valley District and they are always here for you at any time.

I look forward to getting to know each of you and meeting a lot of new faces at our events.

From **Mary Jo Brewer**, *District Vice-President*

Happy New Year!!! I look forward to serving as your Vice President again in 2020. Our district board has been working on plans for the coming year and we are excited about all of the events for the year.

As Vice President, I will chair the committee that plans the annual meeting, when we will gather to conduct the business of the district UMW. Ginny Martin, Gail Caudle, and Faye Everhart are serving with me on the committee and we will work together to plan a good meeting. We may ask others to help also. The meeting will be **Saturday, August 15, 2020, 2:00 – 4:00 p.m.** at **Yadkinville UMC** in Yadkinville. Our hands-on project will be items for **Bethlehem Center** in Winston-Salem. I will share items requested later on, as well as other information that we will be working on.

I hope to see you at our annual meeting and all the other events during the year. You learn more about United Methodist Women by attending these various events...and you get to know more and more wonderful ladies when you attend more and more events.

Have a good 2020 and stay happy and healthy.

From **Ginny Martin**, *District Secretary*

Gosh! I can hardly believe it's 2020. My list of resolutions is many. How about you? My hope is that all of us will experience 100% success in accomplishing our resolutions. One suggestion for success may come from a quote by Fulton Sheen, "The mind is like a clock that is currently running down. It has to be wound up daily with good thoughts."

May sharing the purpose and exemplifying the role of an active UMW member be among your resolutions. As UMW leaders, let's remember 1Peter 1:13, "So prepare your minds for service and have self-control."

Do contact me if I can be of help to you with UMW questions or to share your ideas.

Here's hoping you unwrapped lots of good thoughts and have a joyous start to the new year with your UMW sisters.

Now, as the new YVDUMW secretary, I'm off to buy a notebook and a few ink pens.

See you at our next YVDUMW event. Blessings!

From **Rhita Newcomb**, *District MNO*

Happy 2020!! I hope you a very Merry and Blessed Christmas and you are looking forward to all the wonderful events our Yadkin Valley United Methodist Women have planned for you this year. Save the date for our 2nd Annual Wear a Hat, Bring a Hat Tea, May 30, 2020. A great opportunity for you to wear your Derby hat, invite a friend, bring a hat that will be donated to Cancer Services and enjoy a fun filled afternoon. More information will be available in the future, I hope to see you all there. This is also a great time to invite your LUV partners, they will be able to share with you all the events and missions that have been planned for 2020. Remember to share your love of United Methodist Women with someone you work with, friends, neighbors and family members and invite them to one of your meetings. Number 9 - Share issues of *response* magazine with prospective members from 125 Ideas for Recruiting New Members, what a great way to show new members what United Methodist Women are doing locally and globally.

Invite Invite Invite Invite Invite Love and Prayers

From **Rhita Newcomb**, *District Legacy Fund*

Happy New Year!! 2019 was an awesome year and we are still celebrating our 150 years and we are excited about celebrating 151 years this March. YAY!!! We are preparing for the next 151 years so our daughters, granddaughters, nieces and sisters in Christ can continue our legacy of faith, hope and love in action. Every single member of United Methodist Women is challenged to join in the legacy we will leave for the next 151 years. **YOU** are a critical and important part of the celebration and we thank you for donating to The Legacy Fund. We still have a way to go in meeting our goal for the future United Methodist Women, please think of donating in memory or in honor of someone that has mentored, supported, encouraged and loved you.

Visit unitedmethodistwomen.org and check out the legacy stories!

WOMEN UNITED FOR CHANGE

150 Years in Mission

Mission Study

Please register for the event on the form below. Please submit your registration along with money for the meal “payable to the YVDUMW,” by February 26, 2020.

