

THE UMW APPALACHIAN DISTRICT NEWS

1st Quarter 2020

President's Message:

Welcome to Appalachian District UMW 2020! We are excited to be leading into another year with United Methodist Women. We begin with some new faces in this edition of our newsletter. Vanessa Harmon is our newsletter editor, Judy Sipe is our spiritual growth coordinator, Annette Echard is our vice president and I am president. We have some new members of the Nomination Committee also. We begin our year with our annual Prayer Breakfast in March and then go to our Mission Study in April. We will be giving you all of the details for registration in this edition. Pay close attention and get your registrations in promptly. Also remember the hands on mission project for each event.

In 2020, let's make it happen.....Peace, Prayers and Love in Christ Sherry

Vice-President:

Greetings, as United Methodist Women embark upon the new year 2020. Those of us that are new as officers are praying that God will guide us through our new endeavors. Our theme for the year is "Let Your Light Shine". We need everyone to become more involved with our local units, district and conference. Each year our vision sharpens and energizes the purpose of United Methodist Women to remain vital in years to come. Faith, Love, Hope...Thessalonians 1:2-3 "We always thank God for all of you mentioning you in our prayers. We continually remember before our God and Father your work produced by Faith, your labor prompted by Love, and your endurance inspired by Hope in our Lord Jesus Christ." Now let us be reminded of dates for our district meetings:

- Saturday March 21st, Appalachian District UMW Prayer Breakfast @ Granite Falls First UMC, 9 Lakeside Avenue, Granite Falls, beginning at 8:30 am with registration and breakfast. (\$6 per person to cover the cost of breakfast). Make checks payable to Appalachian District UMW. Enclose registration and names of attendees (see pg 4 in this newsletter). Send in the names of those sisters to be remembered (pg 5).
- Saturday April 25th, Appalachian District UMW Mission Study @ Union Grove UMC, 1331 Sloans Mill Road, Union Grove. Registration at 8:30 am and lunch is served. Four hour requirement to meet mission study criteria, (\$6 per person to cover the cost of lunch; see flyer and registration form on pg 7.)
- Saturday August 29th, Appalachian District UMW Annual Meeting @ Wilkesboro UMC, 309 W. Main St, Wilkesboro.
- Saturday November 14th, Appalachian District UMW Membership and Leader Development Day....Paving the way for Mission. Location and time to be determined at a later date.

Be sure you also save the WNCC dates for 2020:

- June 12-14 WNCC UMW Spiritual Growth @ Lake Junaluska
- July 23-26 WNCC UMW Mission u @ Pfeiffer University, Misenheimer
- Sept 11-13 WNCC UMW Annual Celebration @ Lake Junaluska
- Oct 10 WNCC UMW Ubuntu Day of Service@ Various Locations

Thank you for all you do for United Methodist Women Love and Blessings,

Annette Echard

As we begin 2020, let us join together to unite us in sisterhood through reporting and helping each other grow.

We, the District Team, and the WNCC Executive Team, need your End of Year reports. These were sent out or given to units in November-December when we had the Leadership Development Day at Millers Creek UMC. These were due in mid December.

Below is very important information that we need from EACH local unit of the Appalachian District UMW.

Even if you do not have an active unit now, PLEASE, let us know if your women are actively engaged in some other way. Thank you.

Areas to be reported are:

Membership (Census report)
Deceased Members' Names
Reading Program Recipients to be recognized
Mission Today Units
Justice Today Units
Mission Study

Local Unit Officers with position held and contact information (mailing address, email address and phone #) for 2020 (VERY IMPORTANT). Also, please indicate a preference for each officer regarding receiving the district newsletter and Conference Gram via email or regular mail.

We have received this information from the following units:

Barbara Heck Hiddenite
Baton Hudson
Bethlehem Littlejohn

Boone Mt. Bethel (Alexander Co.)

Broad Street Mt. Hermon
Clifton New Covenant
Colliers Piney Creek
Cool Spring Sparta
Cox's Chapel Stony Point

First North Wilkesboro Union Grove First Taylorsville Wilkesboro

Grace Chapel

If you need forms or did not receive the packet for this information, please contact Sherry Summerlin (828) 234-0850 sherrysummer@charter.net or Lorraine Burns (828)396-1259 lorrainecburns@gmail.com

Secretary:

Happy New Year! I look forward to 2020 being a great UMW year. I apologize that I could not attend our District Leadership and Member Development Training this past November and meet with our local unit secretaries face-to-face – I thank everyone for all your cards, thoughts and prayers. Hopefully I will have an opportunity to meet many of you at our upcoming Appalachian District events. If you haven't heard it before, I want you to know that if you are the Secretary of your local unit, YOU are Important. As Secretary, you are counted on to keep accurate minutes of all unit meetings; record attendance at each meeting; and serve as custodian for all records, official papers, and correspondence. Your unit president and leadership team count on you – be enthusiastic and supportive. If I can answer any questions or assist you in any way, please feel free to contact me (email: j.kay.tay@gmail.com or cell phone: 336-468-0313) – the most important part of my job is being available to assist you as a local unit secretary.

Blessings, Jan Taylor

Communications:

My name is Vanessa Harmon, I am very new to the district level and to be honest I am not sure if I have not bitten off more than I can chew. I am English married to an American, I live in Statesville NC and I have twin boys who are 8 years old. I am also a fulltime art teacher at a local elementary school, I thought this was going to be a pretty easy assignment but I am swiftly learning otherwise. I hope I am up to the job and I do not let any of my district sisters down.

I encourage you to monitor our WNCC UMW Website (www.wnccumw.org) to keep up with Conference and District events (you can also link to our Appalachian District UMW Website from this site or go to www.appumw.com.) If your unit has not completed and submitted a list of your 2020 officers to Sherry Summerlin or me, I encourage you to do this. We use these lists to ensure we pass on important District and Conference UMW information to unit officers so this info can be passed on to all unit members.

If your unit has any pictures or info to pass on about mission projects, please share these with me to include in the newsletter as space permits.

