



United
Methodist
Women

FAITH • HOPE • LOVE IN ACTION

NORTHERN PIEDMONT DISTRICT United Methodist Women QUARTERLY NEWS

FROM THE PRESIDENT'S PEN

Happy New Year!

As we begin 2014, I can't help but look back over 2013 and see where the year went. A big thank you to the units that have turned in their reports for 2013. These reports are reflected in our Annual Meeting Book. If you have not done so, please turn your reports in to me as soon as possible. As I have been going through these reports, I realize that our district is doing a great job in working for the women and children in our district, across the state and around the world. Some of you have said that you have small groups and can't do much. It takes all our groups, from big to small, working together to help our district be successful.

As you will read in this newsletter, we didn't meet our budget last year. We realize that 2013 was a year of transition and we need to just work a little harder this year to meet our budget. Now that we have settled into our new district we will see things change for the better.

The district team is really excited about the events we have planned for 2014. We will begin by feeding our souls with God's word at our Prayer Breakfast on February 15. Then, on March 29, we will learn about where some of our money and prayers are going in our Mission Study. As you will see, dates for our Annual Meeting and Officer's Training are set--look for more information throughout our newsletter. Please mark these dates and plan on attending. We will offer a couple other events as the year goes on.

Think about inviting a district officer or a conference officer to attend one of your local meetings. We would like to share our stories, information about UMW funds and missions or just visit and learn more about your unit. Please let the district team know how we can help you. We each have a gift and love using it to help you.

I hope that I see each of you at our events, starting with our Prayer Breakfast in February.

Blessings to All,

Jill Joyner

Northern Piedmont District UMW President

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HAPPY 2014!

**WANT TO HELP SAVE A TREE?
www.wnccumw.org**

Go to the homepage above and click "Join Our Email List" at the top of the page. Fill out your information and you will receive all Conference and District UMW information right to your inbox! Thanks for helping us save money and trees!

MARK YOUR CALENDAR!

February 15
District Prayer Breakfast
Wesley Memorial UMC
High Point

March 29
District Mission Study
Flat Rock UMC
Stokesdale

OUR PURPOSE

The organized unit of United Methodist Women shall be a community of women whose purpose is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.



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SPIRITUAL GROWTH

Rejoice our Savior was born on Christmas! I hope each of you found a special blessing in celebrating with family and friends. My prayer for you is that the New Year brings special blessings .

Our Prayer Breakfast is February 15 with registration beginning at 8:30 AM and service at 9:45 AM. I hope all have registered and will be at Wesley Memorial UMC in High Point that morning. Our speaker is Rev. Dr. Arnetta Beverly, minister of St. Matthews UMC. Hands on Mission will be Health Kits.

As we go into the New Year please remember to use the prayer calendar and program books for your meetings. Please contact me if I can help in any way.

Happy New Year and may God bless all you do and say as you serve Him.

Margaret Hardy
 Northern Piedmont District UMW Mission Coordinator for Spiritual Growth

DIRECTIONS TO WESLEY MEMORIAL

1225 Chestnut Dr. • High Point, NC 27262
located at the corner of Chestnut Dr. and Westchester Dr.

From Business I-85

Take the High Point exit onto Hwy 29/70. Take the Green St. exit off of 29/70. Turn right on Green and go to the 2nd stop light and turn left onto Market Center Dr. Stay straight and Market Center Dr. changes its name to Westchester Dr. at the 2nd stop light. At the 5th stop light you will come to the corner of Westchester and Chestnut Drives. Wesley Memorial is on the right.

From I-40

If you are traveling on I-40, you would take the High Point exit onto Hwy 311. Follow 311 to the downtown High Point exit. Take a right onto Hwy 311 and go to the Westchester/Eastchester intersection. Take a right onto Westchester Dr. Follow Westchester Dr. to Chestnut Dr. and take a left onto Chestnut Dr. and Wesley Memorial is on the right.