Please submit to Jamie Smith, YVDUMW Treasurer, 738 Key Road, Ararat, NC 27007

Name of Church _____

Name of Contact Person _____

Phone Number for Contact Person _____

Amount Paid _____

Number Attending _____

Names of Those Attending:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____

Directions to Oak Forest United Methodist Church from Winston-Salem:

Take US 52 South to Exit 100 (Hickory Tree Road). Turn left onto Hickory Tree Road, and go to end of end of road (approx. ½ mile). Turn left onto Old US Hwy. 52, and go approx. 1/3 mile. Church is on the left across from Cagney's Kitchen.

Reservation Form for Yadkin Valley District Prayer Breakfast

April 25, 2020

New Hope UMC

“Keep His Light Burning”

Guest Speaker: Deaconess Ruth Williamson

Registration 8:30 am --- Program at 9:15:am

Registration deadline April 15, 2020



Name of Church _____

City _____

Name of Contact Person _____

Phone Number for Contact Person _____

Number Attending _____

Names of Those Attending:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Please make checks payable to “Yadkin Valley UMW”.

Cost: \$5.00

Send registration form and check to:

Jamie Smith, District Treasurer

738 Key Road, Ararat, NC 27007-8339

keysmith@triad.rr.com/336-373-2794

Hands On Project:

Open Arms Ministry

BOOKS: (new and/or gently used). Babies through preschool, elementary, middle and high school age.

Love Offering Undesignated

From **Jamie Smith**, *District Treasurer*

Greetings to all UMW sisters! As we've heard—Do you want the bad news first, or do you want the good news first?

The bad news—we did not meet our 2019 Pledge to Missions! The good news—this is a New Year and we have a new *opportunity* to meet our 2020 Pledge! Also, the other good news is that we did meet our last year's conference goal of "increasing our giving in the Gift to Mission channel". This encourages us to work toward this year's goals!

There is a time for everything. New year, new beginnings, time for CHANGE! 2020 could be our time to change our way of thinking about our giving. Many of our UMW members are continuing to pledge (and give) the same amount we pledged (and gave) many years ago, all our years as UMW. Minimum wage has changed, social security income has changed, salaries have changed, and living expenses have also changed meaning that the same amount we've been pledging (and giving) in the past does not help as many people or support as many projects now as it did in the past. We've not changed with the times, **but this year we can change!**

One of this year's conference goals is to increase our annual giving by \$5 per UMW member. This could mean giving up one fast food meal in 2020! That doesn't seem like much of a sacrifice to help increase our giving to missions for the women, children and youth worldwide! If every UMW member gives \$5 more in 2020, it will make a significant difference! So I challenge each of you to pledge and give at least \$5 more this year to make a change, to make life better for a greater number of "the least of these".

"Failure isn't fatal, but failure to change might be". John Wooden

I look forward to seeing you at our Mission Study, come by the Gift to Mission card table and take cards back to your units. Blessings, and prayers for change.

Conference Vision & Goals 20/20:

Turning faith, hope, and love into action on behalf of
women, children, and youth around the world

- Raise awareness & build relationships with the United Methodist Women mission institutions in our conference: Bethlehem Community Center Charlotte, Bethlehem Community Center Winston-Salem, Brooks-Howell Home, Bennett College, Pfeiffer University
- Raise awareness and promote personal advocacy for our four United Methodist Women priority issues: Climate Justice, Maternal & Child Health, Criminalization of Communities of Color & Mass Incarceration, Economic Inequality
- Achieve our Conference Financial Goal: Increase unit Pledge giving by at least \$5.00 per member
- Make 2020 a strong beginning of the NEXT 150 Years of United Methodist Women in Mission!

From **Sue Couch**, *District Spiritual Growth Coordinator*

“Let Your Light Shine”

It's a new year with new beginnings so let's start with a clean slate, an open heart that is loving, forgiving and accepting as our Lord and Savior taught and lived by example. Let our light shine so that others will see Jesus in us! My prayer for all is that we spend time daily in His Word, study and grow in our spiritual life. Billy Graham was asked if he had any regrets during his lifetime and his reply didn't have anything to do with his family, his messages, or international connections. His regret was that he didn't spend more time studying God's Word. Hard to comprehend that the greatest evangelist in the world would admit and feel this way

