

CATAWBA VALLEY DISTRICT NEWSLETTER

1ST QUARTER—JANUARY 2016



United
Methodist
Women
FAITH • HOPE • LOVE IN ACTION

Make Plans to attend our District Mission Study
 “Created for Happiness—Understanding Your Life in God”
 On **February 27 from 9 a.m. until 1:30 p.m.** at
Highland United Methodist Church in Hickory located at
1020 12th Street PL NE, Hickory, NC. Use your GPS or contact
 your LUV partner for directions to the church.

The study will be led by Deacon Shannon LeMaster-Smith
 from Oak Hill, United Methodist Church

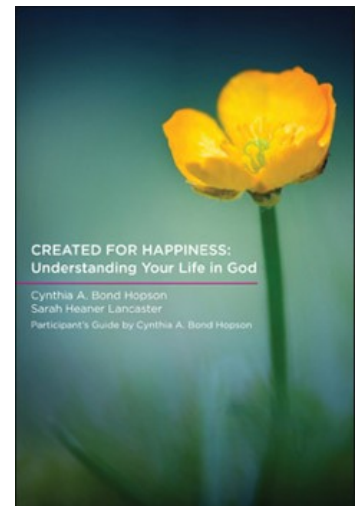
Optional workbook is available online for \$10 at <http://www.umwmissionresources.org/products/created-for-happiness-english> or by calling 800-305-9857.

Registration is required for this event. A light lunch will be
 provided at no cost by the Highland United Methodist
 Women.

Please use the following registration form so that our hostess
 unit will know the number of lunches to prepare. Registration
 deadline is *February 14, 2016* by phone, email or mail.

Our Hands-on Mission will benefit the Women’s Resource
 Center in Hickory. Please bring paper and sanitary
 products, cleaning supplies, personal hygiene items and
 (new) undergarments.

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Mission Study Registration Deadline February 14, 2016

Mail to: Paula Buchanan, 2101 NC 181, Morganton, NC 28655

Email: paularbuchanan@gmail.com

Call: 828-413-2022

Name of church / Unit _____

County _____

Contact Person _____

Phone _____

Number of Persons Attending _____

CATAWBA VALLEY DISTRICT NEWSLETTER

PRESIDENT—JANET REEP-MORGAN

Dear Sisters of the District,

On New Year's Day, I emailed a letter to all of the district presidents and to those who receive email. In that letter, I extended our thanks to our outgoing 2015 officers as their leadership has been crucial to the continued mission of the United Methodist Women. Following is the updated version of that message:

I am honored and eager to serve as your new president and look forward to the coming year! Our district is strong and yet we face many challenges. Your participation at district and conference events is imperative to our growth and vitality as an organization. Our immediate challenge as we start 2016, is to fill officer slots of Vice President, Membership Nurture Outreach Coordinator, Communications Coordinator and Historian. At our district executive meeting on January 9th, your leadership team met to discuss plans for the upcoming district mission study and spiritual growth event. We are a strong support network, and we have room for several of you to join the team. As your new president, I do not claim to have all of the answers. I can tell you that when you have questions, our team will strive to find the answers.

I am grateful to the women who have stepped up to offices that needed to be filled this year: Belinda Worsham of Catawba County is our district secretary. Betty Jacobsen of Gaston County brings her gifts to us as Spiritual Growth Coordinator. Paula Buchanan of Burke County will serve as our Mission Education and Interpretation Coordinator. We also welcome Linda Carpenter, Anita Fox, and Jane Smith to our nominations team! There is still room for more of you to join our team. We still prayerfully search for folks to serve the offices of Vice President, Communications Coordinator, MNO and Historian. *If you are interested in serving on the district team, and would like to nominate someone (including yourself), please contact Anita Fox at 828-390-6349 or taco52001@yahoo.com.* As a large district, your district executive team and several former district officers serve as nurturing partners to local units. Through Local Unit Visits (aka LUV) your nurturing partners provide your local units with district and conference information. This year, when someone from your unit invites a district or conference officer to your visit your local unit between January 1 and August 24, your unit will enter into a conference-wide drawing for a "Feel the LUV" care package, which includes a Program Book, copy of Response Magazine, Prayer Calendar, Reading Program Book and several other surprises. This package will be awarded at our Annual Meeting in September at Lake Junaluska. As nurturing partners, we strive to provide a personal connection to the district and conference teams. Our goal for 2016 is to visit 100% of our units. Help us to meet that goal in 2016! Do your UMW units meet together through missional networks? As part of our connectional vitality, each church in the district is part of a missional network. Speak with your pastor and find out when your missional network is meeting, then invite your UMW sisters and a district officer! A complete officer listing is included in this newsletter as well as the LUV partner list is included with this newsletter.