Remember in all things have faith in Him, Blessings Vanessa

Spiritual Growth:

Greetings from your 2020 Spiritual Growth Coordinator,

Hi my name is Judy Sipe and I look forward to embarking on this new phase of my spiritual journey with you. Here is a brief history. I live in the Bethlehem community of Alexander County. I am a lifelong member of Mt Bethel UMC where I am a choir member, UMW President and worship chairperson. I have two children, Tracey and his wife Marie, who live in Conover and Kisha who lives in Mount Airy. I have one grandchild, 11 year old Jackson. That in a nutshell is enough about me.

Now that Christmas is over and a new year has begun, I look forward to meeting new friends and getting new ideas. Truthfully, I am a little nervous about this new adventure, but I know that God, through your prayers and mine, will shine His light to light my way. On March 21st I will be taking my first big step as Spiritual Growth Coordinator at the Prayer Breakfast at Granite Falls UMC (see flyer on page 4 and memorial form and driving directions on page 5.) Our speaker will be Sandrea Williamson. I am looking forward to seeing you all there.

As we begin the next 150 years of UMW, let's get rolling by letting our light shine for all to see. God is the Light of the World and it is my hope that we walk together in the light to expand the concepts of missions through global ministries of the church.

In the Light of Christ, Judy



Revelation 4:11 "Thou art worthy, O Lord, to receive glory, honor and power for thou hast created all things."

Appalachian District UMW Prayer Breakfast Granite Falls UMC @ 9 Lakeside Avenue, Granite Falls Saturday, March 21, 2020



"Unique, Useful and Different...all in God's Light"

Speaker: Sandrea Williamson, Northern Piedmont District President

8:30-9:45 AM Registration, Breakfast and Program Resources & Prayer Room 9:45-10:00 AM Gathering Music with Pam Reid, New Covenant UMW, Lenoir

10:00 AM Worship & Memorial Service

Love Offering in Memory of those Remembered

Advance Registration is required & due by March 9, 2020. Cost is \$6 per person.

Please send reservation for prayer breakfast using the form below. Deadline for registration, Memorial information and requests for childcare is March 9, 2020. For childcare request, call Judy Sipe at (828) 612-1519.

Hands on Mission Project Bethlehem Center Supplies: washable markers,			
washable paints, jumbo crayons, jumbo pencils, #2 pencils, colored pencils			
	Cut along line and mail with check		
Name of Unit: _	Number Attending x \$6		
Enclose a check and a list of those attending made payable to Appalachian District			
UMW and mail to Nancy Johnson, 661 Teague Town Road, Taylorsville, NC 28681			
Due by March 9, 2020			

Names of attendees (Please print)

Prayer Breakfast Memorial Service

Please complete the below form and return to Judy Sipe by March 9th 2020. Print clearly the names of UMW to be remembered at the Memorial Service (year 2019 only) and a **word(s) of wisdom symbolic** of her. **PLEASE INCLUDE**A **PHOTO IF POSSIBLE.** Also, list your name and phone number for information to be verified if needed.

Name of Unit:	Submitted by:	Phone #
Name of Person who will	be present to represent Unit during th	Phone #he Memorial Service (if no one is present, the
District VP will represent		
Name:	Unit offic	ce held
List names of those to be	rememberedPlease print clearly. T	Thank you!
1	Word(s)	of wisdom
2	Word(s)	of wisdom
3. Please send to: Judy Sine.	Words(s	s) of wisdom oth Coordinator, 494 B&S Lane, Hickory, NC
	pe09@gmail.com NLT Monday, Mar	

Driving Directions: Physical Address: 9 Lakeside Avenue, Granite Falls, NC 28630

Boone: Travel SW on Edgewood Dr. toward Council St. (50ft.). Turn left onto Hardin St. (pass Subway on left in 0.3 mi.). Travel 37 miles. Turn left onto N. Highland Ave. (1.0mi.). Turn left onto N. Main St. (0.1mi.). Turn right onto Park Ave. (0.1 mi). Turn left onto Elgin St. (400 ft.). Turn left (300 ft.) Granite Falls UMC.

Hickory: Travel N. on 4th St. NW to 3rd Ave. NW. Turn left onto 3rd Ave. (1.6 mi) to Clement Blvd. NW (350 ft.). Turn right onto US 321 N (3.4mi.). Turn left onto Glen Ridge Dr. (0.2). Turn right onto S. Main St./US 321A-Alt (1.7mi.). Turn left onto Central Ave. (50 ft.). Keep right to continue on Central Ave. (350 ft.). Turn right onto Midway St. (0.3 mi). Turn left onto Lakeside Ave (200ft). Turn Right onto Elgin St (300ft). Turn right (300ft.) Granite Falls UMC.

Lenoir: Travel NW on Harper Ave. toward Mulberry St. SW (pass by Sonic on right) (0.8mi.). Turn right onto US321/Hickory Blvd. (0.8mi). Turn right onto N. Highland Ave. (1.0mi.). Turn left onto N. Main St. (0.1mi). Turn right onto Park Ave. (0.1mi.). Turn Left onto Elgin St. (400ft). Turn left (300ft) Granite Falls UMC.

Statesville: Travel NW on S. Center St. toward E. Front St. (1.7mi.). Turn left onto I-40 West ramp to Hickory (0.2mi.). Merge onto I-40W (26mi.). Take exit 123A-123B for US 321N toward NC 127N/Hickory/Lenoir/US 70 (0.2mi.). Keep right at fork to continue on exit 123 B, follow signs for US 70/ US 321 N/127 N/ Hickory, Lenoir (0.7 mi.). Merge onto US 321N (5.8mi). Turn left onto Glen Ridge Dr. (0.2mi) Turn right onto S. Main St/ US 321 A-Alt N (1.7mi). Turn left toward Central Ave. (50ft.). Keep right to continue on Central Ave. (350ft.). Turn right onto Midway St.)0.3mi.). Turn Left onto Lakeside Ave. (200ft.). Turn right onto Elgin St. (300ft.). Turn right (300ft.) Granite Falls UMC.

Sparta: Travel SW on NC 18S/W Whitehead St. toward Evergreen. Continue to follow NC 18S (28 mi.) Turn right onto Mountain Valley Church Road (3.2 mi.). Turn right onto Pleasant Home Church Road (1.3 mi.). Turn left onto NC 16S (43 mi.). Continue straight onto New Browns Ford Road (1.5 mi.). Turn left onto Old Highway 268 (0.5mi.). Turn right onto NC18S (19mi.). Use left 2 lanes, turn left onto US321/Hickory Blvd. (8.7 mi.). Turn right onto N. Highland Ave. (1.0mi.). Turn left onto N. Main St. (0.1 mi.). Turn right onto Park Ave. (0.1 mi.). Turn left onto Elgin St. (400ft.). Turn left (300 ft.) Granite Falls UMC.