In 2 Corinthians 12:10 Paul states “I am well content with weaknesses, with insults, with distresses, with persecutions, with difficulties, for Christ's sake; for when I am weak, then I am strong”. So we all fall short of the glory of God. (Romans 3:23) Therefore, “Let Thy Word be a lamp for my feet and a light for my path. (Psalms 119:105)

When the song of the angels is stilled, When the star in the sky is gone,
When the kings and princes are home,
When the shepherds are back with their flocks, The work of Christmas begins:
To find the lost,
To heal the broken, To feed the hungry,
To release the prisoner To rebuild the nations,
To bring peace among others,
To make music in the heart. (Howard Thurman)



*Ladies, mark your calendars for our District Prayer Breakfast for **April 25, 2020** at New Hope UMC on Shattalon Drive, Winston-Salem. Registration and breakfast beginning at 8:30 a.m. with our program to follow remembering our UMW ladies who passed in 2019. Be sure to get those ladies' names to Martha Isenberg as soon as possible.

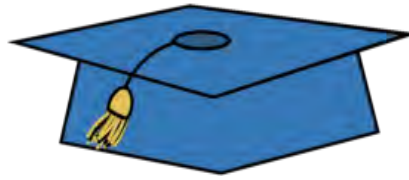
From **Debra Lawson**, *District Nominations Chair*

Happy New Year. I would like for you all to prayerfully consider taking one of the positions currently opened for 2020. This is a good way to get involved with district and conference events. The district team is a great group of ladies who work together to plan our district events. By being on the district team you will be well advised of all events.

There are four openings. We need someone to fill a position on Nominations Committee. We need Sub-district Chairs (new term for former Missional Network Representatives) for Advance Area, Greater Mt Airy, and South Surry Area Network. These women are liaisons for UMW and Missional Networks. They need to be involved with UMW and attend Missional Network Meetings. They should let UMW units know of district and conference events. All four positions are part of the district executive committee.

If you would be interested in any of the positions, please let me or some on Nominations Committee know.

Look forward to seeing and talking with you in the coming year.



Do you know a student that is a member of one of the WNCC United Methodist Churches?

Will they attend one of our conference institutions (Bennett College, Brevard College, Greensboro College, High Point University, Pfeiffer University) for the fall semester 2020?

Then they are eligible to apply for a WNCCUMW scholarship!

Applications should be requested by contacting the scholarship committee chairperson:

Cathy McCauley
6835-A Farmingdale Drive
Charlotte NC 28212
Phone: 704-965-6566
Email: cathymc855@yahoo.com

Applications are due to the committee by March 1, 2020. Interviews will be conducted on Saturday March 28, 2020.

YOU can support our scholarship program by:

Referring students.

Praying for our students and conference institutions.

Contributing to the general scholarship fund as districts, units, circles and individuals.

Please contact me if you need additional information.

Blessings,
Cathy McCauley
Scholarship Committee Chairperson

UPCOMING CONFERENCE UMW EVENTS

June 12 - 14 - Spiritual Growth Retreat at Lake Junaluska

July 23 - 26 - Mission u at Pfeiffer University

September 11 - 13 - Annual Celebration at Lake Junaluska

October 10 - Ubuntu Day of Service at Bethlehem Center - Winston-Salem



**First Timer Scholarships for Spiritual Growth Retreat, Mission u
and Conference Annual Meeting**

A \$150 scholarship for first timers will be given this year from our district to each of these three conference events. Each unit is encouraged to submit a name from their unit of someone who has never attended before and who wants to learn more about United Methodist Women. The scholarship will cover most of the expenses for the event. To apply, complete the following form and return to Martha Isenberg, District President by March 25.

PLEASE PRINT and use additional paper if needed.

Name _____
Address _____
City/State/Zip- _____
Telephone _____
E-mail _____
Church _____
Adult _____ OR Teen _____

Please check which scholarship you are applying for:

_____ Spiritual Growth Retreat at Lake Junaluska
June 12-14
_____ Mission u at Pfeiffer University
July 23-26
_____ Conference Annual Meeting, Lake Junaluska
September 11-13

Please share a short biographical sketch, including your involvement with united Methodist Women.

