

THE UMW APP – CONNECTED!

The Appalachian District Newsletter, Winter 2014

WELCOMED BY GOD.... Welcoming All

President

Do you look back at 2014 or earlier and wish you had done this or that differently? I know I certainly do. Well here is the good news...that does not matter! We have a shiny new year ahead of us and we can make it what we and our very special United Methodist Women units want it to be! Make a plan and do it.

Wish you had done a few extra things to become a Mission Today unit?? Well start now and plan to accomplish that!

Feel like you missed an opportunity to invite a new member to visit or join? Well NOW is the time. Pick up that phone, send that email, text that message, better yet; meet her for a cup of tea, coffee, or...you name it.

Out of ideas on programs, or mission projects or how to approach individual unit concern? Guess what, you have an entire district officer team ready and eager to support you in any way you need. Look at the list of Nurturing Partners and give yours a call. Her contact information is included with all officer contact information in this newsletter. Want to contact someone else listed? Go ahead. The only thing you can do wrong is to not ask for help if you need or want it.

Finally, do look at the calendar of opportunities your District and Conference teams have planned for you. The Title and theme of the 2014-2015 Program Book is **WELCOMED BY GOD.... Welcoming All**. That will also be the theme you will find in your Appalachian District 2015 events. Pick at least one, but better yet several, and come experience mission with your United Methodist Women sisters who truly welcome you.

Join us in coming together to put Faith Hope and Love in action for women, children and youth.

It's your year...use it!

Nancy Reigel
President



Look inside this Newsletter to find:

- *Information and Registration form for the District Mission Study*
- *Information and Registration form for the District Prayer Breakfast*
- *Information about the 2015 Spiritual Growth Retreat*

Mission Education and Interpretation

MISSION STUDY: Saturday, March 21 at FUMC-Lenoir

Mark your calendar! Number 4 on the Mission Today list states that you participate in a Mission Study. You can satisfy this requirement by attending our district Mission Study. The study topic is "The Church and People with Disabilities" and will be led by the Rev. Jaylynn Byassee and assisted by Rev. Carol Morgan. Rev. Byassee is WNNC [Director of Mission Pathways](#) and taught "The Church and People with Disabilities" class at 2014 Mission u; Rev. Morgan attended this class at Mission u and has taught several Mission Studies on this topic. She is the Chaplain at J. Iverson Riddle Center. We are very excited that also there will be a Mission Study at the same time for children and youth 6 years old and older. Tammy Bush from First-Lenoir will be leading this study.

Reservations must be made by March 11. Look for more details included in this newsletter! Come and bring your children!

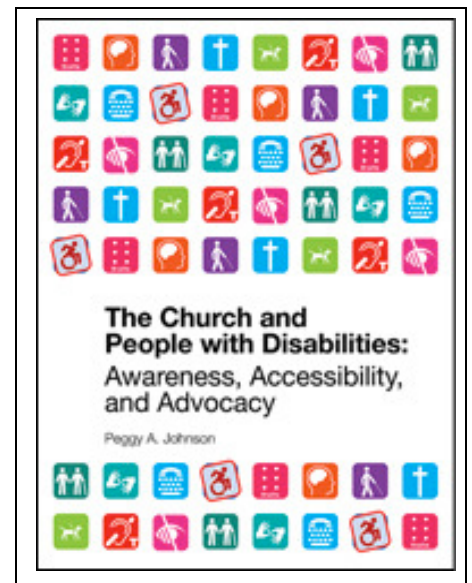
Hands-On projects for the Mission Study on March 21 will be UMCOR School Kits and gifts for the J. Iverson Riddle Center in Morganton, N.C. (Formerly, Western Carolina Center). It is the state operated developmental center for 37 counties in the western portion of the state and provides services and supports to individuals with intellectual and developmental disabilities who have complex behavioral challenges and/or medical conditions. **Their needs which you may bring to the Mission Study include the Hands-On Mission Items listed on the registration form.**

Congratulations! In 2014, our district collected items for the Granite Falls Soup Kitchen, 117 sewing kits, 87 school kits, 22 layette kits, 6 bedding kits, 2 health kits, plus \$601.00 in monetary gifts. The total value of the kits and the money combined is over \$5,000.00. Way to go, Sisters! Participating in Hands-On Mission Projects satisfies #22 on the Mission Today List.

Our projects for the Prayer Breakfast in April will be UMCOR Sewing Kits and UMCOR Health Kits. *Please remember to include \$1.00 for shipping each kit and please do not put the money or checks inside the bags. Checks should be made payable to UMCOR-Sager Brown. Also, please prepare kits exactly as described and do not include extra items as they must be removed prior to shipping the kits.* You may find a listing of the kit contents by going to the UMCOR website: umcor.org or by scrolling down to the green rectangle on our new Western North Carolina Conference UMW website: wnccumw.org.

Remember to use your Prayer Calendar to pray for and communicate with our Mission Personnel in the Mission Field (Mission Today list #13). To assist you with this, it will again be my goal each week to list the names and contact information from the Prayer Calendar on our Appalachian District Facebook page which you may find by typing "Appalachian District UMW." Nancy will post this on our webpage as well as www.appumw.com. This is not intended to replace your Prayer Calendar but to enhance your usage of it.