Wilkesboro: Travel SW on W. Main St. to S. Cherry St. (200 ft.). Turn left onto S. Cherry St. (3.8 mi.) Turn right onto NC 18S (24 mi.). Use the 2 left lanes to turn left onto US 321/Hickory Blvd. (8.7 mi.) Turn right onto N. Highland Ave. (1.0mi.) Turn left onto N. Main St. (0.1 mi.). Turn right onto Park Ave. (0..1 mi.). Turn left onto Elgin St. (400 ft.). Turn left (300 ft.) Granite Falls UMC.

Nominations:

Dear Sisters.

As we enter the New Year, I reflect on the joys and successes of last year. We are so blessed by the ladies who have answered the call and filled new positions. Sherry Summerlin and Annette Echard have already stepped up into their leadership roles and led our first executive committee meeting. We have started planning events for 2020. I am excited to share the enthusiasm we have with you as we remember our sisters at the Prayer Breakfast, then as we learn more about our roles as officers at Leadership Development. If you have questions about UMW or just want to learn more, contact your Nurturing Partner. We would love to visit and answer any questions you may have, but even more importantly we love to come and see what great things you are doing. Our local units are the backbone of UMW and your service inspires us. May your New Year be filled with many blessings and may you allow God to use you to bless others. UMW provides a variety of ways that you can bless yourself as well as others. If you feel God tugging at your heart to serve more, please contact me or any member of the District Leadership Team, we'd love to have you join us.

Blessings

Brenda Kimberlin



Be a Part of the Appalachian Team

We are looking for women who are interested in serving on the district team. Because we all do our part, no one person has to do it all... For 2020 we still have a few positions to fill. If any district position appeals to you or you know someone who would be great at any of them, please don't hesitate to call or email any of the current officers.

They will be able to give you the full details of the position. You'll see that they are much easier than you think.

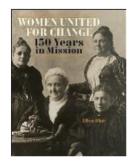
Mission Education and Interpretation:

Another year has passed and I pray 2019 was a productive year for you. So in 2020 let's go "Greater" for Missions!

I want to encourage all the units in the Appalachian District to become a "Mission Today" unit. The purpose of promoting a Mission Today Unit is to: Energize United Methodist Women to be more involved in mission through prayer, study, and action. Thanks for all the Mission kits that were received at our different 2019 district events; they were greatly appreciated.

I look forward to seeing you all at our Annual District Prayer Breakfast on March 21, 2020 at Granite Falls First UMC. Also mark your calendars for our District Mission Study on Saturday, April 25, 2020, at Union Grove UMC. (Lisa Beth White will be our study leader). Child care will be provided (reservation required), so come and enjoy a day in Missions with your Appalachian District Sisters! Please submit the mission study registration form (found on page 7 of this newsletter) no later than April 10th.

Be blessed in this New Year! Roberta Walker



Appalachian District, United Methodist Women

Mission Study 2020 **Union Grove UMC** 1331 Sloans Mill Road Union Grove, NC 28689 Saturday, April 25, 2020 8:30a.m. - 1:00 p.m. (includes lunch)

Women United for Change: 150 Years in Mission

Study Leader: Lisa Beth White

Child care for young children is available upon request

Registration begins at 8:30 a.m.

Cost: \$6 per adult (includes lunch) There is no cost for Children and Youth.

This study provides a historical survey of United Methodist Women and its predecessor organizations and amplifies the voices that shaped the work through an overarching story of United Methodist Women changing the fact of mission. This study is about women who established vibrant societies to support mission.

Attendance at this study will fulfill requirements for Mission Today Criteria #4.

Advance Registration is Required - Please use the registration form at the bottom. Deadline is April 10, 2020. If childcare is needed, please contact Annette Echard (828-754-5526 or Echardsr@Bellsouth.net).

> Conference Hands on Mission Project: UMCOR Hygiene Kits {Kit Contains:1 Hand Towel: 15" x 25" up to 17" X 27" (No kitchen, cleaning or microfiber towels please); 1 Washcloth - No kitchen towels; 1 Comb - sturdy - No rattail or picks; 1 Nail Clippers - No nail file or emery; 1 Bar Soap - 3 oz or larger; 1 Adult Toothbrush - No multipacks and in manufacturer covering; 10 Adhesive Bandages - 3/4 " x 3"; Place items in 1-gallon resealable plastic bag; Include \$2 for shipping (DO NOT PUT in Bag but turn in separately in an envelope)}

Directions to Union Grove United Methodist Church

From Boone, Wilkesboro, N Wilkesboro: Take US 421S to Exit 282 (NC-115); turn right on NC-115 toward Statesville; in approx 12.5 miles, turn left onto NC-901; in 5.2 miles bear right onto Sloans Mill Rd.; arrive at church on your right.

From I-77N (Sparta/Elkin) - Take US 21S to I-77S; take Exit 65 for NC-901 toward Harmony/Union Grove; turn right on NC-901 (W. Memorial Hwy); in 2.1 miles, turn left onto Sloans Mill Rd; arrive at church on your right.

From Taylorsville: Take NC-115 (Wilkesboro Hwy); Turn right on NC-901 (W. Memorial Hwy) and in 5.2 miles, bear right onto Sloans Mill Rd; arrive at church on your right.

From Statesville/Hickory/Granite Falls - Take I-40E to Exit 152B (I-77N). At exit 65, take ramp t for NC-901 toward Harmony/ Union Grove; turn left on NC-901 (W. Memorial Hwy); in 2.3 miles, turn left on Sloans Mill Rd; arrive at church on your right. From Lenoir - Take NC18 toward Wilkesboro; turn left on NC-16/NC-18; in 3 miles, take ramp on right to US-421S; take Exit 282 (NC-115) toward Statesville; in 12.5 miles, turn left onto NC-901; in 5.2 miles bear right onto Sloans Mill Rd; arrive at church on right.