Share why you want to attend your chosen event and how you plan to use the knowledge you will gain.

Return to Martha Isenberg, 5580 Rozianna Dr, Winston-Salem, NC 27106 or
mhisenberg@aol.com by March 25.

From **Joyce Irby**, *District Social Action*

“Maternal Mortality --- A Social Action Issue”

Happy New Year, my UMW Sisters,

It is 2020 and there is still much to be done as we seek to follow our heritage and our mission. We live in one of the richest and most highly developed countries in the world, but our maternal mortality rate increased 26.4%. We are the only developed country whose rate did not decline. That should not be!

We need to call on healthcare workers, lawmakers and advocates to fund maternal mortality review committees and implement recommendations in hospitals and communities.

Here are a few of the issues: 1. Many women are unable to access proper healthcare prior to, throughout and after pregnancy. 2. African American women have the highest rates of maternal mortality,

dying at three to four times the rate of white women. Native women are dying at three times the rate of white women. 3. There is a lack of communication and sharing of data between providers.

California had one of the highest rates in the country. Through strategic planning and funding, their maternal mortality rate dropped to 4.5 per 100,000 births. What did they do? They had always provided affordable insurance for the poor, but they sought out more ways to provide more money. Improvements in data sharing and training was provided. Necessary supplies for providers and patients were provided. They also required healthcare providers in prenatal care to have implicit bias training through the March of Dimes.

Of the 700 to 900 maternal deaths each year in America, the CDC Foundation estimated 60% were preventable. Also, statistics show for every woman who dies in childbirth, 70 more come close.

What can we do? We can educate ourselves using our Conference website's resources. We can contact healthcare providers in our communities to learn what's being done. We can contact our legislators to come together to fund affordable healthcare for pregnant mothers and infants.

California did it, so the HOW is clear. Now it's a matter of having the WILL and funding to make it right! Be blessed.



Days For Girls is a global movement that prepares and distributes sustainable Menstrual health solutions for girls who would otherwise miss school or work during their monthly periods.

These kits will be given to a young lady that is going to Western Africa in June. We have already given her 39 kits, but have supplies to make many more kits. We need your help.

Join us and all the UMW in this district to finish off many more. The MINI UBUNTU will be held at **Pine Grove UMC** in Winston-Salem at 1130 Jonestown Road on **March 28, 2020** from 10 until 2:00. We will treat you for lunch, but we need to know how many will be coming, so RSVP to Polly Caudle at pcaudle26@gmail.com. We will have different work stations set up. You do not need to know how to sew because we will have several different jobs to do. But if you can sew, we also have a sewing room. Join us for this activity for helping others.



2020 YV DISTRICT UMW EXECUTIVE TEAM

President Martha Isenberg - mhisenberg@aol.com
5580 Rozianna Dr., Winston-Salem, NC 27106 - 336-924-9158

Vice President Mary Jo Brewer - mbrewer1227@gmail.com
1120 Martin Street, Winston-Salem, NC 27103 - 336-403-1871

Secretary Ginny Martin - glm3728@yahoo.com
3728 Crestbrook Lane, Pfafftown, NC 27040 - 336-409-1893

Treasurer Jamie Smith - jamiesmith95@yahoo.com
738 Key Road, Ararat, NC 27007 - 336-830-6583

Mission Education & Interpretation Cathy Smith - mammacat@mindspring.com
146 Brencomb Dr., Winston-Salem, NC 27107 - 336-413-1415

Spiritual Growth Sue Couch - sueholtcouch@gmail.com
2920 Bittersweet Rd., Winston-Salem, NC 27106 - 336-462-1901

Social Action Joyce Irby - joyce.irby60@gmail.com
133 Turfwood Dr., Pfafftown, NC 27040 - 336-575-3600

Membership, Nurture & Outreach Rhita Newcomb - rhita kay@yahoo.com
5569 Farm House Rd., Winston-Salem, NC 27103 - 336-688-0365