~ Linda Greer Mission Education and Interpretation Coordinator



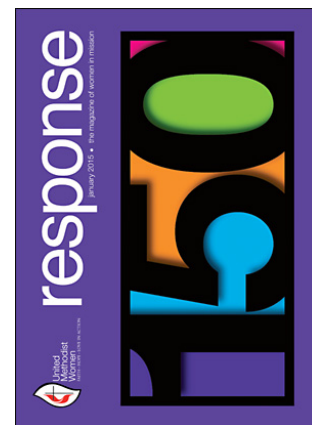
Vice President

Happy New Year! If you are new to your role as Vice President I want to encourage you to have the following items on hand:

Program Book
Prayer Calendar
response magazine subscription
Call to Prayer & Self Denial Packets
Handbook

These items will help you with program planning and any of the Mission Coordinators you may be doing also. In an effort to appeal to more women try to alternate your programs; have a speaker or program one month then the next month have an action meeting - assembling UMCOR kits, hands on projects for Bethlehem Community Center or a local agency, or getting ready for fundraisers. Be sure to make note of all District and Conference dates, you don't want to miss any of them.

~Lorraine Burns
Vice President



Spiritual Growth

Our District Prayer Breakfast is often the most anticipated and treasured gathering we have in the district during the year. This year should be no exception. With the theme “WELCOMED BY GOD, Welcoming All” it is designed to feed your spirit and, yes, your body as well.

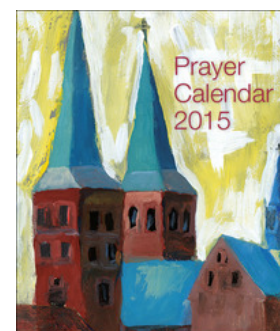
We will be gathering at Bethlehem United Methodist Church in Statesville. Driving instructions are included on the flyer you will find in this newsletter. And please extend a BIG THANK you to the members of the Bethlehem United Methodist Women for their warm hospitality and the generosity of their kitchens. So that they will know how much to prepare please make sure you complete and mail in your registration form and check to Pratt Davis our District Treasurer.

Our speaker, Reverend George Ragsdale of First Belmont UMC led this year’s Mission u Spiritual Growth Study “*How is it With Your Soul?*” In the process he led us through some true soul lifting insights, reflections and meditations seasoned with moments of joy and revelation. Be prepared to experience the same.

Be prepared also to join your United Methodist Women sisters in song and worship. Nothing is as sweet as the sound of United Methodist women with their voices raised in song.

As our custom, we will also lift up in prayer and commemorate those United Methodist Women who have left us for greater glory during this past year. To make sure we have all the names of those who should be honored, please complete the form also included in this newsletter and mail it to Robin Scott.

Along with information about our first district events, you will also find a flyer about the conference Spiritual Growth Retreat, scheduled for June 12, 13. The theme is “Love as God Loves” with a speaker very close to our hearts, Reverend Toni Ruth Smith, daughter of our own Martha Phillips, Conference Treasurer and a member of the Appalachian District UMW. Registration starts on February 1 so sign up now!



Blessing to you all, very special members of United Methodist Women.

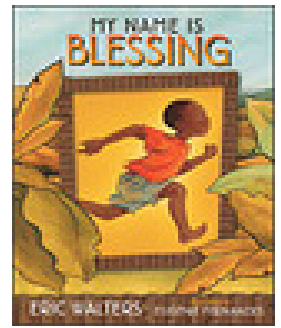
Program Resources

Program Resources are just that: RESOURCES for you and your unit to USE to help you understand, explain and carry out the mission you want accomplish, putting the Purpose into action.

USE the Prayer Calendar – It is a Resource for daily scripture passages and reminders of the persons in mission, OUR mission.

USE the Program Book, as a RESOURCE not as a prescriptive. Find and use those parts that fit the personality of your unit or circle; yes individual units/circles certainly do have distinct personalities. And with the current Program Book theme Welcomed by God, then a command for us: WELCOMING ALL, how can we not find powerful materials to guide our units. Just think, if we put that into action, what a difference we will make.

These are just two of the many resources you will find available at our District Mission Study in March and Prayer Breakfast in April. They will be there, you just need to get them and USE them.



Nominations

Greetings from the Appalachian District Committee on Nominations!

Winter! A time for reflection and renewal of Spirit! A new beginning of a new year to serve! As we begin 2015, we realize that God has great plans for us in Mission through United Methodist Women. As we "Welcome All", let us remember the tasks we have in keeping our District and our Local Units alive and well in Mission. 2 Corinthians 9:12 states, "This service that you perform is not only supplying the needs of the Lord's people but is also overflowing in many expressions of thanks to God." (NIV) Let us not grow weary but remain steadfast. As I write this, we need a secretary for our Appalachian District UMW. Our installed secretary has resigned due to medical concerns. We also need someone to fill the Program Resource position. Please pray about these two areas of need and help us seek a willing servant of God to give of their time and talent.

Blessings and Peace,

Sherry Summerlin, CON Chair
sherrysummer@charter.net

Historians

Do you know when your unit was formed? I'm looking for the three oldest units. How many persons were on the charter? How many are on your role now? This is local history. Why not put this information in your Churches newsletter. See how many folks can name the person's on your charter? Should your unit disbanded I hope your keeping your history. There might be a time when future generations would like to re-organize.

RoAnn Cox

Social Action

To my sisters in Christ,

United Methodist Women are again focusing on Human Trafficking, Domestic Violence, and Immigration Reform. As Christians we are called to help the poor and the weak; those who have been marginalized and exploited. As United Methodist Women we are committed to being a voice for women, children, and youth worldwide. Human trafficking preys on the poor and with 70% of the world's poor being women it's easy to see how they can be taken advantage of when they are trying to find a better life for themselves and their families. I would like to share a few statistics with you:

Human trafficking is second only to the drug trade in criminal activity in the world with \$9.5 billion dollars being generated in the United States alone.