Registration for Appalachian District Mission Study 2020

Name of Unit			
# Attending	X \$6.00 = \$	(Check enclosed)	Make checks payable to Appalachian District
UMW; Mail form	with check to: Nanc	y Johnson, Appalachi	an District Treasurer, 661 Teague Town Rd,
Taylorsville NC 3	28681		

DUE BY FRIDAY, APRIL 10, 2020

Treasurer:

Happy New Year and greetings to all Local Unit UMW Treasurers!

Thank you, Local Unit UMW Treasurers for all your hard work in 2019. The support of your unit through Mission Giving has made a difference in the lives of women, children and youth all around the world. I look forward to working with you in 2020 and welcome to those who are new to the treasurer's position.

If you have not sent in the yellow "Pledge and Officer Information Form – 2020," it is not too late. I need this information to update my records to make sure all information will go to the correct person(s) and record your unit's pledge. Also, if you have not sent in the form listing all Gift to Mission Honorees, Special Mission Recognition (pins) recipients, and Gifts in Memory for 2019, please mail or e-mail to me by February 1, 2020. This information is needed to complete the district records and to include in the District Annual Meeting booklet. Mission money received after December 2, 2019 will be recorded for 2020. Mission Giving quarters are not the same as yearly quarters. The 2020 Mission Giving quarters are as follows:

1st Quarter - December 1, 2019 through February 29, 2020

2nd Quarter - March 1, 2020 through May 31, 2020

3rd Quarter - June 1, 2020 through August 31, 2020

4th Quarter - September 1, 2020 through November 30, 2020

All local Unit Treasurers will receive a letter from me at the first of the month before the end of the Mission Giving quarter. These letters will go out February 1, May 1, August 1, and November 1. Please read these letters; a lot of information is in these letters to help you fulfill your role as Local Unit Treasurer. As a treasurer you can help your local unit understand why money is needed to help carry out the PURPOSE OF UMW. The role of the Local Unit Treasurer is very important, you are responsible for making deposits and payments from your local unit's UMW checking account, keeping accurate records of these transactions, and reporting the financial activity to your local unit. You are also responsible for remitting all funds (pledges, Special Mission Recognition, Gift to Mission cards, and Gift in Memory cards) to the Appalachian District. All checks should be made payable to *Appalachian District UMW Treasurer*. All checks must be sent with a Remittance Form. A blank remittance form will be mailed with the 1st Quarter letter or can be found on the UMW Website.

My role as your District Treasurer is to handle/receive all Mission Giving funds and keeping the financial records of the district. I will channel all funds from the local units to the conference treasurer; funds do not belong to the district.

Hope to see many of you at the District Prayer Breakfast on March 21, 2020 at Granite Falls First UMC in Granite Falls and /or at the Mission Study on April 25, 2020 at Union Grove UMC in Union Grove.

If you have any question and/or concerns you may call, email or text.

In His Service Nancy Johnson

Membership – Nurture – Outreach:

Welcome 2020, what a great time to begin building our membership and reaching out to our current membership! The Samaritan woman at the well in John 4:4-42 boldly stepped out of her comfort zone to invite her community to Christ. We, too, must reach outside our comfortable group of friends to invite others to join us in mission as United Methodist Women (UMW). Here we find a place to nurture faith, experience community and put faith, hope, and love into action on behalf of women, children and youth. (Adapted from United Methodist Women Handbook 2013-1016)

Here are a few membership tips from Renee Hayes, our conference Mission Coordinator for Membership Nurture & Outreach (MN&O):

- You do not have to be a United Methodist to be a member of United Methodist Women.
- It can take at least five invitations for someone to accept when you invite them to see what UMW is all about!
- Nurture your current membership while inviting others to join you on our journey.
- What do you love about UMW? TELL SOMEONE!!
- Participate in District and Conference events...you will learn, grow spiritually, and be a part of a creative, supportive fellowship of women whose focus is mission with women, children and youth.
- Invite all women of your church to join you!
- Do not assume everyone understands what we mean when we say things like: Call to Prayer and Self-Denial, Unit Meeting, Circle/Group Meeting, Gift to Mission, Pledge to Mission, Special Mission Recognition, Local Unit Visitations (LUV), etc.

Why have district or conference officers come to your local unit?

- They can answer questions you might have about: the work of UMW; what we are doing as a district or conference; how you can participate more fully in mission with women, children and youth; where does the money go; what is Mission Today; how can we grow as a unit; what can we do about social justice issues; etc.
- You will build a stronger relationship with the officer, district and conference.
- They are here to support YOU. Each member and local unit of UMW is vital to the mission work that is done with women, children and youth.
- They can bring resources for you to use in your local unit.
- They can tell you about all the district and conference events. What is Mission u? What do we do at Conference Annual Celebration? What is Ubuntu? What is the District Mission Study?
- They can help if you feel you need leadership development, creative programming, growing your unit, etc.
- This gives you an opportunity to share any thoughts or concerns you may have.
- This fulfills criteria #20 to be a Mission Today unit.
- They want an opportunity to get to know you! You are invaluable to our organization and we want to say "Thank You."

How do I invite an officer to come to my local unit?

- Contact your Nurturing Partner. Each local unit has a district officer who is a Nurturing Partner. You should hear from your Nurturing Partner throughout the year. Invite them to come to an event you are having, a unit meeting, UMW Sunday, etc.
- Check the district newsletters for a list of the Nurturing Partners and their local units.
- Contact your district president if you are not sure who your Nurturing Partner is.
- When planning your programs, invite someone from the district to come and present one of your programs...Or just invite an officer to share fellowship with your local unit.

If you have additional questions about how to invite an officer to your local unit, contact me, (denise.harris2105@gmail.com), Appalachian District UMW MN&O. Remember to send your membership numbers to me each quarter!

Yours in Christ, Denise Harris





Western North Carolina Conference

20/20 Vision & Goals

Turning faith, hope, and love into action on behalf of women, children and youth around the world

- Raise awareness & build relationships with the United Methodist Women mission institutions in our conference: Bethlehem Center Charlotte, Bethlehem Center Winston-Salem, Brooks-Howell Home, Bennett College, Pfeiffer University
- Raise awareness and promote personal advocacy for our four United Methodist Women priority issues: Climate Justice, Maternal & Child Health, Criminalization of Communities of Color & Mass Incarceration, Economic Inequality
- Achieve our Conference Financial Goal: Increase unit Pledge giving by at least \$5.00 per member
- Make 2020 a strong beginning of the NEXT 150 Years of United Methodist Women in Mission!