There are many opportunities for you to serve in mission alongside our sisters in the coming year! For example, do you love to sew? As one of our hands-on projects, we need volunteer to sew school bags according to the UMCOR specifications. Completed bags will be collected until June when they will be distributed at the Conference Spiritual Growth event at Lake Junaluska. Fill those bags and bring them back to Annual Meeting as the second step of the hands-on mission. Following is a link to the School Kit Bag: www.umcor.org/ArticleDocuments/232/SBD-Patterns-SchoolKitBag.pdf.aspx

From sewing to participating in the Reading Program, we all have gifts of leadership and mission for our community and our world. There is much for me to learn in the coming year, and I am blessed to have each of you along the journey. Please be in prayer for our district and conference teams as we come together to serve through Catawba Valley District and the Western North Carolina Conference.

Thank you for being part of our wonderful team!

Blessings and Peace,

Janet Reep Morgan, President
Catawba Valley District
reepmorgan@gmail.com

704-747-6015

Year-end reports are past-due. If you have not submitted your report, please contact Karen Wilkerson at (828) 217-4725.

Treasurer—Gaye Dagenhart

cvdtreasurer@gmail.com

Dear Catawba Valley District

Here we are with another opportunity to be Christ's hands and feet. Let's make 2016 a standout year.

For fourth quarter we had \$43,634.48 given in undesignated funds making an annual total of \$109,439.24. We achieved 81% of our \$135,100 goal. As always, you are an awesome group of women.

Your fourth quarter reports and forms for the New Year will be mailed the first week of February. Also, the presidents should receive the Unit Summary under separate cover. I plan to mail those next week.

Your first quarter report for 2016 needs to be in my mailbox on or **BEFORE** March 1, 2016 for it to be posted in first quarter. This allows me to post your information and compile the reports required by Conference.

I'm available to meet with your units to discuss the Five Channels of Giving and any financial issues. Just e-mail or call me to make an appointment. I look forward to seeing you at the District Mission Study and the District Spiritual Growth meetings. See details in this newsletter.

Grace and peace.

Gaye Dagenhart, Treasurer
Catawba Valley District
828-381-2716
cvdtreasurer@gmail.com

It's A New Year to Document!

For those returning secretaries it's time to start a new notebook or handbook and turn the page from 2015 to 2016. For new secretaries I hope you were able to retrieve the records from the last few years from your predecessor and now are ready to start your own records for the coming year.

First and foremost get together with your President. You serve as her assistant and you need to discuss what format helps her the most. How much detail does she want? When does she want the draft copy ready and returned to her for input? How long will your unit keep the minutes of your meetings? If your president serves out a four year term she will probably want to keep the minutes for her term and the year prior to her first year, but if your president serves more than four years it may be that you want to set a limit of four years for keeping the minutes. Since the computer has allowed us to have so much more "space" to store documents the president may keep them indefinitely in her computer files and have the secretary keep the "hard copies" for four years. It's also your responsibility to keep up with all other correspondence such as thank you cards, copies of letters sent with honorariums, and other correspondence. How long will you keep these documents? All of these are decisions you need to be aware of since you are the record keeper and now is the time to clean out the old records.