Communications Gail Caudle - gacaudle@windstream.net
7490 Ridge Rd., Tobaccoville, NC 27050 - 336-705-9462

Program Resources Camille French - camille.french@stpaulumcws.org
338 Lake Knoll; Ct. , Lewsiville, NC 27023 - 336-604-1881

Leadership Development Glenda Beauchamp - tonyglenda@aol.com
6080 Lura Rd., Winston-Salem, NC 27104 - 336-816-7517

Historian Janet Sizemore - janetsize@hotmail.com
5120 Rockhill, East Bend, NC 27018 - 336-251-2992

Parliamentarian Martha Gwyn - matgwyn@aol.com
P.O.Box 215, Pfafftown, NC 27040 - 336-692-3334

Nominations Chair 2021 Debra Lawson - debra_lawson@windstream.net
103 Bracken Lane, King, NC 27021 - 336-816-3006

Nominations 2020 Deborah Brooks - dlawsonbrooks@aol.com
598 Shady Grove Ch. Rd., Winston-Salem, NC 27107 - 336-812-5826

Nominations 2021 Amy Johnson - jdeere620@aol.com
4920 Belgrove Dr., Tobaccoville, NC 27050

Nominations 2022 Mary Brinkley - dbrinkley5@triad.rr.com
6312 Stoney Dr., Clemmons, NC 27102 - 336-766-5314

Nominations 2023 Valerie Prim - primswim@yahoo.com
1391 Henry Street Ext., Yadkinville, NC 27055 - 336-408-9693

Nominations 2023 Barbara Crotts - imacrotts@twc.com
169 Rag Rd., Mocksville, NC 27028 - 336-940-8001

2020 Nurturing Partners For Yadkin Valley District UMW

Antioch, Belevs Creek Ann Ibrahim	Farmington Mary Jo Brewer	Pine Grove, Kernersville Rhita Newcomb
Antioch, Rural Hall Martha Gwyn	First, Mocksville Pat Cunningham	Pine Grove, WS Glenda Beauchamp
Ardmore Martha Isenberg	First, Pilot Mountain Gail Caudle	Pinnacle Debra Lawson
Balitimore Valerie Prim	First, Thomasville Rhita Newcomb	Pisgah Ann Ibrahim
Bethel, King Martha Gwyn	Friendship Faye Everhart	Pleasant Grove Kathy Chadwell
Bethel, Thomasville Kathy Chadwell	Good Hope Faye Everhart	Pleasant Hill Gail Caudle
Bethel, WS Mary Jo Brewer	Hardison Barbara Crotts	Saints Home Camille French
Bethesda, Lexington Faye Everhart	Harmony Grove Glenda Beauchamp	Salem, Mocksville Barbara Crotts
Bethlehem Barbara Crotts	Hickory Ridge Amy Johnson	Salem, Mt. Airy Jamie Smith
Booneville Valerie Prim	Johnsontown Kathy Chadwell	Sedge Garden Pat Cunningham
Brooks Temple Cathy Smith	Kingswood Martha Isenberg	Shady Grove Linda Anthony
Bunker Hill Pat Cunningham	Konnoak Hills Joyce Irby	Sharon Rhita Newcomb
Canaan Linda Anthony	Lewisville Glenda Beauchamp	Shiloh Amy Johnson
Centenary, WS Joyce Irby	Liberty Barbara Crotts	Shiloh, Lexington Faye Everhart
Centenary, Clemmons Faye Everhart	Longtown Valerie Prim	Shoals Jamie Smith
Center, Mocksville Barbara Crotts	Love's Martha Isenberg	Snow Hill Deb Brooks
Center, Welcome Linda Anthony	Main Street Martha Isenberg	St. Andrews Camille French
Center, Yadkinville Valerie Prim	Memorial Janet Sizemore	St. James Gail Caudle
Central Terrace Joyce Irby	Midway Cathy Smith	St. Mark Amy Johnson
Central, Mt. Airy Ginny Martin	Mitchell's Chapel Janet Sizemore	St. Paul, Kernersville Pat Cunningham
Central, Thomasville Kathy Chadwell	Mocks Amy Johnson	St. Paul, WS Joyce Irby
Cherry Street Pat Cunningham	Morris Chapel Martha Isenberg	Stokesburg Ginny Martin
Clemmons Mary Jo Brewer	Mt. Carmel Cathy Smith	Stony Knoll Amy Johnson
Concord, Mocksville Faye Everhart	Mt. Pleasant, Booneville Gail Caudle	Tabernacle Ginny Martin
Cornatzer Deb Brooks	Mt. Pleasant, Thomasville Kathy Chadwell	Trinity, King Martha Isenberg
Crews Ann Ibrahim	Mt. Pleasant, Tobaccoville Martha Gwyn	Trinity, Thomasville Kathy Chadwell
Delta Ginny Martin	Mt. Tabor Mary Jo Brewer	Trinity, WS Glenda Beauchamp
Dobson Jamie Smith	Mt. Zion Debra Lawson	Union Ridge Cathy Smith
Dulin Debra Lawson	New Home Janet Sizemore	Wesley Chapel Valerie Prim
East Bend Valerie Prim	New Hope, WS Janet Sizemore	Wesley Memorial Mary Jo Brewer
Elm Grove Martha Gwyn	New Mt. Vernon Linda Anthony	Whitaker's Chapel Faye Everhart
Fair Grove, Thomasville Kathy Chadwell	Oak Forest aye Everhart	Wither's Chapel Debra Lawson
Fairview, Pinnacle Gail Caudle	Oak Grove Barbara Crotts	Woodleaf Barbara Crotts
Fairview, Thomasville Kathy Chadwell	Palmya Debra Lawson	Yadkin College Faye Everhart
Faith Rhita Newcomb		Yadkinville Amy Johnson