Sincerely,
Your WNCC UMW Team

Program Resources:

Our new year is here and we all have a clean slate to record our books. I already have added one on my Leadership Development and Social Action list. These are both Children's books, but I recommend them to you and also encourage you to read them to the children in your children's Sunday school department. At the end of the year, you can even add the children's names to your book report if you have read them one from each category. Won't that be fun to help them to be aware of our mission needs? Mission awareness needs to start at an early age if we are to make a change in our world.

The first book that I read to a group at a LUV visit was "WEIRD". Little Louisa faces a bully and this book gives some great ways for our children to fight these bullies and maybe even get



them to stop bullying others. The next book was "Eye of the Whale". It is a true story of how a whale was saved from tangled lines. Help our children to be aware of how important it is to keep our environment clean and help the animals. I have already changed to using reusable bags, cups and straws. Every little bit helps.

Please remember that many of our books are available on Kindle and Audible. This is an important way to reach our members that are sight challenged. If needed, think about buying a

tablet/Kindle for your unit and downloading some of these books and then the tablet can be shared.

Remember the exchange program when you go to District meetings. It seems to be a great way to save on the price of books.

J. O'Rourke said "Always read something that will make you look good if you die in the middle of it." What better thing to read than an inspirational book or the Bible. Please read, report to your local unit and enjoy your faith through the written word. If you need help with the new ordering system, please feel free to contact me.

Micki Earp, District Program Resource coordinator



SAVE THE DATES IN 2020.....

EVENTS FOR WESTERN NORTH CAROLINA CONFERENCE

June 12-14 WNCC UMW Spiritual Growth Retreat Lake Junaluska

July 23–26 WNCC UMW Mission u Pfeiffer University, Misenheimer, NC

Sept. 11-13 WNCC UMW Annual Celebration Lake Junaluska

Oct. 10 WNCC UMW Ubuntu Day of Service (various locations)

2020 UMW Appalachian District Nurturing Partners				
Church / Unit	Nurturing Partner		Church / Unit	Nurturing Partner
Arbor Grove	Jan Taylor		Littlejohn (Lenoir)	Annette Echard
Banner Elk	Sherry Summerlin		Maple Springs	Jan Taylor
Barbara Heck	Roberta Walker		Millers Creek	Jan Taylor
Baton	Brenda Kimberlin		Monticello	Linda Greer
Bethany (West Jefferson)	Sherry Summerlin		Mount Bethel (Hickory)	Sherry Summerlin
Bethelview (Boone)	Sherry Mabry		Mount Hermon (Lenoir)	Sherry Summerlin
Bethlehem (Statesville)	Denise Harris		Mount Zion (Lenoir)	Sherry Summerlin
Boone	Jan Taylor		Mount Zion (Piney Creek)	Sherry Summerlin
Broad Street (Statesville)	Linda Greer		Mountain View (Statesville)	Denise Harris
Calvary (Fleetwood)	Sherry Summerlin		New Beginnings (Jonesville)	Sherry Summerlin
Carson's Chapel (Taylorsville)	Linda Greer		New Covenant (Lenoir)	Lorraine Burns
Cedar Valley (Lenoir)	Sherry Summerlin		Philadelphia (Stony Point)	Linda Greer
Chapel Hill (Statesville)	Denise Harris		Piney Creek	Donna Parks Hill
Charity (Elkin)	Donna Parks Hill		Pisgah (Hiddenite)	Linda Greer
Chestnut Hill	Nikki Vance		Providence (Statesville)	Denise Harris
Christ Boulevard	Denise Harris		Rose Chapel (Statesville)	Denise Harris
Clifton	Nancy Reigel		Scott's Chapel (Statesville)	Denise Harris
Colliers (Lenoir)	Sherry Summerlin		Shiloh (Sparta)	Sherry Mabry
Cool Spring (Cleveland)	Micki Earp		Shiloh (Statesville)	Denise Harris
Cox's Chapel (Mouth of Wilson)	Sherry Summerlin		Smethport (West Jefferson)	Sherry Summerlin
Deerfield (Boone)	Roberta Walker		Snow Creek (Statesville)	Denise Harris
Ebenezer (Granite Falls)	Lorraine Burns		South River (Hiddenite)	Sherry Summerlin
First (Elkin)	Roberta Walker		Sparta	Sherry Mabry
First (Granite Falls)	Judy Sipe		Stony Point	Nancy Johnson
First (North Wilkesboro)	Jan Taylor		Temple Hill (Ronda)	Judy Sipe
First (Taylorville)	Linda Greer		Trinity (Statesville)	Denise Harris
Friendship (Statesville)	Penny Ledbetter		Union Grove	Penny Ledbetter
Gamewell	Brenda Kimberlin		Valley Crucis (Banner Elk)	Sherry Summerlin
Grace Chapel	Sherry Summerlin		Wesley Chapel (Hamptonville)	Roberta Walker
Grassy Creek (State Road)	Roberta Walker		West Jefferson	Donna Parks Hill
Hiddenite	Nancy Johnson		Wilkesboro	Lorraine Burns
Hudson	Lorraine Burns		Zion (Todd)	Sherry Summerlin
Little Laurel (Creston)	Sherry Summerlin			

