Spiritual Growth Retreat

United Methodist Women
Western North Carolina Conference
June 13-14, 2014
Lake Junaluska, North Carolina
Memorial Chapel is open during the retreat for a time of prayer and meditation. Open your mind and heart to the renewing Spirit of God's hope. You may place your prayer request in the basket and take a request to give the gift of prayer to another.

Registration is in Harrell Center Auditorium from 1:00-6:30 PM on Friday and before each session in Stuart Auditorium lobby. All are urged to register even if you are not staying on the Lake property.

Program Resources is beside Registration downstairs in Harrell Center Auditorium. Reading Program books, study books, leadership helps and Gift to Mission cards are there for purchase as well as free items. It will be open 1:00-6:30 PM on Friday and 7:30-8:30 AM on Saturday. Stop by and check out the resources and view the displays.

Meal Schedule at the Terrace and Lambuth Hotels:*  
Dinner: 5:00-6:30 PM  Breakfast: 7:00-8:30 AM  Lunch: 12:00-1:30 PM
*Please allow those with ribbons on their nametags to break line if needed. They have duties for the retreat. Thank you.

An Offering for Mission Giving will be taken during the Second Session. Checks should be made payable to WNCC UMW.

Dates to Remember in 2014:
Mission u at Pfeiffer University, July 17-20
Conference Annual Meeting at Lake Junaluska, September 5-7
Training for District Officers at First UMC, Granite Falls, October 11
Joy is the net of love in which you can catch souls.

Mother Teresa

2014 Spiritual Growth Committee
Sandy Hieronymus - Chairperson, Ann Aldridge, Darlene Gardner, Renee Hayes, Tonya Lanier, Martha Phillips, Jatana Royster, Julia Willis, and Rebecca Wright

Thank you for silencing your electronic devices during all sessions. Please feel free to use them for scripture reading and taking notes.
Joy - Session One - June 13

Gathering Praise - 6:45 PM
James R. Jones and Dr. Patrick A. Scott

Welcome
Tonya Lanier
Conference President

Greetings from Lake Junaluska
Rev. Dr. Jack Ewing
Executive Director, Lake Junaluska Conference and Retreat Center

Announcements and Introductions
Sandy Hieronymus
Conference Spiritual Growth Mission Coordinator

Introit: *Hand Me Down My Silver Trumpet - Joy Webb

*Call to Worship from Psalm 100
Sandrea Williamson
Dean, Mission u

Shout for joy to the Lord, all the earth.
Worship the Lord with gladness; come before him
with joyful songs.
Know that the Lord is God. It is he who made us,
and we are his people, the sheep of his pasture.
Enter into his gates with thanksgiving and his courts
with praise; give thanks to him and praise his name.
For the Lord is good and his love endures forever; his
faithfulness continues through all generations.
Come, let us worship the Lord with joy in our hearts.

*Hymn: Joyful, Joyful We Adore Thee

Page 89
The United Methodist Hymnal

Prayer Calendar and Opening Prayer
Carolyn Briggs
Uwharrie District Spiritual Growth Mission Coordinator

Anthem: Where Shall I Go From Your Spirit - Kenny Potter

Scripture: Joshua 24:15
Jatana Royster
Conference Membership Nurture and Outreach Mission Coordinator

Message: God is God, Not Them
Rev. Tiffany Thomas
The United Methodist Hymnal

Hymn: To God Be the Glory

Benediction

Patsy McNeely
Catawba Valley District Spiritual Growth Coordinator

Postlude: "Go Down Moses" from A Symphony of Spirituals

arr. Joel Raney

*Please stand as you are able.

The Junaluska Singers in Concert

Saturday, June 14
Morning by the Lakeshore - 7:45 AM - 8:15 AM
Gather under the tent for a time of meditation, reflection and prayer. The chapel will be used if raining.

Joy - Session Two - June 14
Gathering Praise - 8:45 AM

James R. Jones and Dr. Patrick A. Scott

Announcements

Sandy Hieronymus

Introit: I Sing the Mighty Power of God - arr. Michael Bedford
(The congregation is invited to sing the final stanza.)

There's not a plant or flower below, but makes thy glories know.
And clouds arise, and tempests blow, by order from thy throne;
While all that borrows life from thee is ever in thy care;
And ev'rywhere that I could be, thou, God, art present there.
Praise to the Lord our shepherd, who gives us all we need for life.  
We are fed in green pastures;  
we are washed in the calm waters of God's goodness.  
God leads us on our path to life  
and comforts us in the dark valley.  
The Lord spreads a table for us before our enemies  
and anoints us with healing oil.  
The cup of God's blessing overflows for us;  
God restores our life.  
We will dwell in God's house our whole life long.  Alleluia!