Local Unit Visitations (LUV)

Why have district or conference officers come to your local unit?

- The officers can answer questions you might have about: the work of United Methodist Women; what we are doing as a district or conference; how you can participate even more fully in mission with women, children and youth; where does the money go; what is Mission Today; how can we grow as a unit; what can we do about social justice issues; etc.
- You will build a stronger relationship with the officer, district and conference.
- The officers are here to support YOU. Each member and local unit of the United Methodist Women is vital the mission work that is done with women, children and youth.
- The officers can bring resources for you to use in your local unit.
- The officers can tell you about all the district and conference events. What is Mission u? What do we do at Conference Annual Meeting? What is Ubuntu? What is the District Mission Study?
- The officers can help if you feel you need leadership development, creative programming, growing your unit, etc.
- This gives you an opportunity to share any thoughts or concerns you may have.
- This fulfills criteria #20 to be a Mission Today unit.
- The officers want an opportunity to get to know you! You are invaluable to our organization and we want to say "Thank You."

How do I invite an officer to come to my local unit?

- Contact your Nurturing Partner. Each local unit has a district officer who is a Nurturing Partner. You should hear from your Nurturing Partner throughout the year. Invite them to come to an event you are having, a unit meeting, UMW Sunday, etc.
- Check the district newsletters for a list of the Nurturing Partners and their local units.
- Contact your district president if you are not sure who your Nurturing Partner is.
- When planning your programs, invite someone from the district to come and present one of your programs.
- Or just invite the officer to share fellowship with your local unit.