HOW TO ASSEMBLE A HEALTH KIT



Health Kit
Value: \$ 12.00

- **1 Hand Towel** - 15" x 25" to 17" x 27" kitchen, cleaning and microfiber towels not acceptable.
- **1 Washcloth**
- **1 Comb** - comb needs to be sturdy and at least 8" long. No pocket combs or picks please. Rattail combs and combs without handles are acceptable.
- **1 Metal Nail File or Clipper** - no emery boards or toenail clippers please.
- **1 Bath Size Soap** - 3 oz. and larger sizes only. No Ivory soap due to moisture content Do not remove from original packaging.
- **1 Toothbrush** - adult size only. Do not remove from original packaging.
- **6 Adhesive Bandages** - 3/4" to 1" size. Common household band-aids.
- **1 Plastic Bag** - one gallon size sealable bags only.
- **\$1.00 to Purchase toothpaste**
- **\$1.00 for Processing & Shipping Costs** - \$1 for each kit you send.

Assembling Directions: Set the money for toothpaste and shipping aside to be included in a separate envelope. Lay out the hand towel flat on a table. Lay the washcloth flat in the center of the hand towel. Place all remaining items on top of the wash cloth. Fold over the sides of the hand towel to cover all of the items. Fold over one end of the hand towel so that it covers all of the items. Grasp the bundle of items tightly and roll over the remainder of the hand towel tightly. Place the tightly rolled bundle in the plastic bag. Remove as much air as possible and seal the bag.

Processing & Shipping Costs:

Please enclose an envelope containing at least \$1 for each kit you send. This donation enables kits to be sent to areas in need.

Important Notes:

- All items must be new.
- Do not wash any of the items as they will be considered used.
- Please remove all packaging, except where noted.
- All emergency kits are carefully planned to make them usable in the greatest number of situations. Since strict rules often govern product entry into international countries, it is important that kits contain only the requested items – nothing more.
- DO NOT include any personal notes, money or additional material in the kits. These things must be painstakingly removed and will delay the shipment.
- UMCOR is now purchasing toothpaste in bulk to be added to health kits before shipping to ensure that the product does not expire before they are sent. Do not put single dollar bills in each kit. Collect all monies for toothpaste and shipping place it in a separate envelope and send along with the kit donations.



NORTHERN PIEDMONT DISTRICT
Prayer Breakfast 2014
Faithful Living

February 15, 2014

Wesley Memorial United Methodist Church
1225 Chestnut Drive, High Point, NC 27262
Cohosted by First UMC, High Point

HANDS ON MISSION:

Health Kit

Guest Speaker: Dr. Arnetta Beverly

Registration & Breakfast: 8:30 am - 9:30 am (Cost is \$6.50/person)

Memorial Service & Guest Speaker: 9:45 am

Reservations for breakfast must be received by February 8. Payment for breakfast MUST be sent with this form. Our offering will be a Gift to Mission in memory of those who have passed. If you have questions or want more information about the Prayer Breakfast, contact Margaret Hardy, District Mission Coordinator for Spiritual Growth, at 336-644-1109 or mmshardy@aol.com.

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REGISTRATION FORM • 2014 DISTRICT PRAYER BREAKFAST
Return this form by February 8, 2014

Church: _____

Contact Person: _____

Phone: _____ Email: _____

- | | |
|-----------------------------|-----------|
| Names of Persons Attending: | 7. _____ |
| 1. _____ | 8. _____ |
| 2. _____ | 9. _____ |
| 3. _____ | 10. _____ |
| 4. _____ | 11. _____ |
| 5. _____ | 12. _____ |
| 6. _____ | 13. _____ |

Total Number of Persons attending: _____ times \$6.50/person for breakfast = \$_____

Make checks payable to: Northern Piedmont District United Methodist Women. Please return this form by February 8, 2014 to: Sara Kauzlick, 1115 Bantam Road, Pleasant Garden, NC 27313-8003

A WORD FROM THE VICE PRESIDENT

Praise God for a New Year! We had such a great year last year and I am really looking forward to this year. Go ahead and mark your calendars for our District Annual meeting on Sept 20th and Officers Training on Oct 26th. We will have more details as the dates get closer. As fast as time flies these days, it will be here before you know it. I am excited to see what this year will bring us and what blessings we will make happen through our programs and mission giving. If I can be of any assistance please do not hesitate to contact me.