	2020 Appalachian District United Methodist Women Officers					
President	Sherry Summerlin	120 Shady Oak Terrace	Hudson, NC 28638	Hudson	828-728-4936 h 828-234-0850 c	stopac69@gmail.com
Vice President	Annette Echard	413 Wilson St NW	Lenoir, NC 28645	New Covenant UMC	828-754-5526	echardsr@bellsouth.com
Secretary	Jan Taylor	580 Waddell Road	Roaring River, NC 28669	Wilkesboro	336-957-3024 h 336-468-0313 c	j.kay.tay@gmail.com
Treasurer	Nancy Johnson	661 Teague Town Rd	Taylorsville NC 28681	Mt. Bethel, Alexander	828-612-6142	nananurse85@charter.net
Spiritual Growth	Judy Sipe	494 B & S Lane	Hickory, NC 28601	Mt. Bethel (Bethlehem) UMC	828-612-1519	jsipe12@gmail.com
Mission Education & Interpretation	Roberta Walker	192 Oak Grove Rd	Elkin, NC 28621	Wesley Chapel	336-835-1939	r_walker1961@yahoo.com
Membership Nurture & Outreach	Denise Harris	2606 Fines Creek Dr.	Statesville, NC 28625	Broad Street UMC	704-871-9219 h 704-437-2794 c	denise.harris2105@gmail.com
Social Action	Donna Parks Hill	350 Sedgefield Circle	Wilkesboro, NC 28697	Roaring River UMW	336-466-1230	dmarie@embarqmail.com
Communications	Vanessa Harmon	318 Macon Drive	Statesville, NC 28625	Broad Street UMC	704-450-2858	chrisdev2@yahoo.com
Program Resources	Micki Earp	267 Devonshire Rd.	Taylorsville NC 28681	Stony Point UMC	828-632-6769	13micki@gmail.com
Nominations Co- Chair	Brenda Kimberlin	4028 Meadow Circle	Lenoir, NC 28645	Little John UMC	828-728-0371	bkimberlin@caldwellschools.com
Nominations Co- Chair	Penny Ledbetter	324 Mosswood	Olin, NC 28660	Union Grove UMC	704-539-5353	pennygrietje@gmail.com
Nominations Committee - 2020	Kimberly Witherspoon	917 Sunrise Circle	Lenoir, NC 28645	New Covenant UMC	828-729-0876	kwitherspoon03@yahoo.com
Nominations Committee • 2020	Terri Williams	417 Cedarbrook Rd	Jonesville, NC 28642	First Jonesville UMC	336-426-2250	simplyme3075@yahoo.com
Nominations Committee • 2021	TBA					
Nominations Committee • 2021	Sherry Mabry	506 3rd Street	North Wilkesboro, NC 28659	Wilkesboro UMC	336-927-4332	mabrysh@gmail.com
Nominations Committee • 2021	Micki Earp	267 Devonshire Rd.	Taylorsville NC 28681	Stony Point UMC	828-632-6769	13micki@gmail.com
Nominations Committee - 2022	Pamela Harshaw	508 Robbins Avenue	Lenoir, NC 28645	New Covenant UMC	336-324-2393	
Member-at-Large	Lori McKay	186 Bull Run Ln	Olin, NC 28660	Union Grove UMC	(704) 437-0718	lorimckay@msn.com
Parliamentarian	Lorraine Burns	PO Box 473	Granite Falls, NC 28630	Granite Falls First	828-396-1259 h 828-612-7418 c	lorrainecburns@gmail.com
Historian	Terri Clark	4291 Hwy 321-A	Granite Falls, NC 28630	Hudson UMC	282-612-2637	rockyknobnana@gmail.com
Music Leader	Pamela Reid	527 Arlington Circle NW	Lenoir, NC 28645	New Covenant UMC	828-754-4426	preidnc@yahoo.com
Conference	Conference Officers					
Conference Liaison	Nancy Reigel	375 Troy Norris Rd.	Boone, NC 28607	Boone	828-268-0637	nancy@reigelridge.com
	Linda Greer	3201 Mt. Wesley Church Rd	Stony Point, NC 28678	First Taylorsville	704-585-6263 h 828-244-2251 c	jacklindagreer@bellsouth.net

SEJ DATA SHEET - April 17-19, 2020



ONLINE REGISTRATION, now open: Website: umwsej.org

LOCATION OF SEJ EVENT: Renaissance Riverview Plaza Hotel - 64 South Water Street,

Mobile, Alabama; Phone: 251-438-4000 or 1-800-922-3298 A block of rooms has been reserved until March 15, 2020.

COST OF ROOMS: \$129 plus tax per room Friday through Saturday night. When making reservations to receive this special rate you must mention **Southeastern Jurisdiction**

United Methodist Women.

REGISTRATION (on-line ONLY; NO paper registration): Early Bird Registration cost is: \$185 per person - deadline for early bird registration is December 1, 2019.

After Dec. 1, 2019 will be: \$210. After March 2 there is a late fee of \$25 for a total of \$235. Registration closes March 15, 2020. Conference will only reimburse early bird registration amount for qualifying attendees. Registration refund: 50% up to March 15, 2020. NO REFUNDS after March 15, 2019.

CHECK IN: 8 a.m. - 5:30 p.m. in the lobby of the hotel on Friday, April 17, 2020. Persons arriving after 6:00 p.m. on Friday should make prior arrangements with Registrar, Gertrude Stewart. Registration will continue on Saturday from 7:00 a.m. until 8:00 a.m.

MISSION EVENT: Ubuntu Day will be a work day at Dumas Wesley Community Center departing from the hotel at 9:30 a.m. on Friday - returning to the hotel about 2:30 p.m. There is a \$35 fee to be paid during Online Registration. If your conference would like to donate items to this United Methodist Women supported facility I have listed a few items as suggestions for the Sybil Smith Apartments (there are 17 apartments for single parents with children to live for up to 2 years while they are learning parenting skills, work skills, money management skills, etc.)

CRITICAL NEEDS: dish sets, flatware sets, pots/pans sets, garbage can (kitchen), knife sets, twin comforters, pillows, bath mats, towels, washcloths, hand towels, shower curtains, toilet paper, trash bags, storage/organizer for clothes.

NON CRITICAL NEEDS: aluminum foil, zip-lock bags, coffee filters, paper towels, pot holders, measuring spoons, measuring cups, kid's sippy cups, can opener, coffee pot, pitcher, mops/brooms, and trash bags to name a few

WORKSHOPS: (we are offering 10 different workshops with great leaders - each attendee may select one workshop. They will be offered twice on Saturday)

NOT YOUR GRANDMA'S UMW - LED BY ARIEL MURPHY

Learn how to encourage and inspire younger women to be in mission and in leadership, to introduce them to our dynamic organization and invite them to be members and leaders with-in their communities and throughout the wider church by putting faith, hope and love into action.

2. JOY OF JOURNALING - LED BY PAT GREEN

A practical and accessible way to stay connected to your inner self, your body, your dreams, and your purpose in life. Learn how journaling can benefit your life emotionally, mentally, spiritually and physically, as well as be a problem-solving tool.