2020 YV SUB-DISTRICT CHAIRS

Advance - Barbara Crotts - 336-940-8001

Davidson - Faye Everhart - 336-773-0746

Kathy Chadwell - 336-991-7119

Kernersville - Pat Cunningham - 336-978-3223

Mocksville - Margaret Shew - 336-492-7111

Northeast Forsyth - Ann Ibrahim - 336-595-4243

Northwest Forsyth - Gail Caudle - 336-705-9462

Southern Region - Linda Anthony - 336-764-1861

Stokes - Debra Lawson - 336-816-3006

Thomasville - Faye Everhart - 336-773-0746

West Forsyth - Janet Sizemore - 336-251-2992

Winston-Salem, East - Joyce Irby - 336-575-3660

Winston-Salem, West - Mary Binkley - 336-766-5314

CONFERENCE OFFICERS FROM YADKIN VALLEY

Program Resources - Kathy Chadwell - 336-991-7119

Spiritual Growth - Darlene Gardner - 336-207-3479

Nominations Chair - Sandy Letchworth - 336-813-1168

Social Action - Carolyn Payne - 336-766-5568

Gail Caudle
YV District UMW Communications
7490 Ridge Road
Tobaccoville, NC 27050

UPCOMING DISTRICT UMW DATES

- March 7** - District Mission Study
Oak Forest UMC
Details on the front cover
Registration deadline **February 26**
- March 23** - Annual Day of Giving
- March 28** - MINI UBUNTU
Pine Grove UMC - WS
- April 25** - District Day apart/Prayer Breakfast
New Hope UMC
Details inside
Registration deadline **April 15**
- May 30** - District Membership, Nurture & Outreach
“Wear A Hat, Bring A Hat”
Details will be in the next newsletter

United Methodist Women

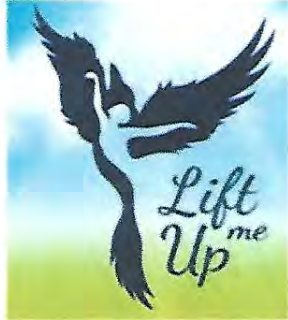
Faith. Hope. Love in Action

We are women with a PURPOSE!

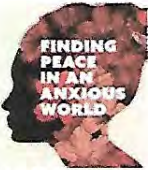
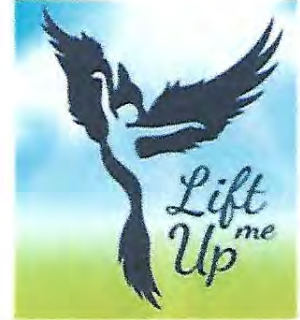
The organized unit of United Methodist Women shall be a community of women whose purpose is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative supportive fellowship; and to expand concepts of mission through participation in the global ministries



Western North Carolina United Methodist Women 2020 Conference Events



Spiritual Growth Retreat
"You Lift Me Up"
June 12 - 14
Lake Junaluska

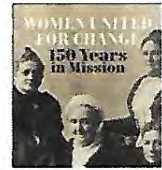


Finding Peace
in an
Anxious World

Mission u
July 23 - 26
Pfeiffer University



Pushout: The
Criminalization of
Black Girls in School



Women United for
Change: 150 Years
in Mission

Annual Celebration / September 11-13 / Lake Junaluska



Ubuntu Day of Service
"I am because you are"
Saturday, October 10
Across the Conference



wnccumw.org

facebook.com/wnccumw



JOIN US AT THE LAKE FOR THE
WESTERN NORTH CAROLINA CONFERENCE – UMW
2020 SPIRITUAL GROWTH RETREAT

YOU LIFT ME UP

Friday, June 12th – Sunday, June 14th

Go to www.wnccumw.org for complete retreat information

Opening Session 6:45 pm Friday – Closing by noon on Sunday
in Stuart Auditorium, Lake Junaluska Conference & Retreat Center

MONDAY, FEBRUARY 3rd

LODGING & RETREAT REGISTRATION OPENS

Lodging Reservations for Lake Junaluska (details on reverse side)

On-line Retreat Reservation www.wnccumw.org

**EXTENDED RETREAT &
EXPANDED PROGRAMMING**

**more
God-Time**

2020 RETREAT LEADER

PASTOR LISA BETH WHITE
TABERNACLE UMC BLACK MOUNTAIN



On-line Registration \$25/person 2/3 through 6/6

On-Site registration \$35/person

Note: On-line Registration fees
are transferable, but non-refundable.