800,000 people are trafficked worldwide each year

14,500 – 17,500 are trafficked into the US each year with 50% of those being children

There are currently 12.3 million victims of trafficking in the US, this number includes adults and children involved in forced labor, bonded labor, and forced prostitution.



We need to remember that these statistics represent real people, whether around the corner or around the world, who are our neighbors.

I invite you to attend the District Mission Study on March 21 at First United Methodist Church in Lenoir where Kimberly Rae will be on hand to pass out flyers and answer questions on human trafficking. Kimberly is an author, speaker, and abolitionist and I am excited beyond words that she has agreed to join us before the Mission Study. I'm looking forward to seeing you all there.

Blessings,

Kimberly Smith

kimsmith@wilkes.net

Sources:

US Dept. of Health and Human Services

US Dept. of Justice

*Come meet and learn about human trafficking first hand from Award-winning, bestselling author, **Kimberly Rae** at the District Mission Study.*

Rae, loves to help people fight human trafficking and live joyfully despite chronic illness. She has been published over 300 times and has worked in 5 languages.

*Rae has lived in Bangladesh, Uganda, Kosovo and Indonesia. Rae's 3 books in her **STOLEN SERIES** on human trafficking (*Stolen Woman, Stolen Child, Stolen Future*) all are Bestsellers.*

United Methodist Women stands against the exploitation of those forced to submit to civil injustice as a result of their basic needs or position in society.

Treasurer

Making a Difference

Greetings and Blessings for the New Year 2015. It is an honor to begin serving as your District Treasurer. I look forward to meeting you and working together as we answer our call to minister to women, children, and youth around the world. I am a United Methodist Woman who loves to tell people that I belong to the largest group of organized women in the world. I also love the way my dollars given to missions are multiplied by the giving of all Methodist Women. Together we do unbelievable things to improve the lives of women, children, and youth. It has not been my ability to serve in the mission field, but I can make it possible for others to go into service. Through my gifts, I can participate in personally touching the lives of many. If we keep our eyes on the goal of making a difference in the lives of women and children \$1 at a time, we can help make a joyful life possible for many people. I hope you will join me in committing to give an extra \$1(or more) every time we have an opportunity to give. Together we can make a difference.

Local Treasurers will be compiling the first quarter giving reports in February. Please let me know if I can help you in any way.

Pratt Davis
District Treasurer



Membership Nurture and Outreach

MENTOR ONE MEMBER

Your Appalachian District team has adopted the UMW Western North Carolina Conference 2015 goal as our own goals for this New Year: Strengthen Membership Through education and Communication. In most of our local unit visits last year you were inquiring how to grow your membership. Two of the 2015 strategies focus on membership specifically:

- 1. Use local unit visitations to form relationships with members, face to face and all electronic means.**
- 5. Encourage each UMW member to mentor at least one person to become an active member.**

We need your help to achieve our goals. You can find out more about our district goals and how your unit can get involved by asking your Nurturing Partner to visit your unit (LUV=local unit visit). (See Nurturing Partner List.) Your Nurturing Partner /District Officer is the contact person or liaison for the United Methodist Women of each unit to the district team. She will contact your local unit/church and request a time to visit. This visit will allow your unit a time to ask questions and to be informed of upcoming events. She will make herself and her fellow team members available to you for programs, resources and most of all, to listen and carry the concerns and suggestions of your unit to the district and conference teams. In general, allow open communications about mission programs of UMW. This open line of communications is vital to the growth and health of United Methodist Women.

Your 2015 Mission for Membership begins with you by planning to attend and bringing a friend to every local, district and conference event. We'll be looking for you at your local unit, the District Mission Study, March 21st and the Prayer Breakfast, April 25th.

Margo Bowman, MNO
margobjk1930@embarqmail.com
828-396-7852 or 828-499-0077

Church/Unit	Nurturing Partner
Altamont	Nancy Reigel
Antioch	Beverlee Scott
Arbor Grove	Marjorie Wiggins
Banner Elk	Nancy Reigel
Barbara Heck	
Baton	Margo Bowman
Beaver Creek	Margo Bowman
Bethany	Marjorie Wiggins
Bethel	Sherry Summerlin
Bethelview	Nancy Reigel
Bethlehem	Linda Greer
Boone	Marjorie Wiggins
Broad Street	Nancy Reigel
Burgess Chapel	Lorraine Burns
Calvary	Nancy Reigel
Carson's Chapel	RoAnn Cox
Cedar Valley	Margo Bowman
Chapel Hill	Linda Greer
Charity (Elkin)	Kimberly Smith
Charity (Millers Creek)	Marjorie Wiggins
Chestnut Hill	Pratt Davis
Christ Boulevard	Linda Greer
Clarksbury	Cheryl Maner
Clifton	Nancy Reigel
Colliers	RoAnn Cox
Cool Spring	Traci Snyder
Cox Chapel	Pratt Davis
Creston	Pratt Davis
Crossfire	Marjorie Wiggins
Deerfield	Nancy Reigel
Dunkirk	Marjorie Wiggins
Ebenezer (Elkin)	Beverlee Scott
Ebenezer (Granite Falls)	RoAnn Cox
Elk Park	Nancy Reigel
Eschol	Marjorie Wiggins
Fairmount	Cheryl Maner
FaithBridge	Nancy Reigel
First (Elkin)	Beverlee Scott
First (Granite Falls)	Robin Scott
First (Jonesville)	Kimberly Smith
First (Lenoir)	Lorraine Burns
First (North Wilkesboro)	Linda Greer
First (Taylorsville)	Sherry Summerlin
First (Troutman)	Traci Snyder
Friendship (Boone)	Nancy Reigel
Friendship (Statesville)	Cheryl Maner
Gamewell	Lorraine Burns

