Western North Carolina Conference

United Methodist Women

2018
Spiritual Growth Retreat
June 15-16 • Lake Junaluska, NC
Memorial Chapel: Open during the retreat for prayer and meditation. Our tradition to pray for each other continues - LEAVE your written prayer in the basket at the front of the Chapel and TAKE the prayer of another.

Retreat Check-in & On-Site Registration: 2:00-6:30 PM, Friday in the Harrell Center Auditorium and in Stuart Auditorium lobby before each session. Please register even if you are not staying on the Lake property.

Program Resources: Hours: 2:00-6:30 PM, Friday and 7:30-8:30 AM, Saturday - located in Harrell Center Auditorium. Reading Program books, study books, leadership aids and Gift to Mission cards will be available for purchase and will also include some free resources.

MISSION COORDINATOR DISPLAYS: Located in the Harrell Center Auditorium. Stop by and learn more about current issues and events important to and supported by United Methodist Women.

Meal Schedule at the Terrace and Lambuth Hotels:
Dinner: 5:00-6:30 PM  Breakfast: 7:00-8:30 AM  Lunch: 12:00-1:30 PM
Guests at Terrace, Hillside Lodge and Apartments dine at Terrace Guests at Lambuth Inn dine at Lambuth

*Thank you for allowing those with blue & burlap ribbons on their nametags to break line if needed as they are making your retreat happen.

An Offering for Mission Giving in honor of Deaconesses and Home Missioners – Past, Present, and Future will be taken during the Second Session. Checks should be made payable to WNCC UMW.
Dates to Remember in 2018

Mission u at Pfeiffer University – July 19-21
Learning Together for Transformation of the World
Registration form available at www.wnccumw.org
Must be received by July 5th


45th Annual Conference Celebration
Lake Junaluska September 14-16
Online Registration Opens June 18!

UBUNTU Day of Service
Locations across the Conferences
October 20, 2018
Online Registration opens July 1, 2018!

THE POWER OF BOLD LEADERSHIP:
Leadership Development Training for District Officers:
October 13, 2018 First United Methodist Church, Morganton,
Program Resources 8:00 – 9:00 a.m. Training 9:00 -12:30 p.m.

2018 Spiritual Growth Committee
Martha Efird, Chairperson, Julia Willis, Joanie Strom, Nancy Reigel, Linda Greer, Sibyl Long, Deborah Matthews, Renee Hayes, Carolyn Payne and Lorraine Burns
Jesus Calling by Sarah Young
April 5th Reading

Let Me fill you with My Love, Joy, and Peace. There are Glory-gifts, flowing from my living Presence. Though you are an earthen vessel, I designed you to be filled with heavenly contents. Your weakness is not a deterrent to being filled with My Spirit; on the contrary, it provides an opportunity for My Power to shine forth more brightly.

As you go through this day, trust Me to provide the strength that you need moment by moment. Don't waste energy wondering whether you are adequate for today's journey. My Spirit within you is more than sufficient to handle whatever this day may bring. That is the basis for your confidence! In quietness (spending time alone with Me) and confident trust (relying on My sufficiency) is your strength.

Thank you for silencing your electronic devices during all sessions.

Please feel free to use them for scripture reading and taking notes.
GLORY GIFTS: PEACE AT SUNSET
Session 1 – Friday, June 15th

Gathering Praise - 6:45 PM
Lindsay Megill, Song Leader
Justin Snyder, Accompanist

Welcome
Julia Willis
Conference President

Greetings from Lake Junaluska
Ken Howle
Executive Director, Lake Junaluska Conference and Retreat Center

Announcements and Introductions
Martha Efird
Conference Spiritual Growth Mission Coordinator

*Call to Worship
Martha Isenberg
Yadkin Valley District President

Leader:  LORD, we have come to the lakeshore to lay down our troubles and our weariness, to empty our weaknesses, our distractions, our selves before you. Our bodies are your earthen vessels humbly seeking to be filled anew.

All:  LORD, we pour out all that keeps us from you. Hear our cries, hear the cries of the hurting, the poor, the lost, and the innocent.