If you have been unable to attend any of the officer training sessions for secretary in years past, feel free to contact me and I will be happy to email or mail you information we used during the training sessions. Be sure to take the attendance at all your meetings, take and read the prior meeting's minutes at all your meetings, and keep the updated officer's roster for your unit. If your President has not sent the Officer's Roster in to the District give her a hand and help her with putting that together and submitting it to the District President so your officers will be able to receive these newsletters and other communication from the District.

I hope this finds you well and energized for 2016 and I look forward to working with you and meeting you at District events. Please come up and introduce yourself! Until then...

Belinda Worsham
Secretary, Catawba Valley District United Methodist Women
(H) 704-489-0604 (W) 704-336-5490 (C) 704-614-3058

Catawba Valley District UMW Leadership Team for 2016

Name / Office	PHONE	EMAIL
Janet Reep-Morgan, President	(704) 747-6015	reepmorgan@gmail.com
Open, Vice President		
Belinda Worsham, Secretary	(704) 614-3058	belindaworsham@yahoo.com
Gaye Dagenhart, Treasurer	(828) 328-2386	cvdtreasurer@gmail.com
Betty Jacobsen, Spiritual Growth	(704) 478-0086	bettyjbsn@yahoo.com
Paula Buchanan, Mission/Educ/Interpretation	(828) 431-2022	paulabuchanan@gmail.com
Open, Membership-Nurture-Outreach		
Deborah Horne, Social Action	(828) 429-9087	deborahhorne19@yahoo.com
Dorothy Harris, Parliamentarian	(704) 827-4694	harris_dl@bellsouth.net
Open, Historian		
Anita Fox, Nominations Chair	(828) 390-6349	taco582001@yahoo.com
Chandra Marble, Program Resources	(704) 484-3153	clgm0120@yahoo.com
Martha Johnson, Sub-Chair	(828) 320-0057	marthaandken@charter.net
Connie Jackson, Sub-Chair	(704) 418-4769	conniechambers77@yahoo.com
Barbara Goines, Sub-Chair		sweetbriar1947@yahoo.com
Martha Houser, Sub-Chair	(704) 732-0460	
Lynda Woody, Nominations	(828) 437-5586	mommalynda2003@yahoo.com
Janet Bjork-Colton, Nominations	(828) 879-1675	jntcltn61@gmail.com
Jane Smith, Nominations	(704) 864-7237	janeandjames@gmail.com
Catherine Chambers, Nominations	(704) 486-5670	
Patricia Withrow, Nominations	(704) 538-3616	patriciawithrow@yahoo.com
Linda Carpenter, Nominations	(704) 263-0116	gcarpenter003@carolina.rr.com
Lee Anne Peacock, Nominations	(704) 735-8762	leeannepeacock@charter.net
Open, Communications		
Karen Wilkerson (LUV Partner)	(828) 217-4725	
Phyllis Leatherman (LUV Partner)	(704) 462-2251	

Catawba Valley District Nurturing Partners 2016

Church	Name
1st Belmont	Jane Smith
1st Cherryville	Janet Reep-Morgan
1st Dallas	Betty Jacobsen
1st Gastonia	Janet Reep-Morgan
1st Hickory	Phyllis Leatherman
1st Lincolnton	Martha Houser
1st Maiden	Belinda Worsham
1st Morganton	Paula Buchanan
1st Mt Holly	Betty Jacobsen
1st Stanley	Dorothy Harris
1st Valdese	Barbara Goines
Abernethy Memorial	Barbara Goines
Aldersgate	Deborah Horne
Asbury-Lincolnton	Betty Jacobsen
Bess Chapel	Janet Reep-Morgan
Bethel-Dysartville	Barbara Goines

Church	Name
Bethel-Hickory	Gaye Dagenhart
Bethel-Morganton	Paula Buchanan
Bethesda	Karen Wilkerson
Bethlehem-Claremont	Karen Wilkerson
Bethlehem-Lincolnton	Janet Reep-Morgan
Boger City	Betty Jacobsen
Boiling Springs	Catherine Chambers
Bradley Memorial	Jane Smith
Brevard's Chapel	Belinda Worsham
Brook's Chapel-Polkville	Janet Reep-Morgan
Brown's Chapel	Martha Johnson
Burge Memorial	Dorothy Harris
Burke Chapel	Martha Johnson
Casar	Deborah Horne
Catawba	Karen Wilkerson
Center	Karen Wilkerson