Church/Unit	Nurturing Partner
Grace Chapel	Robin Scott
Grassy Creek (Grassy Creek)	Pratt Davis
Grassy Creek (State Road)	Kimberly Smith
Green Hill NC	Margo Bowman
Green Valley	Pratt Davis
Harmony	Cheryl Maner
Harper's Chapel (Patterson) NC	Margo Bowman
Harper's Chapel (Lenoir)	Lorraine Burns
Helton	Pratt Davis
Henson's Chapel	Nancy Reigel
Hiddenite	Robin Scott
Hudson	Lorraine Burns
Jefferson	Marjorie Wiggins
Jonas Ridge	Nancy Reigel
Lansing	Beverlee Scott
Liberty (Banner Elk)	Nancy Reigel
Liberty (Hiddenite)	Robin Scott
Linville	Nancy Reigel
Little Laurel	Pratt Davis
Littlejohn	RoAnn Cox
Mabel	Nancy Reigel
Macedonia	Cheryl Maner
Maple Springs	Kimberly Smith
Marvin	Pratt Davis
Midway	Traci Snyder
Millers Creek	Marjorie Wiggins
Minneapolis	Nancy Reigel
Monticello	Linda Greer
Mount Bethel (Hickory)	Sherry Summerlin
Mount Bethel (Turnersburg)	Cheryl Maner
Mount Hermon	Sherry Summerlin
Mount Olivet NC	Margo Bowman
Mount Zion (Lenoir)	Margo Bowman
Mount Zion (Piney)	Pratt Davis
Mount Zion (Spruce Pine)	Nancy Reigel
Mountain Park	Kimberly Smith
Mountain View	Traci Snyder
Nathan's Creek	Beverlee Scott
New Salem	Traci Snyder
Newland	Nancy Reigel
North Caldwell	Margo Bowman
Olin	Cheryl Maner
Philadelphia	Linda Greer
Pine Grove	Nancy Reigel
Piney Creek	Pratt Davis
Piney Grove	Kimberly Smith

Church/Unit	Nurturing Partner
Pisgah (Hiddenite)	Linda Greer
Pisgah (Linville Falls)	Nancy Reigel
Pleasant Valley	Nancy Reigel
Providence	Traci Snyder
Rhodhiss	Lorraine Burns
Roaring River	Kimberly Smith
Rocky Springs	Robin Scott
Rose Chapel	Linda Greer
Sandy Ridge	Cheryl Maner
Scott's Chapel	Linda Greer
Shiloh (Lenoir) NC	RoAnn Cox
Shiloh (Sparta)	Pratt Davis
Shiloh (Statesville)	Traci Snyder
Smethport	Nancy Reigel
Smith Memorial	Margo Bowman
Snow Creek	Traci Snyder
South River	Sherry Summerlin
Sparta	Kimberly Smith
Stony Point	Robin Scott
Sutherland	Beverlee Scott

Church/Unit	Nurturing Partner
Temple Hill	Kimberly Smith
Transou	Beverlee Scott
Trinity (Lansing)	Beverlee Scott
Trinity (Lenoir)	Lorraine Burns
Trinity (Statesville)	Traci Snyder
Union	Marjorie Wiggins
Union Grove	Traci Snyder
Valle Crucis	Nancy Reigel
Vance Memorial	Nancy Reigel
Warrensville	Nancy Reigel
Wesley Chapel (Hamptonville)	Traci Snyder
Wesley Chapel (Troutman)	Linda Greer
Wesley Memorial	Kimberly Smith
Wesley's Chapel (Elkin)	Kimberly Smith
West Jefferson	Marjorie Wiggins
White Rock	Kimberly Smith
Whitnel	Margo Bowman
Wilkesboro	Marjorie Wiggins
Zion	Nancy Reigel

**United Methodist Women
Celebrating 150 Years: 1869-2019**

United Methodist Women are launching a 5-year time of study, reflection, action and giving as we anticipate the 150th anniversary of our founding, and plan for continued ministries with women, children and youth in the decades beyond.



The Legacy Fund

The Legacy Fund is a key component of the celebration, a permanent endowment of the national office of United Methodist Women. Its purpose is to ensure the work of United Methodist Women for the next 150 years. Interest earned by this fund will be added to the undesignated pledge-giving of members.

To enhance this Fund, each member of United Methodist Women is challenged to contribute an annual gift of \$18.69 (in addition to her pledge). There are multiple easy and fun ways to achieve this goal.

Retired deaconesses and missionaries at Brooks-Howell Home who served under appointment of the Women's Division have contributed \$100,000+ as a challenge gift.

Parliamentary Procedure

The purpose of conducting meetings according to Robert's Rules of order is to have effective meetings. There are four basic principles of parliamentary law. They are:

Provide courtesy and justice for all.

Consider one thing at a time!!!

Minority must be heard.

Majority just prevail.

Above all, we must respect each other. We will have more tidbits on this subject next quarter.

Marjorie Wiggins, Parliamentarian

Secretaries

Once again, it is time to embark on the adventure of a new year! It's almost like the first day of school, with new notebooks and pens and paper and new records to keep for our United Methodist Women posterity.

Many of you are no doubt continuing in the unit secretary's role and have experience in keeping the files and records necessary for your position. Some of you may be new to your position, but I know that with God's help and United Methodist Women training we will carry on the work for which we are responsible.

Remember to ask persons making a motion in your meeting to write out the motion for the sake of accuracy. If you would like a copy of the form for this that was distributed at the training session in November, please let me know and I will send you a copy.