Thank you for being the hands and feet of Christ,
 Lynn Alexander
 Northern Piedmont District UMW Vice President

MEMBERSHIP, NURTURE & OUTREACH...

Greetings Ladies,

Our 2014 Mission for Membership begins with planning to attend every district event and bring a friend! It's the time of year to set goals. Here are a few suggestions:

- Raise awareness of domestic violence and increase advocacy for victims

- Increase personal pledges by 1.45%

- Read books from the UMW Reading Program

I encourage you to invite the Northern Piedmont District team to your unit planning session. Each district team member can bring a wealth of information to your meeting. Let's open our hearts to God the Father with the hope of reaching others who want to join us in our mission. I look forward to seeing you at the upcoming Prayer Breakfast. Invite someone who has never attended before.

Blessings and peace,
 Connie Locklear

Northern Piedmont District UMW Mission Coordinator for Membership, Nurture & Outreach

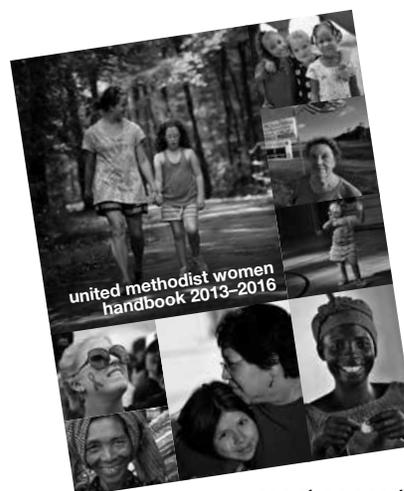
NOTEWORTHY NEWS FROM YOUR SECRETARY

Greetings Secretaries,

From our Handbook: Accepting a leadership role requires a commitment of time, energy and effort. But in return, you develop a deeper understanding of mission, grow spiritually and are sustained by the knowledge that you are making a difference in the lives of women, children and youth and unjust systems.

WOW! We ARE going to make a difference in 2014 and you are an integral part of God's plan. Take advantage of every opportunity to read UMW news and information available to you AND pass it on to your unit members. Excitement is contagious! God Bless!

Janet Bledsoe
 Northern Piedmont District UMW Secretary



The Handbook 2013-2016 provides you with guidelines and policies and equips each group to organize in a way that makes the most sense to them. Learn about the work of United Methodist Women and how you can engage in mission, connect with one another and find practical tips and suggestions for organization and resources to help you assume responsibility.

THE TREASURER'S CENTS...

If your unit has not sent the 2014 Treasurer's Pledge Form indicating your unit's pledge for 2014 and mailing/phone info/e-mail address for your unit president and treasurer, please do so soon. Unit Treasurers are responsible for sending this completed form to me - even if the information is the same as last year. Please make sure ALL information is correct and easy to read.

Several units sent their 4th quarter remittance for 2013 too late for me to apply to 2013! In the 4th quarter of each year, unit treasurers must have all 4th quarter remittances to me by December 1 so that I can do our posting and balancing and have our reports to the Conference Treasurer by December 10. This is noted in my 2013 4th quarter letter to unit treasurers. If your treasurer is not receiving these quarterly letters from me, please let me know. If I have an e-mail address for them, they should be receiving them on their e-mail. If not, I mail them. However, in the 4th Quarter of 2013, I mailed everyone this letter along with forms for them to copy and use during the year.

Also, district treasurers cannot order SMRs after December 10 because our books are closed on the 10th. Any SMRs ordered after December 10, 2013 have been ordered now in January 2014. However, if you need a pin before yours arrives, please call me. I may have extra ones on hand that I can mail to you.

Within the new district, there are churches that have the same name. When submitting reports or registrations, please make sure that your full church name is written out and include the town. Initials don't work anymore! No abbreviations either!