*Hymn:  Lord, You Have Come to the Lakeshore  Page 152
The United Methodist Hymnal

Prayer Calendar and Opening Prayer  
Tracey Owens  
Blue Ridge District Spiritual Growth Mission Coordinator

Love Offering and Prayer  
Martha Phillips  
Conference Treasurer

Anthem:  All Things Bright and Beautiful - arr. John Rutter

*Doxology

Scripture:  II Corinthians 12:8-10  
Shirley Hafey  
Metro District Spiritual Growth Mission Coordinator

Message:  God is God, Not Me  
Rev. Tiffany Thomas

*Hymn:  Here, I Am Lord  Page 593
The United Methodist Hymnal

*Benediction
Margaret Hardy  
Northern Piedmont District Spiritual Growth Mission Coordinator

Postlude Improvisation  
Dr. Patrick A. Scott

*Please stand as you are able.
Gathering Praise - 10:15 AM      James R. Jones and Dr. Patrick A. Scott

Announcements            Sandy Hieronymus

*Call to Worship from Psalm 32 and 107        Julia Willis
Conference Vice President

O give thanks to the Lord, who is good;
whose steadfast love endures forever.
Let the redeemed of the Lord tell their story,
those whom God has redeemed from trouble.
Be glad in the Lord and rejoice, O righteous,
shout for joy, all you upright in heart.
Come, let us worship the Lord.

*Hymn:  Great is Thy Faithfulness        Page 140
The United Methodist Hymnal

*The Creed:  The Iona Creed - Page 8        Ann Aldridge
Conference Secretary of Program Resources

*Gloria Patri

Prayer of Confession and Assurance of Pardon  Renee Hayes
Conference Social Action Mission Coordinator

Leader:  We cannot change what we do not confess.
Hear us, O God, as we confess the ways that we have failed you.

All:  Gracious God, forgive us for weeping without work,
for love without labor, for prayer without action.

There is anger, fear, and pain in our
nation and neighborhoods, schools and souls -
forgive us for failing to respond with love to help and heal it.

Guide us in your ways of peace and love, justice
and joy, forgiveness and faithfulness.
Help us now to turn in a new direction, trusting that
your hand will lead us and your vision will guide us.  Amen
Leader: We have asked for forgiveness. Friends, hear and believe the good news of the Gospel: In Jesus Christ we are forgiven. Thanks be to God.  
(adapted from National Observance of Children's Sabbaths, 2013)

Hymn of Preparation: *Take, O Take Me As I Am* Page 3119  
(sing twice, remain seated) *Worship & Sing*

Scripture: Psalm 6:1-10 Darlene Gardner  
Yadkin Valley District President

Message: *God is God, Thank God!* Rev. Tiffany Thomas

Service of Holy Communion Rev. Amy Coles  
Maureen Carr, Deaconess

Communion Music: *Here, I Am Lord* - arr. Craig Courtney  
*For the Beauty of the Earth* - Mark Patterson

Prayer After Communion:  
Faithful God,  
in baptism you have adopted us as your children,  
Made us members of the body of Christ  
and chosen us as inheritors of your kingdom.  
We thank you that in this Holy Meal  
you renew your promises within us,  
empower us by your Spirit to witness and to serve,  
and send us out as Jesus' disciples.  
in and through his name do we pray. Amen

*Hymn: *Go To the World* Page 9

*Sending Forth* Tonya Lanier

Postlude

*Please stand as you are able.*
The Iona Creed

We believe that God is present in the darkness before dawn; in the waiting and uncertainty where fear and courage join hands, conflict and caring link arms, and the sun rises over barbed wire.

We believe in a with-us God who sits down in our midst to share our humanity.

We affirm a faith that takes us beyond a safe place: into action, into vulnerability and onto the streets.

We commit ourselves to work for change and put ourselves on the line; to bear responsibility, take risks, live powerfully and face humiliation; to stand with those on the edge; to choose life and be used by the Spirit for God’s new community of hope.

Amen

Worship Note: Iona is an island off the coast of Mull which is off the west coast of Scotland. The Iona community believe that worship is all we are and all we do, both inside and outside church.
Go To the World

SINI NOMINE

Go to the world! Go into all the earth.
Go preach the cross where Christ renews life’s worth,
Baptizing as the sign of our rebirth.
Alleluia, Alleluia

Go to the world! Go into every place.
Go live the Word of God’s redeeming grace.
Go seek God’s presence in each time and space.
Alleluia, Alleluia

Go to the world! Go struggle, bless and pray;
The nights of tears give way to joyous day,
As servant Church, you follow Christ’s own way.
Alleluia, Alleluia

Go to the world! Go as the ones I send,
For I am with you ‘til the age shall end,
When all the hosts of glory cry “Amen!”
Alleluia, Alleluia

This is to my Father’s glory, that you bear much fruit,
showing yourselves to be my disciples.