A final thought from the late Arlene Chapman, a district secretary: "Just think how *tragic* it would have been if there had not been 'biblical secretaries' so we could know our past heritage, aid our present life, and know of our future hope and reality through Christ Jesus."

United Methodist Women

Faith. Hope. Love in Action

We are women with a PURPOSE!

The organized unit of United Methodist Women shall be a community of women whose purpose is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.

Appalachian District United Methodist Women 2015 Officers

President	Nancy	Reigel	375 Troy Norris Rd.	Boone	NC	28607	828-268-0637 (h)828-964-1256 (c)	nancy@reigelridge.com
Vice President	Lorraine	Burns	PO Box 473	Granite Falls	NC	28630	828-396-1259 (h) 828-612-7418 (c)	lorraineburns@gmail.com
Secretary								
Treasurer	Pratt	Davis	3945 Fox Ridge Rd.	Sparta	NC	28675	336-657-3312(h) 336-657-1838 (c)	dudavis@skybest.com
Spiritual Growth	Robin	Scott	2233 Staircase Road	Lenoir	NC	28645	828-474-6583 (h) 828-394-7109-(c)	robin.scott14@yahoo.com
Mission Education & Interpretation	Linda	Greer	3201 Mt. Wesley Church Rd	Stony Point	NC	28678	704-585-6263 (h) 828-244-2251 (c)	jacklindagreer@bellsouth.net
Membership Nurture & Outreach	Margo	Bowman	4899 Kistler Lane	Granite Falls	NC	28630	828-396-7852 (h) 499-0077 (c)	margobjk1930@embarqmail.com
Social Action	Kimberly	Smith	1667 Shoaly Branch Church Rd	Elkin	NC	28621	336-957-3058 336-244-1920	Kimberly.Smith@PBVLLC.com kimsmith@wilkes.net
Communications	Cheryl	Maner	150 Golden Oak Dr	Statesville	NC	28625	704-883-0801	robert_cheryl@earthlink.net
Program Resources								
Nominations Chair	Sherry	Summerlin	120 Shady Oak Terrace	Hudson	NC	28638	828-728-4936 (h) 828 234 0850 (c)	sherrysummer@charter.net
Nominations Committee - 2015	Traci	Snyder	2620 Black Oak Ridge Rd	Taylorville	NC	28681	828- 308-3452.	tsnyder@caldwellschools.com
Nominations Committee - 2016	Beverlee	Scott	1260 Memorial Park Drive	Sparta	NC	28675	336-372-4876	bevscott@skybest.com
Nominations Committee - 2016	Annette	Echard	413 Wilson St. NW	Lenoir	NC	28645	828-754-5526	echardsr@bellsouth.net
Nominations Committee	Terri	Clark	4291 Hwy 321-A	Granite Falls	NC	28630	828-396-1494(h)828-612-2637 (c)	rockyknobnana@gmail.com
Parliamentarian	Marjorie	Wiggins	499 Holly Tree Drive	Wilkesboro	NC	28697	336-838-8820	mljwiggins@embarqmail.com
Historian	RoAnn	Cox	102 Willow Street, SW, Apt 303	Lenoir	NC	28645	828-754-5600 (h) 828-313-1927 (c)	roann@charter.net
Conf. Liaison	Martha	Phillips	PO Box 49	Linville Falls	NC	28647	828-765-7009	mcwphillips@gmail.com

Appalachian District
United Methodist Women
Prayer Breakfast

Bethlehem UMC

607 Bethlehem Rd
Statesville, NC 28677

Saturday, April 25, 2015



WELCOMED BY GOD: Welcoming All

Speaker: Reverend George Ragsdale,
Pastor, Belmont UMC

Mission u 2014 Study Leader "How is it With Your Soul?"

8:30 – 9:30 a.m.: Registration and Breakfast with Program Resources and Prayer Room

9:30 a.m.: Gathering Music 9:45 a.m.: Worship and Memorial Service

The cost is \$6 per person and advance registration is required.

Please send reservations for the prayer breakfast and names for the memorial service using the enclosed registration form. The deadline for registration is April 15.

If childcare is needed, please contact Lorraine Burns (828-386-1259 or [lorraineburns@gmail.com](mailto:lorrainecburns@gmail.com)) by April 15.

Directions to Bethlehem United Methodist Church

Take Exit 144 and turn left at the top of the ramp to go south on Old Mountain Road. Travel approximately 1.9 miles to Bethlehem Road. Turn left on to Bethlehem Road. The church is a few blocks on the right

Take Exit 144 and turn right at the top of the ramp to go south on Old Mountain Road. Travel approximately 1.8 miles to Bethlehem Road. Turn left on to Bethlehem Road. The church is a few blocks on the right

Hwy 16 to Taylorsville. In Taylorsville, turn left onto HWY 64. Drive 5.8 miles and turn left on to Old Mountain Road. Drive 12.3 miles to Bethlehem Road. The church is a few blocks on the right.



United
Methodist
Women
FAITH • HOPE • LOVE IN ACTION

Hands on Mission Project: Bedding and Sewing Kits

United Methodist Women Appalachian District Mission Study

First Lenoir UMC
309 Church Street NW
Lenoir, NC 28645

Saturday, March 21, 2015

Welcoming All



The Church and People with Disabilities

Led By Rev. Jaylynn Byassee and assisted by Rev. Carol Morgan

Rev. Byassee is WNNC Director of Mission Pathways, Rev. Morgan is the Chaplain at J. Iverson Riddle Center.

There will also be a Children and Youth Study

Registration begins at 8:30 a.m.