3. CLIMATE CHANGE -LED BY ELIZABETH "LIZ" LEE

Learn more about Climate Change through Bible study, hear an introduction to United Methodist Women's "Just Energy for All" campaign and ways that United Methodist Women can be involved to be part of the solution. A local or regional voice could be part of the workshop to share more about what might be going on in the particular context of Southeastern Jurisdiction.

4. INTERRUPT THE SCHOOL-TO-PRISON PIPELINE - LED BY EMILY JONES

The school-to-prison pipeline "detours" far too many children and youth away from educational success and towards the criminal justice system. Learn how prayerful and powerful women can make real change and revise harmful policies and practices. No prior experience/knowledge needed - all are welcome.

5. EVERYONE HAS THE RIGHT TO A LIVING WAGE - LED BY CAROL BARTON

Learn why everyone has a right to a Living Wage - how this is Biblical and why this is a justice issue for United Methodist Women - learn the many ways that a family living wage is undermined and WHY so many women, immigrants, people of color are concentrated in low-wage jobs; and how United Methodist Women units can find out what's happening in your own community or state, build alliances and advocate for a Living Wage.

6. CRAFT MINISTRY - LED BY SUE RAYMOND

Be creative and inspire others at the same time! Put your talents to work by creating something useful and positive for the environment.

7. ESSENTIAL OILS OF THE BIBLE - LED BY DEBBIE BRACEWELL

Through the creation story we learn that God made all the elements of our world - including plants. From these plants ancient people discovered fragrant oils that they incorporated into their religious ceremonies. This call will focus on several of these oils and discuss the plants, the uses of the oils and the scriptures that portray the oils in use. Learn how these oils are still in use today for meditation, emotional well-being, and other practical uses.

8. SISTERS IN SONG WITH GRATITUDE AND GRACE - LED BY NANCY B. HUDSON

If you are interested in singing and creating a joyful noise, this is the workshop for you! By participating in this workshop, you will be a part of the Southeastern Jurisdiction Choir!

9. MATERNAL HEALTH LED BY GWEN WASH

Health care for women and children is at the heart of United Methodist Women today and has been since the organization was founded. Our foremothers made the choice to act to save women's lives by building hospitals and clinics, training women and girls to serve as doctors and nurses, and to send missionaries to initiate the work. Learn how we continue to support the health and family needs of women and children around the globe.

10. CALLED BY NAME: HOW DO WE ANSWER? - LED BY STACIE HAWKINS

Jeremiah 33.3 tells us, "Call to me and I will answer and show you great and unsearchable things you do not know." When your name is called, how will you answer?

SOUTHEASTERN JURISDICTION LEGACY COOKBOOK: The cookbook will be available for purchase at registration. This cookbook will have approximately 20-25 recipes from each conference and it will also include a brief history of each conference.

Cost at registration will be \$15 - at the event \$20. All proceeds will go to the Legacy Fund Campaign.

MEALS: Meals included box lunch and the dinner banquet on Saturday. You are responsible for any other meals. The hotel will have several Kiosk stations in the hotel as well as the restaurant located in the hotel. There are several restaurants in the close vicinity of the hotel.

PARKING: The hotel has a parking garage. We have a special rate of \$8 per day (you must mention the SEJUMW event. You cannot go in or out without paying each time. For Charter buses there is parking space available in the adjoining convention center as a cost of \$25 per day.

TRAVEL: At Online Registration, your mode of travel, your arrival and departure times must be included. Airport shuttle to and from the airport is complimentary. In order to receive this <u>YOU MUST NOTIFY</u> the Registrar, Gertrude Stewart you will be needing the shuttle service.

ONSITE CHILDCARE: Childcare for ages 2 years to 10 years will be available during the times we are in session at a cost of \$50 per child. Snacks and juice included. No meals.

LOCAL SITES/THINGS TO DO: The Mobile area has numerous world-class attractions including: The USS ALABAMA Battleship Memorial Park, Bellingrath Gardens and Home, and the Gulf Coast Exploreum Science Center. Carnival Fantasy offers year-round voyages from Mobile to exotic ports in the Western Caribbean to include Cozumel, Progresso and Costa Maya. In addition to sight-seeing opportunities, Mobile has numerous locally-owned popular restaurants featuring fresh caught gulf seafood that are nearby and convenient to the hotel. Go to: meetinmobile.orgfor more information about local attractions.

THE MOBILE REGIONAL AIRPORT: is served by Delta Airlines, US Airways, American and United Airlines that offer daily non-stops from Atlanta, Charlotte, Dallas, Houston and Chicago. There are 40+ daily flights.



Appalachian District United Methodist Women 2020 Programs



Appalachian District UMW Prayer Breakfast

Granite Falls First United Methodist Church, Saturday, March 21, 2020

"Unique, Useful, and Different...
All in God's Light"

Registration, Breakfast, Program Resources & Prayer Room: 8:30–9:45am Gathering Music: 9:45–10:00 am Worship & Memorial Service: 10:00 am

> **Speaker:** Sandrea Williamson **Hands on Mission Project:** Bethlehem Center Supplies

Love Offering: In Memory of those remembered



Appalachian District UMW Mission Study

Union Grove UMC Saturday, April 25, 2019

Study: Embracing Wholeness: An Earth Perspective for Covenantal Living

Registration: 8:30 am Study: 9:00 am - 1:00 pm (with a working lunch)

Study Leader: Lisa Beth White

Hands on Mission Project: UMCOR Hygiene Kits

Leadership and Member Development Training

Mt. Bethel United Methodist Church Saturday, November 14, 2020 Details TBD

District Annual Meeting/Celebration

Wilkesboro United Methodist Church Saturday, August 29, 2020

Details TBD



Western North Carolina Conference 2020 LOVE OFFERING & FINANCIAL GOAL

Love Offering

A Gift to Mission Honoring & Affirming Clergywomen: Past, Present and Future

Financial Goal

Increase Unit Pledge Giving by at least \$5.00 per Member

.