Unit Treasurers - When sending a check to the district treasurer, always complete a "Remittance Form" even if you are sending an SMR pin order or a Gift to Mission card order. Checks should always be written to the Northern Piedmont District UMW.

Also, a reminder, it is time to apply for the WNCC UMW Scholarship offered to members of the UM Church who are pursuing an academic course leading to a church-related vocation other than ordained ministry. Recipients of the scholarships must attend one of these five colleges/universities: Bennett College, Brevard College, Greensboro College, High Point University or Pfeiffer University. Our Scholarship Committee Chair is Sherry Sink (Sherrysink@gmail.com). Contact her for an application. The application deadline is March 1.

Sara Kauzlick
 Northern Piedmont District UMW Treasurer

AND THE NOMINATION GOES TO...

Happy New Year to all of you. I am very excited about serving as your Chair of Nominations. I look forward to getting to know you as we, together, search for capable leadership in the district. There will be many opportunities to work together as sisters in Christ, living out our purpose. Please encourage members of your unit to prayerfully consider becoming a part of the District Team.

Etta Marcellus
 Chairperson, Northern Piedmont District UMW Committee on Nominations



1. If your treasurer is not receiving quarterly letters from the District Treasurer, please contact Sara Kauzlick.
2. When submitting reports or registrations, please make sure that your full church name is written out and include the town.
3. When sending a check to the district treasurer, always complete a "Remittance Form"
4. Checks should always be written to the Northern Piedmont District UMW.
5. Please make sure ALL information is correct and easy to read.
6. All 4th quarter remittances must be submitted to the District Treasurer by December 1 of each year.

NORTHERN PIEDMONT DISTRICT

Mission Study 2014

The Roma of Europe

March 29, 2014

Flat Rock United Methodist Church
 6720 NC Highway 158, Stokesdale, NC 27357



DIRECTIONS TO FLAT ROCK

**6720 NC Highway 158
 Stokesdale, NC 27357**

From Hwy 220/Battleground Ave.
 Follow Hwy 220 North (Battleground Ave.) through Summerfield to the Hwy 158, Stokesdale exit. Cross over bridge and turn left onto ramp for Hwy 158 West. Church is 1/4 mile on the right.

From I-40
 Take the Hwy 68 North exit, toward the airport. Follow Hwy 68 North through Oak Ridge to Stokesdale. Turn right onto Hwy 158 and follow 3 miles to church on left.

Study Leader: Sherry Sink
Registration: 8:30 am (Cost is FREE)
Mission Study: 9 am - 2 pm

Flat Rock UMW extends their hospitality and will offer light snacks along with drinks and dessert for lunch. Please bring a bag lunch.

Need more information?
 Please contact Angela Webster
 Northern Piedmont District UMW
 Mission Coordinator for Education and Interpretation

**HANDS ON MISSION:
 Birthing Kit**

HOW TO ASSEMBLE A BIRTHING KIT



**Birthing Kit
 Value: \$8.00**

- **1 Small Bar Soap** - 1 - 2 oz. size. Do not remove from original packaging, small bars such as those found in hotels are acceptable.
- **1 Pair Thin Gloves** - Surgical, latex or thin rubber gloves are acceptable
- **1 Plastic Bag** - one gallon size sealable bags only.
- **1 Square Yard of Clear Plastic Sheeting** - Must be 4 millimeters thick. Plastic trash bags and shower curtains are not acceptable.
- **Cotton String - Three 12 inch Long Pieces** - must be clean. Secure the pieces of string by bundling and tying them together. No yarn please.
- **1 Single Edge Razor Blade** - must be covered in paper or cardboard to keep it from causing injury. Regular shaving razors are not acceptable.
- **2 Receiving Blankets** - sizes may range from 28" x 28" to 32" x 32". No thermal or fleece blankets please.

Assembling Directions:

Fold the plastic sheeting and blankets so they will fit easily into the plastic bag. Lay the loose items on top of the blankets and plastic sheeting. Slide all items into the plastic bag. Squeeze as much air out of the bag and then seal it.

