Faithful Living

Spiritual Growth Retreat

United Methodist Women
Western North Carolina Conference
June 14-15, 2013
Lake Junaluska, North Carolina
Memorial Chapel is open during the retreat for a time of prayer and meditation. Open your mind and heart to the renewing Spirit of God's hope. You may place your prayer request in the basket and take a request to give the gift of prayer to another.

Registration is in Harrell Center Auditorium from 1:00-6:30 PM on Friday and before each session in Stuart Auditorium lobby. All are urged to register even if you are not staying on the Lake property.

Program Resources is beside Registration downstairs in Harrell Center Auditorium. Reading Program books, study books, leadership helps and Gift to Mission cards are there for purchase as well as free items. It will be open 1:00-6:30 PM on Friday and 7:30-8:30 AM on Saturday. Stop by and check out the resources and view the displays.

Meal Schedule at the Terrace and Lambuth Hotels:*  
Dinner: 5:00-6:30 PM  Breakfast: 7:00-8:30 AM  Lunch: 12:00-1:30 PM

*Please allow those with ribbons on their nametags to break line if needed. They have duties for the retreat. Thank you.

An Offering for Mission Giving will be taken during the Second Session. Checks should be made payable to WNCC UMW.

Dates to Remember in 2013:
Mission u at Pfeiffer University, July 18-21
Conference Annual Meeting at Lake Junaluska, September 6-8
Training for District Officers at St. Luke's UMC, Hickory, October 12
My Faith Looks Up to Thee
by Ray Palmer

My faith looks up to thee, thou Lamb of Calvary, Savior divine! Now hear me while I pray, take all my guilt away, O let me from this day be wholly thine!

2013 Spiritual Growth Committee
Sandy Hieronymus - Chairperson, Ann Aldridge, Mildred Carter, Emily Johnson, Tonya Lanier, Martha Phillips, Sherry Sink, Julia Willis, and Rebecca Wright

Thank you for turning off your cell phone during all sessions
Faithful Living - Session One - June 14

Gathering Praise - 6:45 PM
Welcome
Greetings from Lake Junaluska
Announcements and Introductions

*Call to Worship from Psalm 32
Let all who are faithful offer prayers to God.
God preserve us from trouble and surround us with Your steadfast love.
Shout for joy, for happy are those who find God's love.
Let us worship God whose strength meets us here.

Prayer Calendar and Opening Prayer
*Hymn: *Great Is Thy Faithfulness*
Page 140
The United Methodist Hymnal

Scripture: Psalm 95:1-7
Message: *Faithful Living Through Disciple-centering*

*Hymn: *Lord, You Have Come to the Lakeshore*
Page 344
The United Methodist Hymnal

*Benediction
Postlude

*Please stand as you are able.

+++++++++
The Junaluska Singers in Concert
Morning at the Cross - 7:45 AM - 8:15 AM
Gather at the cross by the Lambuth Hotel for a time of meditation, reflection and prayer.

Faithful Living - Session Two - June 15

Gathering Praise - 8:45 AM
Cross/Fire

Announcements
Sandy Hieronymus

*Call to Worship
Rebecca Wright
Conference Mission Education and Interpretation Mission Coordinator
Come, Lord Jesus, speak to us through thy word.
For you are an intergenerational Savior.
Come, Lord Jesus, let us again hear those stories of old.
For you are the Savior of all the ages.
Come, Lord Jesus, speak quietly to us.
For your Spirit speaks through the wind.
Come, Lord Jesus, speak loudly to us.
For your Spirit speaks through the thunder.
Savior of all age groups, languages, and cultures, we await your voice.
Come, let us worship the Lord.
(adapted from The Africana Worship Book, 2006)

Prayer Calendar and Opening Prayer
Patsy McNeely
Catawba Valley District Spiritual Growth Mission Coordinator

*Hymn: Thy Word
Page 601
The United Methodist Hymnal

Love Offering and Prayer
Julia Willis
Conference Treasurer

*Offering Response: Give Thanks
Page 2036
The Faith We Sing

Emily Johnson
Uwharrie District President

Message: Faithful Living Through Disciple-becoming
Rev. Amy Coles
Faithful Living - Session Three - June 15

Gathering Praise - 10:15 AM
Cross/Fire

Announcements
Sandy Hieronymus

*Call to Worship
Tonya Lanier
Conference Vice President

Loving God, we come to you this day to offer you our praise,
to declare again your mighty acts,
to share together in the holy mystery of bread and cup,
and to commit ourselves to your service.
Come let us worship!

Prayer of Confession and Assurance of Pardon
Laura Spencer
Appalachian District Spiritual Growth Mission Coordinator

Leader: Let us pray and confess our sins before God.