Catawba Valley District Nurturing Partners 2016 (cont'd)

Church	Name
Central Kings Mtn	Janet Reep-Morgan
Central-Shelby	Chandra Marble
Christ-Drexel	Paula Buchanan
Christ-Gastonia	Janet Reep-Morgan
Concord-Bessemer City	Janet Reep-Morgan
Concord-Catawba	Martha Johnson
Covenant	Linda Carpenter
Cramer Memorial	Lee Anne Peacock
Crouse	Jane Smith
Crowell Memorial	Linda Carpenter
David's Chapel-Lawndale	Janet Reep-Morgan
Denton's Chapel	Barbara Goines
Denver	Belinda Worsham
Durham	Catherine Chambers
Ebenenzer-Belmont	Dorothy Harris
Ebenezer-Denver	Dorothy Harris
El Bethel - Kings Mtn	Lee Anne Peacock
Epworth	Linda Carpenter
Faith	Jane Smith
First-Hildebran	Janet Bjork-Colton
Friendship-Fallston	Janet Reep-Morgan
Friendship-Newton	Belinda Worsham
Galilee	Chandra Marble
Glen Alpine	Paula Buchanan
Grace	Deborah Horne
Hartzell Memorial	Gaye Dagenhart
Hebron-Vale	Janet Reep-Morgan
Highland	Phyllis Leatherman
Hill's Chapel	Belinda Worsham
Hoey Memorial	Catherine Chambers
Hopewell	Belinda Worsham
Hoyle Memorial	Connie Jackson
Iron Station	Dorothy Harris
Kadesh	Anita Fox
Kistler's	Patricia Withrow
Knob Creek	Patricia Withrow
Laboratory	Linda Carpenter
Lafayette Street	Connie Jackson
Lander's Chapel	Linda Carpenter
Laurel Hill	Anita Fox
Lawndale	Patricia Withrow
Lebanon	Belinda Worsham
Linville	Lynda Woody
Lowell-Smyre	Janet Reep-Morgan
Marvin	Martha Houser
Maylo	Jane Smith
McKendree	Janet Reep-Morgan
McQueen's Chapel	Gaye Dagenhart
Messiah	Linda Carpenter
Mount Harmony	Janet Bjork-Colton

Church	Name
Mountain Grove	Paula Buchanan
Mt Beulah	Belinda Worsham
Mt Pleasant-Morganton	Paula Buchanan
Mt Pleasant-Sford	Martha Johnson
Mt View-Claremont	Martha Johnson
Myers Memorial	Jane Smith
Myrtle	Dorothy Harris
New Home	Lynda Woody
Oak Grove	Patricia Withrow
Oak Hill	Barbara Goines
Palm Tree-Vale	Martha Johnson
Park Street-Belmont	Jane Smith
Philadelphia	Patricia Withrow
Pine Grove	Patricia Withrow
Pisgah-Catawba	Belinda Worsham
Pisgah-Lincolnton	Martha Houser
Plateau-Vale	Karen Wilkerson
Pleasant Grove	Jane Smith
Pleasant Hill	Chandra Marble
Polkville	Patricia Withrow
Providence	Martha Johnson
Puett	Karen Wilkerson
Reep's Grove-Vale	Janet Reep-Morgan
Rehobeth-Shelby	Deborah Horne
Rhyne Heights	Linda Carpenter
Rock Hill	Karen Wilkerson
Salem-Denver	Belinda Worsham
Salem-Morganton	Paula Buchanan
Shady Grove	Janet Bjork-Colton
Sharon	Connie Jackson
Shiloh-Claremont	Martha Johnson
South Point-Belmont	Jane Smith
St James	Martha Johnson
St Luke's	Phyllis Leatherman
St Mark's Belmont	Lee Anne Peacock
St Paul's - Kings Mtn	Lee Anne Peacock
St Paul's - Shelby	Deborah Horne
St Paul's Maiden	Martha Johnson
St Paul's Newton	Phyllis Leatherman
St Peters	Janet Bjork-Colton
Sulphur Springs	Chandra Marble
Trinity	Jane Smith
Tuckers Grove	Dorothy Harris
Webbs Chapel	Belinda Worsham
Wesley Chapel	Gaye Dagenhart
Westview	Gaye Dagenhart
Zion Memorial	Barbara Goines