Processing & Shipping Costs:

Please enclose an envelope containing at least \$1 for each kit you send. This donation enables kits to be sent to areas in need.

Important Notes:

- All items must be new.
- Do not wash any of the items as they will be considered used.
- All emergency kits are carefully planned to make them usable in the greatest number of situations. Since strict rules often govern product entry into international countries, it is important that kits contain only the requested items – nothing more.
- **DO NOT** include any personal notes, money or additional material in the kits. These things must be painstakingly removed and will delay the shipment.

SOCIAL ACTION

Happy New Year! As we look into the new year at all we will accomplish, I want to start by introducing myself. My name is Molly Welch and I am the new Mission Coordinator for Social Action for the Northern Piedmont District. I am 23 years old and have been happily married to my husband David for 2½ years. He works for Lexington Fire Department and I am a Pharmacy Technician at Archdale Drug at Cornerstone. I am looking forward to working with you this year!

In 2014, there are 3 key emphases for Social Action:

1. To continue education and advocacy about Human Trafficking.
2. To continue education and advocacy about Domestic Violence.
3. To continue education and advocacy about Immigration Reform.

You may be familiar with these since they are building on the emphases from 2013. I look forward to working with units in the coming year to help us all become more aware of the social issues that UMW are involved in. Please feel free to contact me by phone or email.

Molly Welch
 Northern Piedmont District UMW Mission Coordinator for Social Action

HOT LIST FROM PROGRAM RESOURCES

Hello everyone!! Welcome to another new year!! A time to start over and make things happen! We have some awesome books in our reading program that can help you get renewed with the spirit. We had a great first year starting as Northern Piedmont and I hope not only me but you included will help make another good year! Please do not hesitate to call for any questions you may have and I look forward to seeing you at our upcoming events. :)

Kelli Smith
 Northern Piedmont District UMW Secretary of Program Resources

BOOKS TO READ

***Praying for Strangers:
 An Adventure of the
 Human Spirit***
 by River Jordan

***Unplugged: Ella
 Gets Her Family Back***
 Written by Laura
 Pedersen & Illustrated
 by Penny Weber



MISSION: EDUCATION & INTERPRETATION

The Mission Study will be March 29, 2014, from 9 am to 2 pm at Flat Rock UMC in Stokesdale. The church will provide light snacks and tea. Everyone is asked to bring a bag lunch. The study is The Roma of Europe and will be led by Sherry Sink. We will be collecting birthing kits as our hands on mission project. Please mark your calendars to attend.

Angela Webster
 Northern Piedmont District UMW Mission Coordinator for Education and Interpretation

COMMUNICATIONS CORNER

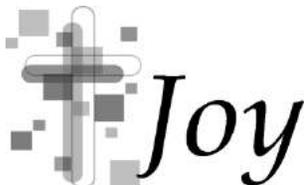
Greetings and blessings to each of you! My job is to keep you informed of all the district and conference events so that you can pass the information on to your local unit. In order to be successful at this, I need to receive a list of officers from each local unit. Thank you to the units that have already submitted their information for 2014! Phone numbers, email addresses, and mailing addresses change...so, even if your officers remain the same in 2014, I am requesting you submit a new list. Please send your information to marymcole@hotmail.com or mail to 5735K Bramblegate Road, Greensboro, NC 27409. Many thanks!

Mary Brookshire
 Chairperson, Northern Piedmont District UMW Communications Coordinator

The Western North Carolina Conference United Methodist Women 2014

Spiritual Growth Retreat

Lake Junaluska • June 13-14



With Rev. Tiffany Thomas of South Tryon
Community Church, Charlotte

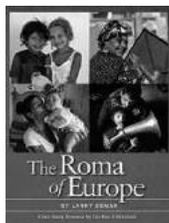
Special Music By:

James Jones and Patrick Scott of Myers Park UMC, Charlotte
Lake Junaluska Singers



Mission u

Pfeiffer University • July 17-20



Spiritual Growth Study: "How Is It With Your Soul?"