Leader:  LORD, let us be quiet, let us be still, let us trust, and let us surrender.

All:  LORD, come fill us! We are empty now. Fill us! Fill us with your peace, the peace of Christ, the peace of the Holy Spirit, your PEACE that surpasses all understanding. – Amen.

Opening Song:  *Siyahamba “Marching in the Light of God”  TFWS 2235

Prayer Calendar and Opening Prayer
Kelli Smith
Northern Piedmont District Spiritual Growth Mission Coordinator
**Special Music:** You Won’t Relent  
Jesus Culture  
Justin Snyder and Lindsay Megill

**Scripture Narratives:**  
OT: Genesis 21:8-20 & Isaiah 30:15a (NRSV)  
NT: Luke 1:26-30 (Msg) & 2 Corinthians 4:7 (NRSV)  
Lucy Earls  
Blue Ridge District Spiritual Growth Mission Coordinator

**Message:** Glory Gifts - Peace  
Dr. Rev. Suzanne G. Michael

**Retreat Song:** Peace Like a River  
TFWS 2145

* **Benediction**  
Katie Burns  
Vice President Appalachian District

**Postlude**  
A Mighty Fortress is Our God  
Arr. Carol Tornquist  
Justin Snyder

*Please stand as you are able.*

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The Lake Junaluska Singers in Concert

Following Evening Session  
Performance program included with retreat materials
GLORY GIFTS: MORNING GLORY
Session Two – Saturday, June 16th

Gathering Praise - 8:45 AM  Lindsay Megill, Song Leader
                         Justin Snyder, Accompanist

Announcements
Martha Efird

150 LEGACY Hiking to Legacy Land Legacy Ladies

*Call to Worship
Lorraine Burns
Appalachian District President

Leader: Look Holy Father! Behold, we gather this morning
to meet you.

All: Eagerly and earnestly we turn our faces to you. We
turn our hearts to you. Our arms unfold and open to
you like the unfolding morning flower showing her
beauty held within.

Leader: God of Glory, pour out your love!

All: We, like the flower, will catch your beams of radiant
love and drink your morning dew.

Leader: Fresh from our night’s rest, we have peace.

All: We received your peace - peace like a river and we
humble stand, yielding to receive all you give.
You give your word, you love, your Son and the
Holy Spirit. –Amen

Opening Song: The Gift of Love
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The United Methodist Hymnal

Prayer Calendar and Opening Prayer Barbara Crotts
Yadkin Valley District Spiritual Growth Mission Coordinator
Love Offering and Prayer

Offertory Oceans

*Offering Response: *Praise God, from Whom All Blessings Flow

Scripture Narratives: OT Ruth 1:1-19a The Message
NT Luke 1:39-47 NRSV

Message: Glory-Gifts “Hesed” Love

*Retreat Song: Peace Like A River

*Benediction

Postlude: I Sing the Mighty Power of God- Arr. Carol Tornquist

*Please stand as you are able.

**SCRIPTURE FOR THOUGHT & SHARING**

**JAMES 1:17-18 (NIV)**

Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows. He chose to give us birth through the word of truth, that we might be a kind of firstfruits of all he created.
GATHERING PRAISE

Gathering Praise - 10:15 AM
Lindsay Megill, Song Leader
Justin Snyder, Accompanist

ANNOUNCEMENTS
Martha Efird

CALLED TO WORSHIP
Carol Harper
Smoky Mountain District Spiritual Growth Coordinator

Leader: God you are great – we worship and adore you.
All: We worship and adore you. You are the source of our peace like a river and our love like an ocean.
Leader: In the midst of your presence, we overflow with gladness.
All: You fill us with your treasures – your Glory Gifts!
Leader: We came to you as one vessel. We surrendered to you letting our earthly trappings fall away.
All: Lord make us new. Melt us, mold us, shape us, fill us. We are your holy vessels, your holy instruments, your holy peace, your holy love and your holy joy. Let us be your Glory Gifts for YOU and for the world. – Amen