All: God of new beginnings, we confess that we are stuck in our old ways. You taught us about an upside down reign, and yet we still live our lives seeking power, wealth, and status. We have failed to protect those who are most vulnerable, to stand with and for those who live in poverty, to put children first. Forgive us, we pray. Shake us up, open our hearts and our hands, our eyes and our ears that we hear again your calling and live our lives in grateful obedience. Amen.

Leader: Beloved, we are God's children now. Hear and believe the good news: In Jesus Christ, we are forgiven. Amen.
(from National Observance of Children's Sabbaths, 2012)

*Hymn: Take, O Take Me As I Am (sing twice)
Scripture: Luke 18:18-23

Martha Phillips
Conference Social Action Mission Coordinator

Message: Faithful Living Through Disciple-being
Rev. Amy Coles

Special Music: Remembrance
Cross/Fire

Service of Holy Communion
Rev. Sally Langford
Ruth Williamson, Deaconess

*Hymn: Be Thou My Vision
Page 451
The United Methodist Hymnal

*Sending Forth
Mildred Carter

Postlude

*Please stand as you are able.

- Special Thanks -

The Spiritual Growth Committee would like to thank the following individuals and groups for sharing their talents and gifts for this meeting:

- Reverend Sally O. Langford, Assistant to the Bishop, for being our celebrant for communion
- All of the program participants
- All of the District Mission Teams for your help and support
- Members of the Conference Executive Committee
- The Lake Junaluska Assembly staff
- YOU for your dedication to United Methodist Women

Thank you for sharing in this Spiritual Growth Retreat.
Reverend Amy L. Coles - Retreat Leader - Amy was appointed by Bishop Larry Goodpaster to serve as the District Superintendent of the Smoky Mountain District of the Western North Carolina Conference beginning September 1, 2012. A graduate of the University of North Carolina, Greensboro, in Child and Family Development, and Duke Divinity School, she has served churches in Trinity, High Point, and Shoals, North Carolina. She was appointed to the Smoky Mountain District after serving as a District Superintendent in the Albemarle District for three years. She is an active participant with the Board of Disciple Bible Outreach Ministry, the Boards of Rural Faith Development CDC and ConstruX, and the Thriving Communities Initiative at Duke. She represented the Western North Carolina Conference as a delegate to the United Methodist General Conference in Tampa, Florida, and Southeast Jurisdictional Conference at Lake Junaluska in 2012. She enjoys gardening, “crafting,” and spending time with family and friends in her free time. Most recently, she has become the legal guardian of her teenage nephew, Brandon. This new role is both strengthening her prayer life and serving as a wonderful example of the incredible grace of God.

Be faithful in small things because it is in them that your strength lies. Mother Teresa

Faith is taking the first step even when you don't see the whole staircase. Martin Luther King, Jr.

If patience is worth anything, it must endure until the end of time. And a living faith will last in the midst of the blackest storm. Mahatma Gandhi
Cross/Fire - Musicians - Cross/Fire was founded in 2007 to glorify God through contemporary Christian music at First United Methodist in Gastonia, North Carolina. Bandleader Matt Smith (guitar, keyboard, vocals) felt God urging him to use his musical talents for more than just a hobby. With assistance from Minister of Music, Reverend Saxon Scarborough, Matt recruited several solid musicians who were also church members. Bassist David Radford is a founding member. Guitarist/vocalist Michele Graham, drummer Walker Ingle and vocalist Lisa Jurs joined the band in 2009. Guitarist/vocalist Aaron Prillaman is the Worship Leader for “162 East,” the alternative-style worship service at First UMC Gastonia. The group plays most Sundays at “162 East,” as well as leading worship several times a year at Cornerstone Christian Center, a local addiction recovery center. They are excited to worship with us!
Notes for Session One
Faithful Living Through Disciple-centering
Notes for Session Two
Faithful Living Through Disciple-becoming
Notes for Session Three
Faithful Living Through Disciple-being
While at Lake Junaluska

- Visit Memorial Chapel for prayer and meditation.
- Browse through the materials available in the Program Resources area and purchase books and supplies for yourself and your unit.
- Enjoy the peace and beauty of the Susanna Wesley Garden.
- Sit at the foot of the Junaluska Cross or Amphitheater to rest, meditate and worship, and thank God for His creation.
- Stroll around the lake on the walking trail.
- Enjoy the fragrance and beauty of the roses.
- Fellowship with your sisters in Christ. Make new friends while cherishing your old friends.

The PURPOSE of United Methodist Women

The organized unit of United Methodist Women shall be a community of women whose PURPOSE is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.

Visit our Conference UMW Website:

www.wncccumw.org