Social Issue: "The Church & People with Disabilities"

Geographical Study: "The Roma"



MAKE IT HAPPEN!

Annual Meeting

Lake Junaluska • September 5 -7

For more information on these great opportunities visit:

www.wnccumw.org



United
Methodist
Women

CONTACT US!

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 rickipat@bellsouth.net

MAKE A DIFFERENCE : BECOME A MISSION TODAY UNIT

The purpose of promoting a Mission Today Unit is to:

- Energize United Methodist Women to be more involved in mission through prayer, study and action.
- Increase contacts between units and mission personnel and mission projects so the United Methodist Women understand where their money goes.
- Encourage the use of mission resources through United Methodist Women.
- Expand concepts of mission, including social justice as mission.



What is a Unit?

A unit is any organized group of United Methodist Women within a church or district. Some units are composed of several circles, which periodically get together for a unit meeting.

How Do We Become a Mission Today Unit?

In order to be recognized as a Mission Today Unit, **UMW groups must complete a minimum of twelve of the following criteria, including six of those marked with an asterisk (*). #1 of the criteria is not optional. You must complete this one to become a Mission Today Unit.** Activities conducted between January 1 - December 31, 2013, will be recognized at annual meetings in 2014. This is an ongoing program, so strive to become a Mission Today Unit!

Criteria for a Mission Today Unit:

*1. The Unit will make and meet its Pledge to Mission. (Must be completed)

*2. Use the Prayer Calendar at each general meeting of the unit to pray for persons in mission and our mission work with women, children and youth. A new Prayer Calendar is printed each year and may be ordered from the Mission Resource Center.

*3. The unit will use at least two programs from the Program Book during the year. A new Program Book is printed every year and may be ordered from the Mission Resource Center.

*4. The unit or circle will conduct or participate in at least one mission study each year. Contact your district or conference Mission Coordinator for Education & Interpretation to learn what the studies are for each year. (If members of your unit, other than a conference or district officer, attend the conference School of Christian Mission or your District Mission Study and your unit takes an action growing out of the study—Gift to Mission, ministry related to the study, etc., your unit will meet this criteria.)

*5. The unit will have at least two members subscribing to response (1 member subscribing with units less than 15 members). Order from Magazines With A Mission, \$24.00 for a year's subscription. New World Outlook is also available from Magazines With A Mission, \$24.00 for a year's subscription.

*6. The unit will implement the Charter for Racial Justice in at least two ways during the year. Possibilities are:

- Have members read and discuss books and articles about other races and cultures;
- Sponsor an inter-ethnic event between two or more units;
- Recruit women of color to be members and officers of the unit;
- View the DVD on the Charter, "In Search of Racial Justice". Your District President has a copy for use;
- Use the new "Resources for Racial Justice: Tools for UMW Leaders" handbook. (Available on our conference website on the "Downloads Available" page, and on the "Mission Today" page.)
- Write to elected representatives to support legislation affecting issues such as immigration, affirmative action, low-income programs, civil rights, etc.

*7. Become a member of the Western North Carolina UMW Charter Club. See link to info on Charter Club at our conference website.