HYMN: Come Thou Fount of Every Blessing
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The United Methodist Hymnal

PRAYER OF CONFESSION AND ASSURANCE OF PARDON
Kay Jones
Metro District Spiritual Growth Mission Coordinator

Leader: We are precious to God, but have not perfect vessels of peace, love and joy. We confess our sins and shortcomings before God and one another. Let us pray:
All: We confess to you, all-knowing God, what we are. We are not the people we like others to think we are.
We are afraid to admit, even to ourselves, what we have allowed to fill our earthly vessel and burying our heart and soul. But we cannot hide our true selves from you. You know us and yet you love us.

Help us not to shrink from your peace, love, and joy. Teach us to respect ourselves for your sake and consequently for the sake of others.

Give us the courage be filled with endless trust in You.

Empty from us the paralysis of guilt, of numbness, complacency, fear, and insecurity and fill us with boldness such that we are your instruments -strong, loving, risk taking, praying, forgiven and forgiving women. Together we pray through Jesus Christ, your Holy Son, Amen.

Leader: We have asked for forgiveness. Friends, hear and believe the good news of the Gospel: In Jesus Christ we are forgiven. Thanks be to God.

Scripture Narratives: OT Psalm 21:1-7 NRSV & Jeremiah 18:1-6 NRSV
NT 2 Corinthians 4: 7-15 NRSV

Betty Hunt
Uwharrie District Spiritual Growth Coordinator

Message: Glory Gifts - Joy
Dr. Rev. Suzanne G. Michaels

Special Music: It Is Well
Lindsay Megill
Justin Snyder

Service of Holy Communion**
Dr. Rev. Suzanne G. Michael, Celebrant
Tracey Owens, Deaconess

Communion Music:
Justin Snyder & Lindsay Megill
O Come to the Altar; Come to the Table of Grace; Please Be Lifted Up

Prayer After Communion:
Joanie Stohm
Vice President Western NC Conf. United Methodist Women
Eternal God, we give you thanks for this holy mystery of communion through which we come into union with the Holy Spirit, Your Son Jesus Christ, and you through body and blood shed for us and given to us.

Grant that we go into the world in the strength of your Spirit, to give ourselves for others, to humbly help and humbly serve while always forwarding love, justice, mercy, and kindness in the name of Jesus Christ our Lord. Amen.

*Retreat Song: Peace Like a River

*Sending Forth

President Western NC Conf. United Methodist Women

Postlude: The Kingdom - André Thomas

*Please stand as you are able.

**The Gluten Free Station for Holy Communion near the organ.

- Special Thanks -

The Spiritual Growth Committee thanks the following for sharing their talents and gifts in preparing and delivering this spiritual growth retreat:

- All of the program participants
- All of the District Mission Teams for your help and support
- Members of the Conference Executive Committee
- The Lake Junaluska Assembly staff
- YOU for your dedication to United Methodist Women

Travelling Blessing

Romans 15: 13 (NIV)
May the God of hope fill you with all the joy and peace as you trust in him, so that you may overflow with hope by the power of the HOLY SPIRIT
RETREAT LEADER

Rev. Dr. Suzanne G. Michael

Suzanne was born in Hartsville, South Carolina. In 1970, her family relocated to Greensboro, NC. Over forty years ago, she married Jimmy Michael. They have been blessed with two sons who have multiplied their family with spouses and six grandchildren.

The UMW has deeply inspired and supported her journey to answer God’s calling into the ministry. In 1984, she became the President of her local United Methodist Women’s Unit. In 1986, she served as District Chair of Membership with the responsibility of training and developing leaders for membership growth and eventually served as the Chair of Membership for the United Methodist Women of the Western North Carolina Conference.