Cost: \$6 per adult (includes lunch) There is no cost for Children and Youth

This study builds awareness on issues of disability and the need for the church to provide full accessibility to services and opportunities. It also promotes advocacy for justice for people with disabilities. Unlike other categories of human experience, disability crosses all lines of gender, orientation, ethnicity, socioeconomic position, age and culture. A disability can happen at any time to anyone. This study will encourage you to identify ways that your church can do more to be inclusive.

Attendance at this study will fulfill requirements for Mission Today Criteria #4.

Advance registration is required – please use the enclosed registration form. Deadline is March 11. If childcare is needed, please contact Lorraine Burns (828-386-1259 or lorraineburns@gmail.com) by March 11.

Directions to First Lenoir United Methodist Church

FROM BOONE

From US 421 By-Pass, connect to NC 16/18, travel north to traffic light and turn right onto Main Street. Church is about ½ mile on the right. Go past the church to traffic light and turn right on Woodland to get to the church parking lot, turn right into parking lot.

FROM WILKESBORO & NORTH

Take NC 18 South from Wilkesboro to Lenoir, approx 25 miles. At intersection with Hwy 321, stay straight on to Harper Ave/Hwy 64.. SW. Stay straight on to Harper Ave SW when HWY 64 branches to left. Harper Ave, SW turns right and becomes Ridge St NW. Turn Left onto West Ave NW. Turn right onto Boundary St. NW. The church is on the right..

FROM STATESVILLE

Take I- 40 W to Hwy 321 North, Exit 123. Travel north on 321 for approx 17 miles to Hwy 64/Harper Ave. Turn left onto Harper Ave. SW. Stay straight on to Harper Ave SW when HWY 64 branches to left. Harper Ave, SW turns right and becomes Ridge St NW. Turn Left onto West Ave NW. Turn right onto Boundary St. NW. The church is on the right.

From Taylorsville

Take HWY 64 to Lenoir. Stay straight on to Harper Ave SW when HWY 64 branches to left. Harper Ave, SW turns right and becomes Ridge St NW. Turn Left onto West Ave NW. Turn right onto Boundary St. NW. The church is on the right..



United
Methodist
Women
FAITH • HOPE • LOVE IN ACTION

Hands on Mission Project: UMCOR School Kits and Items for the Iverson Center

UMCOR Bedding Kit

Value: \$ 50.00

- 2 flat sheets
- double size
- flat only, no fitted
- 2 pillow cases
- 2 pillows

Important Notes

- All items must be new.
- Do not wash any of the items as they will then be considered used.
- Linens may be of different colors.
- Items may be removed from packaging.
- All emergency kits are carefully planned to make them usable in the greatest number of situations. Since strict rules often govern product entry into international countries, it is important that kits contain only the requested items – nothing more.
- DO NOT include any personal notes, money or additional material in the kits. These things must be painstakingly removed and will delay the shipment.

Sewing Kit

Value: \$ 18.00

- 3 continuous yards of fabric
 - cotton or cotton blend only no heavy duty, corduroy, knit etc. please no patriotic, religious, holiday, camouflage, or military patterned fabric please
- 1 pair scissors fabric scissors only
- 1 package needles hand needles in original packaging only
- 1 spool thread medium to large spool..no travel kit thread please
- 5-8 buttons 5/8 inch size or larger
 - no loose buttons
 - leave buttons in original packaging or fasten all together
- 1 plastic bag one gallon size sealable bags only

Assembling Directions

Place kit in the plastic bag and seal

Important Notes

- All items must be new.
- Do not wash the fabric as it will then be considered used



UMCOR School Kit

School Kit

Value: \$ 11.00

- 1 pair blunt scissors
 - rounded tip only
 - no plastic scissors please
- 3 pads of paper
 - spiral or top bound pads
 - 150 sheets or less of loose leaf can be substituted for 1 pad
 - combinations of spiral, top bound, side bound or loose leaf is acceptable
- 1 hand held pencil sharpener
 - must be at least one inch long
 - remove from packaging
- 1 -30 centimeter ruler
 - hard or flexible
 - cartoon characters are acceptable
 - no advertisements please
- 6 unsharpened pencils
 - no advertisements, religious, patriotic, military or camouflage symbols please cartoon characters are acceptable
- 1 -2 inch or larger size eraser
 - no advertisements, religious, patriotic, military or camouflage symbols please cartoon characters are acceptable
- 1 -24 count box of crayons
 - only 24 count boxes please
- 1 – 14”x16” cloth bag
 - homemade or purchased bags are both acceptable heavy duty fabric only-denim, corduroy, drapery fabric etc. no advertisements, religious, patriotic, military or camouflage symbols please closures are optional but must be buttons, snaps or Velcro sewn in middle of opening if used

Iverson Center Items

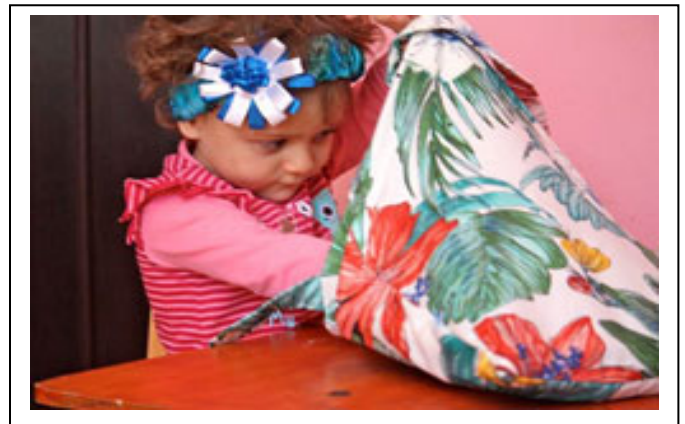
Body wash

African American hair products

Drawing pads

Markers

Mail Order Shopping Catalogs



Appalachian District Prayer Breakfast Registration Form

Unit Name _____

Number Attending _____ x \$6.00 = _____ (Amount Enclosed)