- *8. The unit will add at least two new members (one member for units with less than 15 members) to its roll.
- *9. The unit will have one program from the Social Principles of the United Methodist Church 2009-2012.
- 10. At least one member of the unit (other than a conference or a district officer) will attend the School of Christian Mission and report back to the unit on classes and events they experienced.
- 11. At least two members (one member for units with less than 15 members), other than a conference or district officer, will attend the district or conference annual meeting and report back to the unit about the event and what they experienced.
- 12. The unit will have at least one person joining the United Methodist Women's Action Network to receive and respond to legislative information at least three (3) times a year. (To join, contact Women's Division Washington Office, 100 Maryland Avenue NE, Suite 530, Washington, DC 20002. (Attach to Mission Today report what you responded to and what action was taken.)
- 13. Members will correspond with five persons listed in the Prayer Calendar at least once a year.
- 14. The unit will co-sponsor, with the local church, a Children's Sabbath. (This is a worship service highlighting the needs of children.) The Women's Division and the Council of Bishops support this effort. Children's Sabbath materials are on our website.
- 15. The unit will contribute to all Five Channels of Mission Giving.
- 16. Each unit or circle meeting will include a "response Moment" where an item from response magazine will be lifted up as a way to tell the mission story.
- 17. The unit will sponsor one teen member (ages 12 to 17) and/or one young woman member (ages 18 to 39) to at least one conference event during the year.
- 18. At least two members (one member for units with less than 15 members), other than a conference or district officer, will attend a district Prayer Breakfast, district Day Apart, or conference Spiritual Growth Retreat.
- 19. At least two members (one member for units with less than 15 members), other than a district or conference officer, will complete Plan 1 of the Reading Program and give a report to the unit on one of the books read.
- 20. The unit will invite a district or conference officer, other than a member of the unit, to one of the unit meetings during the year and/or for their United Methodist Women's Sunday.
- 21. The unit will add one new teen (ages 12 to 17) and/or one young woman (ages 18 to 39) circle during the year, or one new teen member (ages 12 to 17) or one new young woman member (ages 18 to 39) during the year.
- 22. Each unit will be responsible for supporting at least one local mission project and participate in one Conference Hands on Mission Project during the year. The local project should be listed on your Mission Today report.



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MARK YOUR CALENDARS

- | | |
|---------------|--|
| February 15 | District Prayer Breakfast
Wesley Memorial UMC, High Point |
| March 29 | District Mission Study
Flat Rock UMC, Stokesdale |
| June 13-14 | UMW Spiritual Growth Retreat
Lake Junaluska |
| June 19-23 | Annual Conference
Lake Junaluska |
| July 17-20 | Mission u
Pfeiffer University |
| September 5-7 | Annual Meeting
Lake Junaluska |
| September 20 | District Annual Meeting
Muir's Chapel UMC, Greensboro |

NORTHERN PIEDMONT DISTRICT
United Methodist Women
QUARTERLY NEWS

United
Methodist
Women
FAITH • HOPE • LOVE IN ACTION



UNITED METHODIST WOMEN

Western North Carolina Conference

What: 2014 Spiritual Growth Retreat

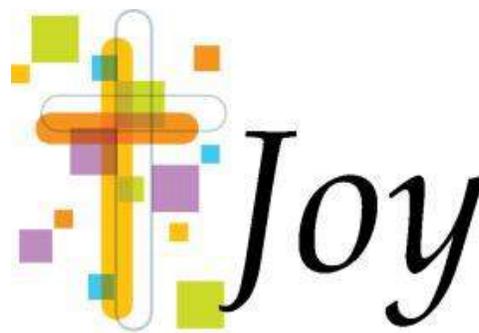
When: June 13-14, 2014

Opening Session 6:45pm Friday / Ends Noon Saturday

Where: Lake Junaluska, Stuart Auditorium

Theme: *Joy*

Leader: Rev. Tiffany Thomas



Tiffany Thomas was born in 1986 in Columbus, Ohio, and she answered the call to ministry at the age of 15. In 2008, she graduated from Spellman College, 6th in her class, earning a BA in Political Science. Tiffany earned her Masters of Divinity from Duke Divinity School in 2011. Upon graduating Duke University, she accepted an offer to work as an associate minister at Christ United Methodist Church, in New York, New York. Since 2012, she has been serving as Local Pastor at **South Tryon Community Mission (United Methodist Church - Metro**

District), Charlotte, NC. She molds her life around her strong belief that we are all called to be agents of social and spiritual change.

Complete information
about the retreat is
available on our website:

www.wnccumw.org

Mark your calendar!
Register ONLINE!
Join us at the lake!