What's in a relief kit? Several women from different districts asked me to add kit instructions and contents to the newsletter when we have space. Each year, United Methodist Women assemble relief kits which help provide care for those most vulnerable people during times of crisis. There are 6 different types of kits collected for global distribution: Health, School, Sewing, Layette, Bedding and Birthing. Flood buckets (aka cleaning buckets) are for US distribution after storms.

Following is information on the Health Kits that we will collect at the conference Spiritual Growth Retreat in June at Lake Junaluska.

Health Kits Value: \$ 12.00

1 hand towel 15" x 25" to 17"x 27" (kitchen, cleaning and microfiber towels not acceptable)

1 washcloth

1 comb needs to be sturdy and at least 8" long no pocket combs or picks please rattail combs and combs without handles are acceptable

1 metal nail file or clipper no emery boards or toenail clippers please

1 bath size soap 3 oz. and larger sizes only (no Ivory soap due to moisture content, do not remove from original packaging)

1 toothbrush adult size only (do not remove from original packaging)

6 adhesive bandages 3/4" to 1 " size common household band aids

1 plastic bag one gallon size sealable bags only

\$1.00 to purchase toothpaste

Assembly Directions

Set the \$1.00 for toothpaste aside to be included in a separate envelope. Lay out the hand towel flat on a table. Lay the washcloth flat in the center of the hand towel. Place all remaining items on top of the wash cloth. Fold over the sides of the hand towel to cover all of the items. Fold over one end of the hand towel so that it covers all of the items. Grasp the bundle of items tightly and roll over the remainder of the hand towel tightly. Place the tightly rolled bundle in the plastic bag. Remove as much air as possible and seal the bag.

Important Notes - All items must be new. - Do not wash any of the items as they will be considered used. - Please remove all packaging. - All emergency kits are carefully planned to make them usable in the greatest number of situations. Since strict rules often govern product entry into international countries, it is important that kits contain only the requested items – nothing more. - DO NOT include any personal notes, money or additional material in the kits. These things must be painstakingly removed and will delay the shipment. - UMCOR is now purchasing toothpaste in bulk to be added to health kits before shipping to ensure that the product does not expire before they are sent. Do not put single dollar bills in each kit. Collect all monies for toothpaste and shipping place it in a separate envelope and send along with the kit donations.

Packing Kits

- Box Weight. Each packed box cannot exceed 66 pounds.

Shipping Kits

1. Complete 2 packing lists-one for your records and one to put on the shipping box.
2. Paste the shipping label / packing list on the outside of each box you send. The shipping list helps the depot to quickly process kits.
3. Processing & Shipping Costs: Please enclose an envelope containing at least \$1 for each kit you send. This donation enables kits to be sent to areas in need. For Cleaning Buckets: \$1.50.

Program Resources will be open at Highland UMC on February 27 from 8:30 a.m. until 9 a.m. prior to the District Mission Study.

Directions to Highland United Methodist Church for District Mission Study on February 27

From Gastonia/Lincolnton: Travel Highway 321 to Hickory. Take Exit 42 to NC-127N. Turn right on NC-127 go 3.2 miles, turn right on 1st Ave NE. Turn Left on Main Ave NE. Continue on Highland Ave NE. Turn left on 12th ST NE, Turn right on 12th AVE NE, then turn Right on 12th ST PL NE. Church is on the left.