In 1995, Suzanne graduated as a member of the Beta Gamma Honor Society from The Bryan School of Business at The University of North Carolina at Greensboro with a degree in Business Management concentrating in Human Resources with a minor in Psychology. In 2000, she received her Master of Divinity from The Divinity School of Duke University. She is a recipient of the Georgia Harkness, Ernestine L. Penry, Ed and Dewey Boswell and Clyde Tesh Scholarships. In 2014, she became the first recipient of the Doctor of Ministry in Leadership degree from Duke University. Suzanne is an ordained Elder in the United Methodist Church and a member of the Western North Carolina Conference. She is also a Fitzgerald Scholar through the Board of Global Ministries and a trained Church Planter.

She is presently, the senior pastor of New Hope United Methodist Church in Winston Salem, NC. She continues to seek and explore ways to participate in ushering in the reign of God in her present age.

She served as a volunteer in missions to Jamaica and Mexico. She is an avid reader of current events, books, and magazines. She loves to make homemade ice cream, work on the family mountain farm, and step ankle deep into the ocean.
MUSICIANS

Justin Snyder: Musician

Originally from Climax, North Carolina, Justin now calls Concord home. He graduated from Pfeiffer University with a B.A. in Music Education with a concentration in Piano and Voice. While at Pfeiffer, he was a UMW scholarship recipient. Justin has served as a pianist and music director in the church for 12 years. In addition to currently serving as the Director of Music Ministry at Forest Hill United Methodist Church, he is also the Choral Director at West Rowan High School. Justin believes that music is a vehicle to show the Love of God and is excited to share in this weekend with many of the women who have supported him in ministry. He is a life-long Methodist and is proud supporter of Reconciling Ministries. Justin is grateful for the witness of the UMW through their faith, love, and action within the community and the world.

Lindsay Megill: Song leader

Lindsay, a Pfeiffer University graduate, is currently residing in Charlotte. She has a B.A. in Music, with a concentration in voice, and a minor in Christian Education. Lindsay is still an active member of the Festival Singers, a chamber choir of the Carolina Voices. She has served as the Assistant Director of Music at McGill Baptist Church for eight years. She enjoys leading the children and youth music ministries, as well as leading praise and worship services. Lindsay’s home church is Central UMC in Albemarle and she continues to be grateful for the love, support, and opportunities they have given her as a foundation for her faith.
The Lake Junaluska Singers

The Lake Junaluska Singers were formed in 1954, and their legacy includes national, and international performances for conferences, dignitaries and major events. Their music ranges from classical choral and contemporary works to gospel, folk, traditional hymns, and musical theatre. This 16-voice, award-winning ensemble is led by Mary Huff, director, and Kathy Geyer McNeil, associate director.

Mary Wannamaker Huff: Lake Junaluska Singers Director

In her second season leading the singers, Mrs. Huff is Associate Director of Music and Artistic Director of the New York City Children’s Chorus at Madison Avenue Presbyterian Church in New York City. As a conductor, pedagogue, and organist, she has extensive experience working with choirs of all ages, specializing in children’s choirs. Ms. Huff graduated *cum laude* from Furman University in 1999 and continued her musical studies at Yale University with further post-graduate studies in music education at Westminster Choir College. She was Director of Children’s Choirs at the Church of St. Ignatius Loyola in New York City from 2004 to 2012 where she developed one of the finest Catholic, graded children's choir programs in the country. She is currently on the Executive Board of the Presbyterian Association of Musicians and past Secretary of the American Guild of Organists (New York City Chapter). Ms. Huff is married to Canadian organist and conductor, Andrew Henderson, and they have two energetic, musical boys.
While at Lake Junaluska

- Visit Memorial Chapel for prayer and meditation.
- Browse through the materials available in the Program Resources area and purchase books and supplies for yourself and your unit.
- Enjoy the peace and beauty of the Susanna Wesley Garden.
- Sit at the foot of the Junaluska Cross or Amphitheater to rest, meditate, and worship, and thank God for His creation.
- Stroll around the lake on the walking trail.
- Enjoy the fragrance and beauty of the roses.
- Fellowship with your sisters in Christ. Make new friends while cherishing your old friends.
The PURPOSE of United Methodist Women

The organized unit of United Methodist Women shall be a community of women whose PURPOSE is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.

Visit our Conference UMW Website:

www.wncccumw.org