“As the Father has loved me, so have I loved you. Now remain in my love. If you keep my commands, you will remain in my love, just as I have kept my Father’s commands and remain in his love. I have told you this so that my joy may be in you and that your joy may be complete.” John 15:8-11 (NIV)
- Special Thanks -

The Spiritual Growth Committee would like to thank the following individuals and groups for sharing their talents and gifts for this meeting:

- Reverend Amy Coles, Smoky Mountain District Superintendent, for being our celebrant for communion
- The special musicians: Nancy Hamff, flute; Julia Winegardner, violin; and Brian Winegardner, trumpet
- All of the program participants
- All of the District Mission Teams for your help and support
- Members of the Conference Executive Committee
- The Lake Junaluska Assembly staff
- YOU for your dedication to United Methodist Women

Thank you for sharing in this Spiritual Growth Retreat.

Program Participants

**Reverend Tiffany Thomas - Retreat Leader** - Tiffany was born May 16, 1986, in Columbus, Ohio. Tiffany answered her call to ministry at the age of 15. In 2008, she graduated from Spellman College. She was sixth in her class, earning a Bachelor of Arts degree in Political Science. Tiffany earned her Masters of Divinity from Duke Divinity School in 2011. Upon graduating from Duke University, she became an associate minister at Christ United Methodist Church, New York, New York. Since 2012, she has been serving as Local Pastor at South Tryon Community Mission, Charlotte, North Carolina. She molds her life around her strong belief that we are all called to be agents of social and spiritual change. The overall message title for all three sessions of the retreat is *Going Steady: When a Woman says Yes to Her God.*
Women's Choir, Myers Park UMC

James R. Jones - Director of Music - Since Jimmy's coming to Myers Park UMC, Charlotte, North Carolina, in 2010, the music program has grown to include over 200 participants in six adult choral ensembles, four youth and children's ensembles, and three instrumental groups. Jimmy received a Bachelor of Music degree from The University of North Carolina School of the Arts and a Master of Music degree in Choral Conducting from The University of North Carolina at Greensboro. In addition to his church work, Jimmy appears in both recitals and concerts with symphony orchestras throughout the United States and abroad.

Dr. Patrick A. Scott - Music Associate and Organist - Patrick holds a Bachelor of Music degree from Birmingham-Southern College, Masters of Sacred Music and Organ Performance, as well as a Doctor of Musical Arts in Organ Performance, both from The University of Texas at Austin, where he was a student of Judith and Gerre Hancock. An active recitalist and accompanist, Patrick has appeared in concerts throughout the United States, as well as in France, Prague, Austria, Scotland, England, and Ireland. Patrick joined the music staff at Myers Park UMC, Charlotte, North Carolina, in 2012.
The Women's Choir of Myers Park UMC was formed by Walter Ball in 1994 as a choir for the UMW banquet. Later that year, Doris Edwards and Cissy Shull agreed to serve as director and accompanist. As it grew, the choir continued to provide leadership in worship and music for UMW events and other groups. In 2010, Doris and Cissy were honored with a commission of an anthem, The Hands That First Held Mary's Child, by Dan Forrest, as they retired from the leadership of the ensemble. Jimmy Jones, Director of Music, assumed the role of director at that time. The Women's Choir maintains an active social calendar with weekly lunches every Monday and an annual Christmas Party in early December. The choir provides monthly leadership in worship services. The choir has also performed in various venues throughout the community and North Carolina. All women are welcome to join the choir and experience sacred music of varying styles while enjoying a group rich in fellowship and joy.

Jesus
Others
Yourself

As long as you keep the order right, the JOY of the Lord will be yours to enjoy and share forever.
Notes for Session One
God is God, Not Them
Notes for Session Two
God is God, Not Me
Notes for Session Three
God is God, Thank God!
While at Lake Junaluska

- Visit Memorial Chapel for prayer and meditation.
- Browse through the materials available in the Program Resources area and purchase books and supplies for yourself and your unit.
- Enjoy the peace and beauty of the Susanna Wesley Garden.
- Sit at the foot of the Junaluska Cross or Amphitheater to rest, meditate and worship, and thank God for His creation.
- Stroll around the lake on the walking trail.
- Enjoy the fragrance and beauty of the roses.
- Fellowship with your sisters in Christ. Make new friends while cherishing your old friends.

The PURPOSE of United Methodist Women

The organized unit of United Methodist Women shall be a community of women whose PURPOSE is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.

Visit our Conference UMW Website:

www.wnccumw.org