EXPANDED RETREAT PROGRAMMING

Friday Dinner: Buffet dinner at Terrace and Lambuth for lodging guests

Friday Evening: Opening Plenary – Speaker Rev. Lisa Beth White

Saturday Morning: BREAK-OUT SESSIONS may include

- Book study & Bible study
- Meditation and prayer settings
- Boat ride (weather permitting), Trolley tour, World Methodist Museum tour
- Singing round the Lake, WNCC UMW Choir & MORE

Saturday Afternoon & Evening: Speaker Rev. Lisa Beth White

Sunday Morning: Closing Session with Rev. Lisa Beth White

CHILD CARE AVAILABLE
DETAILS ON WEBSITE

QUESTIONS

Retreat Information

Darlene Gardner

Mission Coordinator-

Spiritual Growth

Darlene Gardner

gardnerdarlenel@gmail.com

Phone: 336-766-1552

Online Registration

Lynne Gilbert

Webmaster

Lgilbert.umw@gmail.com

336-207-3479

Online Payments

Nancy Reigel

Conference Treasurer

828-268-0637

Lodging Reservations

Lake Junaluska

Reservations Center

1-800-222-4930



MUSIC LEADERS

Rev. MARK L. BARDEN

CATHERINE RITCH

HANDS-ON MISSION PROJECT HYGIENE KITS

See updated kit contents
umcor.org/UMCOR/relief-supplies



LAKE JUNALUSKA ACCOMODATIONS & RATES

Lake Junaluska Conference & Retreat Center, P.O. Box 67 Lake Junaluska, NC 28745

Housing Reservations
OPEN FEBRUARY 3rd

TO RESERVE
YOUR ROOM
CALL

Lake Junaluska
1-800-222-4930

Select 1 for reservations
and the next available
agent will assist you.

The reservations team is
on duty from 8:00 am until
5:00 pm Monday-Friday

Group Code: 43975

No reservations for the
WNCC UMW Spiritual
Growth Retreat Lodging
Package Rates may be
made on-line

The Terrace / Lambuth Inn (renovated rooms)

TWO-NIGHT LODGING PACKAGE -Minimum 2-night stay

Rooms include: private bath, free WiFi, cable TV, air conditioning, mini-fridge

Packages below include 2 night lodging, 5 meals*, all taxes & gratuity

***5 Meals:** Friday Dinner; Saturday Breakfast, Lunch & Dinner; Sunday Breakfast

TERRACE / per person	
Single	\$332.83
Double	\$206.29
Triple	\$178.91
Quad	\$165.22

LAMBUTH / per person	
Single	\$310.63
Double	\$195.19
Triple	\$167.81
Quad	\$154.12

Hillside Lodge & Junaluska Apartments & Lambuth (non-renovated rooms)

PER NIGHT/PER PERSON LODGING W/O MEAL PLAN

Rates include 11% room tax and meals may be added

Single	\$ 99.90
Double	\$ 49.95
Triple	\$ 38.85
Quad	\$ 33.30

Junaluska Apartments provide a great setting for young families to share our retreat experience in a cozy relaxed setting. Most apartments have a small kitchen w/mini-fridge, countertop burner, microwave, limited dishes and cookware

Rooms include private bath, air conditioning, TV & coffee maker no elevator

APPLICABLE TO ALL ABOVE LODGING:

No additional room charge for children age 11 and younger staying with parent or guardian

HOUSING GRATUITY AT GUEST DISCRETION

Rates for all facilities exclude incidentals and/or room damage

Important Lodging Information:

- Telephone Reservations: \$100.00 credit card or debit deposit due at time of reservation. Exception: Payment of deposit by check – Lake Junaluska must receive check within 10 days of reservation or room will be released.
- Check-in: 4:00 p.m. on June 12 and Check-out: BEFORE 11:00 a.m. on June 14
- Cancellations made by May 28th will receive a refund of their deposit LESS \$15 /person fee.
- No refund for cancellations on or after May 29th.
- Photo-ID and Credit Card required of each guest at check-in.



Visit our website: www.wnccumw.org • Visit us on Facebook: www.facebook.com/wnccumw