Mail form with check (payable to Appalachian District UMW) to
Pratt Davis, District Treasurer
3945 Fox Ridge Rd.
Sparta, NC 28675

Memorial Service Information

Please list (type or print) the names of United Methodist Women members in your unit who passed away in 2014. They will be remembered at the memorial service during the Prayer Breakfast. Please return this portion of the registration form to **Robin Scott, 2233 Staircase Road, Lenoir, NC 28645**

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

District Prayer Breakfast Registration Deadline Is April 15, 2015

Appalachian District Mission Study Registration Form

Unit Name _____

Number of Adults Attending _____ x \$6.00 = _____ (Amount Enclosed)

Number & Ages of Children & Youth _____

Mail form with check (payable to Appalachian District UMW) to
Pratt Davis, District Treasurer
3945 Fox Ridge Rd.
Sparta, NC 28675

District Mission Study Registration Deadline Is March 11, 2015



Do you need childcare? Please call (828-396-1259) or e-mail (lorraineburns@gmail.com) Lorraine Burns by the registration deadline for the event that requires childcare.

**United Methodist Women Appalachian District
Prospective District Leadership Talent Bank Information**

Name _____ Date _____

Street Address _____

City _____ State _____ Zip Code _____

Home Phone _____ Mobile Phone _____ Work Phone _____

E-mail Address _____ Local Church _____

Age: 20s 30s 40s 50s 60s 70s 80s Race/Ethnicity: _____

Employed? No Yes Full Time Part Time Languages Spoken: _____

Professional skills and experiences: _____

Experience in United Methodist Women

Local: _____

District: _____

Conference: _____

Additional experience on the local, district, conference or general church level (other than UMW) or in the community:

Please attach additional sheets as necessary.

UNITED METHODIST WOMEN

Western North Carolina Conference

- What:** 2015 Spiritual Growth Retreat
When: June 12-13, 2015
Opening Session 6:45pm Friday / Ends Noon Saturday
Where: Lake Junaluska, Stuart Auditorium
Theme: *Love as God Loves*
Leader: Rev. Toni Ruth Smith



Toni Ruth Smith was born and raised in the Toe Valley Charge of the UMC in Avery County, NC. She graduated High School from the North Carolina School of Science and Mathematics before getting her BA in History from the University of North Carolina at Chapel Hill. Toni Ruth is a 2001 graduate of The Divinity School at Duke University. Ordained as an Elder in 2005, Toni Ruth has served as an associate at First UMC in High Point and as the pastor of Hopewell UMC in Trinity. She currently co-pastors

Harrisburg UMC with her husband, Rev. Wesley Smith with whom she has 2 young children. She is particularly interested in how we cultivate a spiritual life with intentionality in the chaos of the day to day. Some of you might know her better as Martha Phillips' daughter, a title she wears with much pride.



Love as God Loves

Complete information
about the retreat is
available on our website:
www.wnccumw.org

Mark your calendar!
Register ONLINE!
Join us at the lake!

Retreat Registration: (Begins February 1, 2015)

- On-site registration at the retreat - \$25.00 per person
- **Get a DISCOUNT! Register early and ONLINE!**
Online advance registration, February 1, 2015 through May 31, 2015 is only \$15.00 per person! Use the online registration link on our website at www.wnccumw.org.
- **Advance registration fees are transferable, but non-refundable.**
So, if someone registers for the retreat, and is unable to attend, their registration fee is not refundable, but it is ok for someone else to attend in their place.
- **Register yourself AND others!** Our online registration offers the opportunity for you to register up to 35 guests at the same time that you do your own retreat registration. Help other members of your local unit to register online — especially those who may not use a computer!
- **DO NOT** mail Spiritual Growth Retreat registration fee money to Lake Junaluska. Contact us if you have a question about registration.

Contact Persons:

Retreat Information

Sandy Hieronymus,
Mission Coordinator for Spiritual
Growth, sandyh46@aol.com
704-545-6910

Questions about Online Payments

Martha Phillips,
Conference Treasurer
mcwphillips@gmail.com
828-765-7009

Questions about Online Registration

Lynne Gilbert
Webmaster
lgilbert.umw@gmail.com
336-207-3479



Lake Junaluska
 Conference & Retreat
 Center, P. O. Box 67
 Lake Junaluska, NC 28745

Reservations Phone #:

1-800-222-4930 (Toll Free)
 1-828-452-2881

**Lake Junaluska
 Reservations:**

**Housing Reservations
 Open February 1, 2015**

To book Lake Junaluska
 lodging for the
 Spiritual Growth Retreat:

- **Call the Lake Junaluska reservations department at 1-800-222-4930.** Then select 1 for the Reservations Department, and the next available agent will be glad to assist you. The Lake Junaluska reservations team is on duty from 8:00 am until 5:00 pm, Monday through Friday. Our group number is 7121.
- **Reservations can also be made online at:**
<http://goo.gl/Fj9KYH>



United Methodist Women
 Western North Carolina Conference

Visit our Website:
www.wnccumw.org

Visit us on



www.facebook.com/wnccumw

2015 Spiritual Growth Retreat

June 12-13, 2015 - Lake Junaluska, North Carolina

Lake Junaluska Accommodations & Rates

Terrace Hotel / Lambuth Inn

(Private baths, Free WIFI, heat, air conditioning, phone, elevator)
 Rates are per person, per day, room & meals.