Retreat Registration: (Begins February 1, 2014)

- On-site registration at the retreat - \$20.00 per person
- **Get a DISCOUNT! Register early and ONLINE!**
Online advance registration, February 1, 2014 through May 31, 2014 is only \$11.00 per person! Use the online registration link on our website at www.wnccumw.org.
- **Advance registration fees are transferable, but non-refundable.** So, if someone registers for the retreat, and is unable to attend, their registration fee is not refundable, but it is ok for someone else to attend in their place.
- **Register yourself AND others!** Our online registration offers the opportunity for you to register up to 35 guests at the same time that you do your own retreat registration. Help other members of your local unit to register online — especially those who may not use a computer!
- **DO NOT** mail Spiritual Growth Retreat registration fee money to Lake Junaluska. Contact us if you have a question about registration.

Contact Persons:

Retreat Information

Sandy Hieronymus,
Mission Coordinator for Spiritual
Growth, sandyh46@aol.com
704-545-6910

Questions about Online Payments

Martha Phillips,
Conference Treasurer
mcwphillips@gmail.com
828-765-7009

Questions about Online Registration

Lynne Gilbert
Webmaster
lgilbert.umw@gmail.com
336-207-3479



Lake Junaluska
 Conference & Retreat
 Center, P. O. Box 67
 Lake Junaluska, NC 28745

Reservations Phone #:

1-800-222-4930 (Toll Free)
 1-828-452-2881

**Lake Junaluska
 Reservations:**

**Housing Reservations
 Open February 1, 2014**

To book Lake Junaluska
 lodging for the
 Spiritual Growth Retreat:

- **Call the Lake Junaluska reservations department at 1-800-222-4930.** Then select 1 for the Reservations Department, and the next available agent will be glad to assist you. The Lake Junaluska reservations team is on duty from 8:00 am until 5:00 pm, Monday through Friday.
- **Reservations can also be made online at:** <https://bookings.ihotelier.com/bookings.jsp?groupID=1004766&hotelID=77715>



United Methodist Women
 Western North Carolina Conference

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2014 Spiritual Growth Retreat

June 13-14, 2014 - Lake Junaluska, North Carolina

Lake Junaluska Accommodations & Rates

Terrace Hotel or Lambuth Inn

(Private baths, heat, air conditioning, phone, elevator)
 Rates are per person, per day, room & meals.

	Room	Meals*	Total
Single	\$106	\$30	\$136
Double	\$60	\$30	\$90
Triple	\$41	\$30	\$71
Quad	\$33	\$30	\$63

*Lake Junaluska operates The Terrace and Lambuth on an American Plan, and meals are required with the room.

Lakeside Lodge

(Private baths, heat, air conditioning, TV, phone, no elevator)
 Rates are per person, per day, no meals.

Single	\$78
Double	\$45
Triple	\$34
Quad	\$29

Junaluska Apartments

Rates are per person, per day, no meals.

Single	\$73	Quad	\$27
Double	\$41	Quintuplet	\$25
Triple	\$30	Sextuplet	\$25

Apartments are furnished with linens and blankets. Type A, C, & D have kitchens with small refrigerators, counter top burner, microwave, and limited equipment and dishes.

Lake Junaluska Lodging Information:

Event lodging reservation deposit – Due 60 or more days prior to the event – Deposit amount is equal to the first nights lodging and is due at the time of reservation. Any rooms not reserved with a Lodging Reservations Deposit will be released into general availability 60 days prior to an event. Individual lodging reservations deposit refund policy: 30 days or more before an event receive a full refund minus a \$15 processing fee. 29 days or less before an event will not receive a refund. **Check in at all facilities is 3:00pm; check out is 11:00am.**

Meal Information:

The room rate that shows on your confirmation letter is the room rate only, meals are an additional cost. Meals are optional for all facilities other than the Terrace Hotel or the Lambuth Inn. Guests staying in optional meal facilities may purchase a 3 meal package at the same cost of \$30.00 per person for each 3 consecutive meals, or individual meals can be purchased: \$9.00 for breakfast, \$11.00 for lunch and \$13.00 for dinner. Children 6 through 11 years of age receive meals at half price, 5 years of age and under eat free. **Meal package of \$30.00 per person, per day will automatically be added for each person staying in the Terrace Hotel or the Lambuth Inn.**