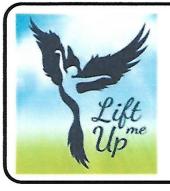
Strategy ideas to help us reach this goal:

- Inflation information the purchasing power of money
- Local mission giving compared to giving flowing through United Methodist Women...the SHIFT
- For members to contribute \$1 for each of the "First Five"; blessings she has experienced through belonging to UMW. We could do it as a part of our program next year in April or it could be spread out \$1 at a time for 5 months.
- Spiritual Discipline
- What would the \$5.00 do? Previous chart...what \$5.00 would buy for mission?
- What did \$5.00 buy in 2000...and what does it buy today?
- Holding mission giving levels like we hold minimum wage. What that \$5.00 given years ago...doesn't buy today.
- women, online challenges from social media about making gifts. Online giving...cards online.

Sincerely,

Your WNCC UMW Team

Western North Carolina United Methodist Women 2020 Conference Events



Spiritual Growth Retreat "You Lift Me Up" June 12 - 14 Lake Junaluska





Finding Peace in an Anxious World

Mission u
July 23 - 26
Pfeiffer University



Pushout: The Criminalization of Black Girls in School



Women United for Change: 150 Years in Mission

Annual Celebration / September 11-13 / Lake Junaluska

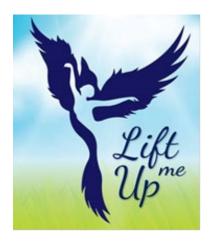
Light Up Our Spirits
with Faith & Hope so Love IS Action



Ubuntu Day of Service

"I am because you are" Saturday, October 10 Across the Conference





JOIN US AT THE LAKE FOR THE WESTERN NORTH CAROLINA CONFERENCE - UMW 2020 SPIRITUAL GROWTH RETREAT

YOU LIFT ME UP

Friday, June 12th – Sunday, June 14th Go to www.wnccumw.org for complete retreat information

Opening Session 6:45 pm Friday – Closing by noon on Sunday

in Stuart Auditorium, Lake Junaluska Conference & Retreat Center

MONDAY, FEBRUARY 3rd LODGING & RETREAT REGISTRATION OPENS

Lodging Reservations for Lake Junaluska (details on reverse side) On-line Retreat Reservation www.wnccumw.org

EXTENDED RETREAT & EXPANDED PROGRAMMING

> more **God-Time**

2020 RETREAT LEADER

PASTOR LISA BETH WHITE TABERNACLE UMC BLACK MOUNTAIN



On-line Registration \$25/person 2/3 through 6/6 On-Site registration \$35/person

> Note: On-line Registration fees are transferable, but non-refundable.



EXPANDED RETREAT PROGRAMMING

Friday Dinner: Buffet dinner at Terrace and Lambuth for lodging guests

Friday Evening: Opening Plenary - Speaker Rev. Lisa Beth White

Saturday Morning: BREAK-OUT SESSIONS may include

- Book study & Bible study
- Meditation and prayer settings
- Boat ride (weather permitting), Trolley tour, World Methodist Museum tour
- Singing round the Lake, WNCC UMW Choir & MORE

Saturday Afternoon & Evening: Speaker Rev. Lisa Beth White

Sunday Morning: Closing Session with Rev. Lisa Beth White

CHILD CARE AVAILABLE DETAILS ON WEBSITE

QUESTIONS

Retreat Information Darlene Gardner

Mission Coordinator-Spiritual Growth Darlene Gardner gardnerdarlenel@gmail.com

Phone: 336-766-1552

Online Registration Lynne Gilbert

Webmaster Lgilbert.umw@gmail.com 336-207-3479

Online Payments Nancy Reigel

Conference Treasurer 828-268-0637

Lodging Reservations Lake Junaluska

Reservations Center 1-800-222-4930



MUSIC LEADERS

Rev. MARK L. BARDEN CATHERINE RITCH

HANDS-ON MISSION PROJECT HYGIENE KITS

See updated kit contents umcor.org/UMCOR/relief-supplies



LAKE JUNALUSKA ACCOMODATIONS & RATES

Lake Junaluska Conference & Retreat Center, P.O. Box 67 Lake Junaluska, NC 28745

Housing Reservations OPEN FEBRUARY 3rd

> TO RESERVE YOUR ROOM CALL

Lake Junaluska 1-800-222-4930 Select 1 for reservations and the next available agent will assist you.

The reservations team is on duty from 8:00 am until 5:00 pm Monday-Friday

Group Code: 43975

No reservations for the WNCC UMW Spiritual Growth Retreat Lodging Package Rates may be made on-line

The Terrace / Lambuth Inn (renovated rooms)

TWO-NIGHT LODGING PACKAGE - Minimum 2-night stay

Rooms include: private bath, free WiFi, cable TV, air conditioning, mini-fridge Packages below include 2 night lodging, 5 meals*, all taxes & gratuity *5 Meals: Friday Dinner; Saturday Breakfast, Lunch & Dinner; Sunday Breakfast

TERRACE / per person		
Single	\$332.83	
Double	\$206.29	
Triple	\$178.91	
Quad	\$165.22	

LAMBUTH / per person		
Single	\$310.63	
Double	\$195.19	
Triple	\$167.81	
Quad	\$154.12	

Hillside Lodge & Junaluska Apartments & Lambuth (non-renovated rooms)

PER NIGHT/PER PERSON LODGING W/O MEAL PLAN Rates include 11% room tax and meals may be added

Single	\$ 99.90
Double	\$ 49.95
Triple	\$ 38.85
Quad	\$ 33.30

Junaluska Apartments provide a great setting for young families to share our retreat experience in a cozy relaxed setting. Most apartments have a small kitchen w/mini-fridge, countertop burner, microwave, limited dishes and cookware

Rooms include private bath, air conditioning, TV & coffee maker no elevator

APPLICABLE TO ALL ABOVE LODGING:
No additional room charge for children age 11 and younger staying
with parent or guardian

HOUSING GRATUITY AT GUEST DISCRETION

Rates for all facilities exclude incidentals and/or room damage

Important Lodging Information:

- Telephone Reservations: \$100.00 credit card or debit deposit due at time of reservation. Exception:
 Payment of deposit by check Lake Junaluska must receive check within 10 days of reservation or room will be released.
- Check-in: 4:00 p.m. on June 12 and Check-out: BEFORE 11:00 a.m. on June 14
- Cancellations made by May 28th will receive a refund of their deposit LESS \$15 /person fee.
- No refund for cancellations on or after May 29th.
- Photo-ID and Credit Card required of each guest at check-in.



Visit our website: www.wnccumw.org • Visit us on Facebook: www.facebook.com/wnccumw