	Terrace Rooms	Lambuth Rooms	Meals* Both	Terrace Total	Lambuth Total
Single	\$108	\$106	\$32	\$140	\$138
Double	\$62	\$60	\$32	\$94	\$92
Triple	\$43	\$41	\$32	\$75	\$73
Quad	\$35	\$33	\$32	\$67	\$65

*Lake Junaluska operates The Terrace and Lambuth on an American Plan, and meals are required with the room.

Lakeside Lodge

(Private baths, heat, air conditioning, TV, phone, no elevator)
 Rates are per person, per day, no meals.

Single	\$79
Double	\$46
Triple	\$35
Quad	\$30

Junaluska Apartments

Rates are per person, per day, no meals.

Single	\$74	Quad	\$28
Double	\$42	Quintuplet	\$26
Triple	\$31	Sextuplet	\$26

Apartments are furnished with linens and blankets. Type A, C, & D have kitchens with small refrigerators, counter top burner, microwave, and limited equipment and dishes.

Lake Junaluska Lodging Information:

Event lodging reservation deposit – Due 60 or more days prior to the event – Deposit amount is equal to the first nights lodging and is due at the time of reservation. Any rooms not reserved with a Lodging Reservations Deposit will be released into general availability 30 days prior to an event. Individual lodging reservations deposit refund policy: 30 days or more before an event receive a full refund minus a \$15 processing fee. 29 days or less before an event will not receive a refund. **NEW CHECK IN TIME FOR 2015 for all facilities is 4:00pm; check out is 11:00am.**

Meal Information:

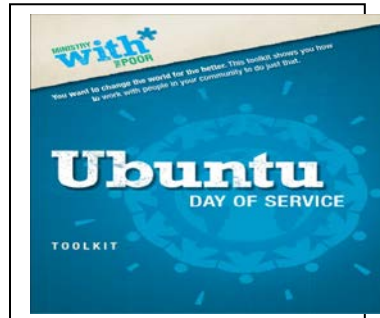
The room rate that shows on your confirmation letter is the room rate only, meals are an additional cost. Meals are optional for all facilities other than the Terrace Hotel or the Lambuth Inn. Guests staying in optional meal facilities may purchase a 3 meal package at the same cost of \$32.00 per person for each 3 consecutive meals or individual meals can be purchased: \$9.50 for breakfast, \$11.50 for lunch and \$14.00 for dinner. Children 6 through 11 years of age receive meals at half price, 5 years of age and under eat free. **Meal package of \$32.00 per person, per day will automatically be added for each person staying in the Terrace Hotel or the Lambuth Inn (dinner on day of arrival, breakfast and lunch the next day).**

Ubuntu Day of Service

In 2014, 175 United Methodist Women put Faith, Hope and Love into Action by serving at the five National Mission Institutions & sites within our conference! **Make plans to join us in 2015 for our 3rd Annual Ubuntu Day of Service on October 17, 2015!** Watch for more information later this year.

Bethlehem Center Charlotte

Founded by United Methodist Women in 1940, the **Bethlehem Center Charlotte** provides quality child enrichment activities for school age children and youth, and strives to develop innovative programs to improve the quality of life for at-risk families. The Center provides services to more than 900 children, youth and seniors.



Ubuntu Day of Service

Saturday, October 17, 2015
Sites across the conference
Make plans to join us for another great day of volunteering at our national mission institutions across the conference!
Watch for more information later this year!

Bethlehem Center Winston-Salem

Bethlehem Center Winston-Salem was organized October, 1927 to provide quality child care for working mothers who labored in local factories and mills. Approximately 190 children are served; 20 crib babies with the remainder preschool age. In addition, an after-school program is offered for children K-5 grades. The children come from 140 family units.

Brooks Howell Home, Asheville

Brooks-Howell Home is owned and governed by United Methodist Women. Admission to Brooks-Howell is open to retirees of United Methodist Women (formerly Women's Division), National Division, World Division, staff of Women's Division and others approved for residency. The majority of residents are missionaries and deaconesses. A limited number of health care beds are available to persons who are not otherwise eligible

Bennett College - Greensboro

Bennett College is a small, private, historically Black liberal arts college for women. The College offers women an education conducive to excellence in scholarly pursuits; preparation for leadership roles in the workplace, society, and the world; and life-long learning in a technologically advanced, complex global society. As a United Methodist Church-related institution, Bennett College promotes morally grounded maturation, intellectual honesty, purposeful public service, and responsible civic action

Pfeiffer University, Misenheimer

Established in 1885, **Pfeiffer University** is a globally engaged, regional university distinctive for its transformational undergraduate experiences and leadership in professional and graduate programs that fill demonstrated needs on its campuses in Charlotte, Misenheimer and Raleigh, and online. Vested in its history as a United Methodist-related university and propelled by an innovative faculty and staff, Pfeiffer prepares its students for a lifetime of achievement, scholarship, spirituality and service



Have a question? Need more information? Contact [Jatana Royster](#), our conference Mission Coordinator for Membership Nurture & Outreach

First United Methodist Church
P.O. Box 412
Granite Falls, NC 28630

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Appalachian District

United Methodist Women Newsletter

District Mission Study	Mar 21	First Lenoir
District Prayer Breakfast	Apr 25	Bethlehem UMC
Spiritual Growth Retreat	June 12-13	Lake Junaluska
WNCC UMC Annual Conference	June 17-21	Lake Junaluska
Mission u	July 16-19	Pfeiffer University
WNCC UMW Annual Meeting	September 11-13	Lake Junaluska
District Annual Meeting	Sept 27	TBA
Local Unit Leadership Development	Nov 8	TBA