From Morganton: Travel I-40 East to Exit 125 (Lenoir Rhyne Blvd) and turn left. Follow signs to Lenoir Rhyne College/Downtown. Turn Right on Highland Ave NE. Turn left on 12th ST NE, Turn right on 12th AVE NE, then turn Right on 12th ST PL NE. Church is on the left.

From Statesville: Travel I-40 West to Exit 125 (Lenoir Rhyne Blvd) and turn left. Follow signs to Lenoir Rhyne College/Downtown. Turn Right on Highland Ave NE. Turn left on 12th ST NE, Turn right on 12th AVE NE, then turn Right on 12th ST PL NE. Church is on the left.

From Forest City: Travel 64 to Morganton. Travel I-40 East to Exit 125 (Lenoir Rhyne Blvd) and turn left. Follow signs to Lenoir Rhyne College/Downtown. Turn Right on Highland Ave NE. Turn left on 12th ST NE, Turn right on 12th AVE NE, then turn Right on 12th ST PL NE. Church is on the left.

From Shelby: Travel Highway 18 to Highway 10 toward Hickory. Turn left on NC-127, go 9 miles, then turn right on 1st Ave NE. Turn Left on Main Ave NE. Continue on Highland Ave NE. Turn left on 12th ST NE, Turn right on 12th AVE NE, then turn Right on 12th ST PL NE. Church is on the left.

Catawba Valley District Spiritual Growth Event

Mount Pleasant UMC, Sherrill's Ford- **April 30, 2016**

Guest Speaker: Dr. Irish Spencer, Conference Parliamentarian for the Western North Carolina United Methodist Women

9 a.m.—10 a.m. Resource Room available as well as light refreshments. Program begins at 10 a.m.

Hands on Mission Project: ECCCM - Food Pantry

Created for Happiness is our Mission Study and our District Theme for the entire year. On April 30 at Mount Pleasant United Methodist Church, we will have our spiritual growth event which is formerly known as the Prayer Breakfast. During this morning of reflection, prayer and spiritual renewal, we come together to worship and remember those UMW sisters who died during 2015. Names to be read as part of the memorial service must be submitted to Linda Carpenter by **March 10th** in order to be included in the program.

2014 Deceased UMW Sisters

(Please print, detach and mail by **March 10th** to Linda Carpenter, 906 Upper Spencer Mountain Road, Stanley, NC 28164)

Name: _____ Name: _____

Name: _____ Name: _____

Name: _____ Name: _____

Upcoming Events 2016



- February 27 CVD Mission Study @ Highland UMC, Hickory. *Hands-On Mission: Women's Resource Center*
- March 12 CVD Executive Committee Meeting @ Valdese UMC 9 a.m.
- April 23 WNCC Domestic Violence Training @ Aldersgate in Shelby
- April 30 Spiritual Growth Event @ Mt Pleasant in Sherrill's Ford
- June 1-5 WNCC UMW Bus Trip to SEJ in Charleston, SC
- June 10-11 Spiritual Growth Retreat @ Lake Junaluska. *Hands-On Mission: Health Kits & School Bags*
- June 15-19 WNCC Annual Conference @ Lake Junaluska
- June 25 CVD Executive Finance & Committee Meeting @ Asbury in Lincolnton
- July 21-24 MissionU @ Pfeiffer University. *Hands-On Mission: Birthing Kits*
- August 6 CVD Annual Meeting @ Friendship UMC in Newton.
- September 9-11 WNCC Annual Meeting @ Lake Junaluska. *Hands-On Mission: School Kits filled filled w/bags from Spiritual Growth*
- October 8 WNCC Leader Development Day @ First UMC in Hickory
- October 15 Ubuntu Day of Service (locations around the conference)
- November 5 CVD Local Officer Training @ Messiah in Lincolnton

Return Mail:

Janet R. Morgan

4382 Ernest Houser Road

Lincolnton, NC 28092

Email: janetreep@yahoo.com

www.facebook.com/CatawbaValleyDistrictUMW

To: