

Conference Gram

June/July 2013 – Volume 62, Issue III



Dean, Mission u – Sandra Williamson
sandra@ncat.edu



Mission u, Here We Come!

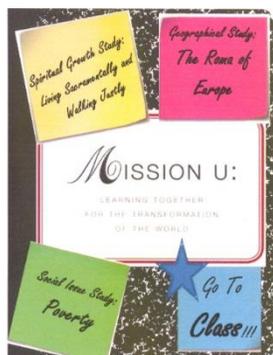
I hope you are already making plans to join us at Pfeiffer University **July 18-21 for Mission u 2013!** By now everyone knows that's the name—Mission u—of the United Methodist Women's mission training events. By using this new name, we want to attract new participants who were deterred by the term "school." Our Mission u at Pfeiffer University will provide a personal experience with learning for the transformation of the world. Your Mission u officers and school committee have been working hard to make sure you will have best experience possible.

We've got some great studies slated for Mission u, along with some terrific leaders to facilitate them. The Spiritual Growth study that every full-time participant will take is "Living Sacramentally, Walking Justly."

This year's geographic study is "The Roma of Europe," exploring the treatment (and mistreatment) of Europe's largest minority group. The class will give us an opportunity to review ways the church is working alongside them, and we will discover how we can respond and advocate for them.

The repeat study this year is the issue study of "Poverty."

All three studies reflect our 2013 Mission u theme: "Learning Together for the Transformation of the World." It is based on the scripture found in *Romans 2:2* where St. Paul advised, "Do not conform to the pattern of this world, but *be transformed by the renewing of your mind*. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will" (NIV). We study and learn together so that, through the renewing of our minds, the world may be transformed.



Our graphic image of a composition book covered with sticky notes reminds us of our readiness to learn, to pick up the resources necessary to renew our minds, and to be transformed into God's compassionate people.

Registration began May 1, 2013, and will end June 25, 2013. **There is no onsite registration and everyone must pre-register.** We will begin the geographic and general issue studies on Thursday evening. It all promises to be a great learning experience for all of us. Please begin praying right now for Mission u, its officers and school committee, and each of the study leaders. And please come: It just won't be the same without you!

I was just thinking: You know, it **is** possible to enjoy fun, fellowship and faith, all at the same time that we are learning together for the transformation of the world!

Hands On Project for Mission u: Health Kit (Mission Today criteria #22)

Contents: Place the following NEW items inside a sealed, one-gallon plastic bag.

- 1 hand towel (15" x25" up to 17" x27") (no kitchen towels)
- 1 washcloth
- 1 comb (large and sturdy, not pocket-sized)
- 1 nail file or fingernail clippers (no emery boards or toenail clippers)
- 1 bath-size bar of soap (3 oz. and up)
- 1 toothbrush (single brushes only in original wrapper, no child-size brushes)
- 6 adhesive plastic strip sterile bandages

In a separate envelope, include a check payable to UMCOR Sager Brown for \$2.00 for shipping and toothpaste.

Mission u: Meet Our Study Leaders

Spiritual Growth Study: Living Sacramentally, Walking Justly

Reverend Sherri Barnes (Study Leader)

Rev. Sherri Barnes is currently serving Pfeiffer University as associate director for university and church relations; she describes her work as partnerships, programs and prospects, as she introduces prospective students and their families to Pfeiffer, generating financial support for Pfeiffer students and shaping programs that aid congregational vitality. She is also associate pastor for The Village Church. She holds an undergraduate degree in business administration from Youngstown State University in Ohio and a Master of Divinity degree from Duke Divinity School.



Rev. Dr. William “Buddy” Phillips (One-Day Overview Leader)

Rev. Buddy Phillips is from Union, South Carolina, and has been a United Methodist Minister for 35 years. He holds several degrees: B.A. in Humanities from Wofford College; a Master of Divinity from Erskine Theological Seminary; Doctorate of Theology from Columbia Bible College and Seminary, and an honorary doctorate from Claflin University. He has served in the Christian School of Missions for over twenty years.



Geographical Study: The Roma of Europe

Reverend Mark Barden

Rev. Mark Barden of Charlotte, NC, serves as senior pastor at First UMC in Elkin. He previously served six years as Director of Communication and Coordinator for Lay Ministries and Special Projects for Western NC Conference.



Janice Lentz

Janice Lentz lives in Taylorsville and is a retired school librarian. She serves as Secretary of Program Resources for Appalachian District UMW.



Sandra McGarrah

Sandi McGarrah is a Diaconal Minister and Minister of Christian Education. For the past 20 years she has worked for the YMCA and UMC as a traveling naturalist and environmental educator with a focus on God’s creation and is best known as ‘The Nature Lady’.



Patricia H. Moore

Patricia is a lifelong Methodist, growing up at St Luke UMC in Asheboro, NC. She is a member of the UMW at St. Mark’s UMC in Charlotte. She formerly served on the Charlotte District UMW leadership team as a member of the Nominating Committee.



Sherry Sink (One-Day Overview Leader)

For the last 15 years, Sherry has served in local, district and conference offices of United Methodist Women. She is now serving her fourth year as Mission Coordinator of Membership, Nurture and Outreach for the conference.



Rev. Dale Sneed

Pastor Dale Peele Sneed currently serves the Hartzell Memorial/McQueens Chapel UMC in Hickory and Conover. She has served in the Western North Carolina Conference for twelve years at churches in Charlotte, Marion, Reidsville and now Hickory/Conover, NC.



Social Issue Study: Poverty

Lisa Bacon

Lisa is a member of Cullowhee UMC and a retired science teacher. She currently serves as Chair of the Conference Committee on Nominations. Lisa's volunteer activities include serving in the chaplaincy program for the county jail and the Guardian ad Litem Program.



Pamela Moye

Pamela, a member of St. Matthews in Greensboro, holds a BA degree in Social Work from North Carolina A&T State University and a Master's degree from the University of North Carolina at Chapel Hill. She currently teaches as an adjunct professor of social work at NC A&T State University.



Workshop for Leaders of Children:

Kim Keyse

Kim is a native of Greensboro and a lifelong member of Newlyn Street UMC. She has been the Christian Education Director for her church for approximately 30 years.



Teen Women Mission Day (Saturday only):

Virginia Robinson

Virginia is a longtime member of Salem UMC in Morganton. She is their choir director and has been music director for over 30 years. She has assisted in leading the Teen Mission Day several times in the past.



Karen Wilkerson

Karen is a member of Highland UMC in Hickory. She has held several UMW offices on the district and conference levels and is currently serving as Chair of the Committee on Nominations for the Catawba Valley District UMW.



Music Leaders

Bonnie Burkett (Song Leader)

Bonnie Burkett is a self-taught acoustic guitarist. She has sung in church choirs, played in praise bands and done the occasional solo. A member of Oak Ridge UMC, she is currently on the faculty for the District Lay Speaker training for the Northern Piedmont District.



Jacqueline Kerr (Music Leader)

Jackie is a member of Celia Phelps Memorial UMC in Greensboro. She serves as the choir director, is a Certified Lay Speaker, and has served as a church musician for over 50 years. She is the English instructor for the Upward Bound Program and for GAMSEC at NC A&T State University.



MISSION u

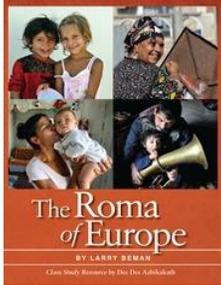
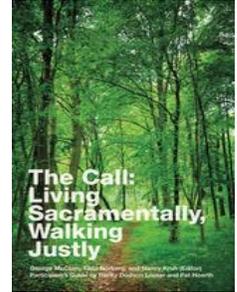
Courses of Study

Spiritual Growth Study: Living Sacramentally, Walking Justly

In light of John Wesley's two-fold thrust of "personal holiness" and "social holiness," this study examines spiritual formation and culture of the Christian call. It also explores Baptism and Communion with practical guidance about how to live out one's Baptism.

Study Leader: **Rev. Sherri Barnes**

One-Day Overview Leader: **Rev. William "Buddy" Phillips**



Geographical Study: The Roma of Europe

The Roma are the single largest minority in Europe. We will learn their history and culture with emphasis on Eastern Europe, explore the ways they are treated in contemporary Europe, and investigate ways the church is working alongside them. How will we respond and advocate?

Study Leaders: **Rev. Mark Barden, Rev. Mike Collins, Mrs. Janice Lentz, Ms. Sandra McGarrah, Mrs. Patricia Moore, and Rev. Dale Sneed**

One-Day Overview Leader: **Mrs. Sherry Sink**

Social Issue Study: Poverty

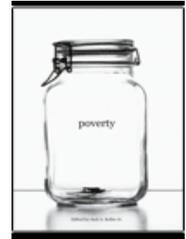
How can we transform the world if we fail to see the poor among us? This course invites us to a deeper understanding of poverty and calls us to be agents of God's compassion and change.

Study Leaders: **Ms. Pamela Moye and Mrs. Lisa Bacon**

Workshop for Leaders of Children:

Leader: **Ms. Kim Keyse**

Session Time: 4:15 pm Friday or Saturday



Teen Women Mission Day:

Theme: "Immigration in the Bible"

This study shares the story of the Bible as a narrative of immigrants and migration. It seeks to help us understand what it is to be a sojourner and to live out the biblical mandate of hospitality for the "stranger" in our midst.

Leader: **Mrs. Karen Wilkerson**

* * *

Conference President – Mildred Carter

mildredcarter@earthlink.net

United Methodist Women provides many opportunities for education. The best opportunity is at Mission u (formerly School of Christian Mission) each summer. When I read that we will be studying the Roma of Europe, I thought who are Roma? I'm looking forward to learning more about this forgotten group of people.



Mission u encompasses all aspects of our Purpose as we *expand concepts of mission*... . It is four days packed with learning opportunities. If you are not able to attend the entire weekend, make plans to participate in the one-day overview sessions on Friday or Saturday.

We have many other opportunities for mission education. We learn through participating in our Reading Program and by reading *response* magazine. As we learn more, we respond by:

- writing letters to government officials,
- sending money for missions,
- studying Scripture to determine what God is asking us to do, and
- praying for better living conditions for all of God's people.

Yvette Richards, National UMW President, writes in *response* magazine "You have been called by God to put your faith, hope and love in service, and you have answered yes!"



Vice-President – Tonya Lanier
Sonshiners@lexcominc.net

Are you looking for a program for your local unit? Come to one of our upcoming conference events where you are sure to get lots of great suggestions. Next up is Mission u. The time spent at Mission u will provide inspiration, leadership training, mission study, program development and fellowship. This is definitely not a social outing; it is an invaluable learning experience. During these four days, ladies will be exposed to the full spectrum of Christian mission. Attend and discover something special to share at one of your meetings.

Another opportunity will be at Annual Meeting where we will celebrate on September 6, 7 and 8. ***Moving On*** has been chosen as the 2013 theme. Instead of focusing on what we left behind, we are choosing to move on and embrace the change. The truth is that for us to move forward out of what once was, we have to receive God’s grace to move on. As we receive it and use it, we may just discover the place God had called us to be all along.

Program ideas are all around. Grab one or two. But if you need help, just ask.



Mission Coordinator for Social Action – Martha Phillips
mwphillips@wildblue.net

Greetings to you all,

The Legislative Day was wonderfully attended by almost 200 women and men. We learned about advocating for the rights of others and advocating for just legislation in the North Carolina General Assembly and the United States Congress. Now it is time to put our learning to work!

We want to encourage our legislators to pass meaningful and effective legislation related to Human Trafficking. NC Senate Bills SB683 and SB707 will go a long way to combat Human Trafficking in North Carolina. We hope they will pass soon, but if they have not passed when you receive this Conference Gram, call your State Senators urging them to support passage of this legislation.

The following are some great websites related to Human Trafficking:

- United Methodist Women resources: <http://new.gbqm-umc.org/umw/act/trafficking/>
- North Carolina Council of Churches: www.ncchurches.org Grassroots Advocacy Kit, and several flyers on Facts about Farm Workers
- Polaris Project / National Human Trafficking Resource Center: www.polarisproject.org
- NC Stop Human Trafficking: <http://ncstophumantrafficking.wordpress.com/>
- On Eagles Wings Ministries (Asheville): <http://www.oewm.net/>
- World Relief (High Point): <http://worldreliefhighpoint.org/human-trafficking>

The North Carolina General Assembly website www.ncga.state.nc.us has a wealth of information including who your representatives are, proposed Bills for the House and Senate, and the status of bills that are before the House or Senate. This website is user-friendly and one that I believe you will find very helpful. Peace.



Historian – Patricia Settle
143wallk03@gmail.com

Mission u is an opportunity to come together to study, sing, worship, and fellowship with fellow United Methodist Women. It is open to all women members, and nonmembers, of United Methodist Women. Remember to invite teens, your pastor and other women of your church and community. As a historical mission moment, utilize your May 2013 ***response*** magazine or May/June 2013 ***New World Outlook***; both give highlights of the Roma study for this year.



Mission Coordinator Spiritual Growth – Sandy Hieronymus
sandyh46@aol.com

The spiritual growth study for Mission u 2013 is *The Call: Living Sacramentally, Walking Justly*. This study explores the biblical and theological understandings to aid us on a journey of creating a disciplined life. Some of the focus in this study will be on baptism, communion, and our answering God's call. All resident students at Mission u will receive this study as well as either the geographic area or current issues study. Each day at Pfeiffer University will start with Morning Praise. Plan to come alone or with some of the ladies from your unit. You will be blessed by meeting, studying, worshipping, and being with women from our conference.

United Methodist Women offers many opportunities for spiritual growth in the local unit, district, and conference levels. Through worship, study, and supportive community activities, we grow closer to Christ and one another. I always look forward to being with United Methodist Women.



Secretary of Program Resources – Ann Aldridge
ahaldridge@charter.net

Greetings, my UMW Sisters,

Acts 1:8 tells us that just before Jesus ascended into heaven he said “But you will receive power when the Holy Spirit has come upon you; and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth” (NRSV). The Bible is the basis for our being organized for mission. We see our world through a “mission lens.” We must learn about our role as women united “to expand concepts of mission through participation in the global ministries of the Church” (UMW PURPOSE).

There is no better way for us to follow the teachings of Jesus and learn about our purpose than to attend Mission u. Mission u is one of the best events we provide. You may go to our UMW website at www.wnccumw.org and click on School of Christian Mission to see the registration brochure. I will have the new study books for you to purchase at the Spiritual Growth Retreat.

Please do not hesitate to contact me if I may be of assistance in helping you to KEEP READING!! Blessings.

Mission Coordinator Membership Nurture and Outreach - Sherry Sink
sherrysink@gmail.com

Membership Begins with “ME”!

I have to thank Shirley Hickok, the Metro District MN&O for this statement. Think about this for a moment ... when we (I) begin to talk with other women and share our UMW stories, we (I) are starting to relate to them about our involvement with United Methodist Women. No one can tell your (my) story like you can!



When we share where we have been on the journey, who we have been with, and what we have learned, we are sharing what it is like to be a member of United Methodist Women. What have you shared lately? Have you shared your involvement in the last event you attended with anyone besides your UMW sisters? Did you share it with enthusiasm? Have you shared anything that you learned with others, or invited them to attend an event with you? Have you shared how you are supportive of your UMW sisters, and are nurtured by your UMW sisters through life’s “ups and downs”?

Get creative and look around to see who you can share your stories with or invite. Look for those that are not part of your usual group, maybe not even at your church. Remember too, that someone may be listening when you are sharing your story and may want to be invited to an event.

I believe membership does begin with “ME”!



Treasurer – Julia Willis

jawillis1@aol.com

Conference Financial Goal-2013

“To Exceed our Total Conference Pledge to Mission Giving”

YOU asked for it!!!! NOW we have some!!! **NEW Gift to Mission Cards!** During Mission u, visit the program resource area to see...and purchase...new designs in *Happy Birthday*, *Thinking of You* and *Christmas* cards. Your purchases of Gift Cards are excellent ways to introduce recipients to the depth of UMW missions and our support of women, children and youth around the world. Funds from these card purchases go directly toward your District Pledge and our Conference Pledge.

Support of Conference UMW academic scholarships allows us to help students at Bennett College, Brevard College, Greensboro College, High Point University and Pfeiffer University.

Contributions to our four mission institutions in our conference—Bethlehem Center Charlotte, Bethlehem Center Winston Salem, Bennett College and Pfeiffer University—are other excellent designated mission projects for your consideration. See you at Pfeiffer!

Mission Coordinator Education and Interpretation – Rebecca Wright

wrightpreacher@aol.com



A wonderful experience awaits all of us as we attend this year's Mission *u* at Pfeiffer University in July. It provides an excellent opportunity for local units to strengthen their resolve to become Mission Today Units. When attending Mission *u*, we complete requirement #11. Let all of us be in prayer for our study leaders and the various committees that the School will be the best ever.

The May issue of *response* magazine is right on time for Mission *u* studies. Please take the time to read over it. What wonderful personal stories and experiences were shared by the Roma people. We encourage you to read and share the magazine with others in your circle, unit, and church.

When sharing the PURPOSE and goals of United Methodist Women in your church or community, some of the strategies we use are:

- Use visuals to help tell about mission
- Become educated about mission projects and know to share where the money goes with joy and grace
- Share a "*response* moment" at your next meeting.

Chair, Committee on Nominations – Lisa Bacon

Lbbacon@yahoo.com



What got you excited about being a member of United Methodist Women? Being in community with other women who are passionate about mission? The fabulous “free” leader development? Linking faith and action? Let’s remember why we joined UMW in the first place, not only when we “make the call” to a potential leader, but also when we are asked to respond to that call. Committees on Nominations are busy matching the gifts and graces of new and experienced leaders with openings on the 2014 slates. Join us on the journey!

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Newton, NC 28658

NON PROFIT
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Editor:

Vicki Walker
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Conference Website:

www.wnccumw.org

Check us out on
Facebook or Twitter

PURPOSE of United Methodist Women

The organized unit of United Methodist Women shall be a community of women whose PURPOSE is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.

2013 Upcoming Dates:

June 14-15

Spiritual Growth Retreat, Lake Junaluska

June 20-23

Annual Conference, Lake Junaluska

July 18-21

Mission u, Pfeiffer University

September 6-8

Annual Meeting, Lake Junaluska

October 12

Leader Development, St. Luke's – Hickory

October 19

UBUNTU Day of Service (watch for details)



WESTERN NORTH CAROLINA CONFERENCE

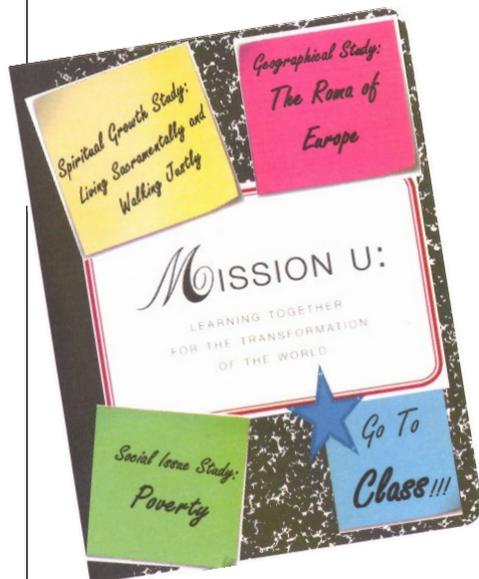
Mission u !

*Pfeiffer University
48380 US Hwy 52N
Misenheimer, NC 28109*

July 18-21, 2013

Mission u theme 2013:

"Learning Together for the Transformation of the World"



In Romans 12:2, St. Paul advised, "Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will." (NIV)

God's ultimate will for humankind is that all persons will

have abundant life: We study and learn together so that, through the renewing of our minds, the world may be transformed.

Our graphic image of a composition book covered with sticky notes reminds us of our readiness to learn, to pick up the resources necessary to renew our minds, and to be transformed into God's compassionate people.

Come and Learn with us!

Who Should Attend?

Anyone who wants to worship God, learn new things, and enjoy the fellowship of other Christians
Local officers and members of United Methodist Women/District and Conference UMW Officers/ District Chairpersons of Mission Engagement/Ministers and all men, women, and youth of the Church

Especially calling out to teen women !

Registration is open May 1-June 25, 2013

**All Registrations must be postmarked no later than
June 25, 2013**

NO ONSITE REGISTRATIONS

Mission u...

Formerly known as School of Christian Mission

The new name, effective 2013, seeks to attract new participants who were deterred by the term "school." It keeps our identity with mission and reflects the personal learning experience (u as in university and u as in the text and Web language for you). Join us at Pfeiffer University for a personal experience with learning for the transformation of the world.

Our Courses of Study

Spiritual Growth Study: Living Sacramentally, Walking Justly

Study leader: **Rev. Sherri Barnes**

One-Day Overview Leader: **Rev. Paul Milton**

In light of John Wesley's two-fold thrust of "personal holiness" and "social holiness," this study examines spiritual formation and culture of the Christian call. It also explores Baptism and Communion with practical guidance about how to live out one's baptism.

Geographical Study: The Roma of Europe

Study leaders: **Rev. Mark Barden, Rev. Mike Collins, Janice Lentz, Sandra McGarrah, Patricia Moore, and Rev. Dale Sneed**

The Roma are the single largest minority in Europe. We will learn their history and culture with emphasis on Eastern Europe, explore the ways they are treated in contemporary Europe, and investigate ways the church is working alongside them. How will we respond and advocate?

Social Issue Study: Poverty

Study leaders: **Pamela Moye and Lisa Bacon**

How can we transform the world if we fail to see the poor among us? This course invites us to a deeper understanding of poverty and calls us to be agents of God's compassion and change.

Workshop for Leaders of Children

Leader: **Kim Keyse**

Session Time: 4:15 pm Friday or Saturday

Teen Women Mission Day

Leaders: **Virginia Robinson and Sherry Sink**

Theme: "Immigration in the Bible"

This study shares the story of the Bible as a narrative of immigrants and migration. It seeks to help us understand what it is to be a sojourner and to live out the biblical mandate of hospitality for the "stranger" in our midst.

Registration:

May 1, 2013-June 25, 2013

New this year:

Housing in New Hall: (suite-style)

Residence: \$175.00 per person

Resident Double: \$135.00 (two persons sharing)

Resident Private: \$155.00

(LUNCH ON SUNDAY WILL NOT BE PROVIDED)

Non-Resident: \$40.00 (No meals)

Non-Resident: \$60.00 (With meals—Lunch Friday and Saturday)

One-Day Overview: \$20.00 (No meals)

One-Day Overview: \$30.00 (Lunch included)

One-Day Overview Students will choose one study and will have 4 hours of session time in that study. You will not get both studies, unless you come to both days, and that certainly is an option for you.

ONE-DAY OVERVIEW STUDIES: Friday & Saturday. Registration is from 8:00 am-8:45 am with classes beginning at 9:00 am.

Watch for additional details on our Website:
www.wncumw.org

REFUNDS: There will be no refunds without at least 7 days notice. (\$25.00 of Resident Fee is not refundable.) **NO CHILD CARE AVAILABLE**

HOUSING: HOUSING WILL BE IN COLLEGE DORMITORIES. Bring bed linens, including a light blanket, pillow, towels, clothes hangers, grooming items, mirror, bathrobe, study lamp and any other items you feel necessary for your comfort away from home. (Wireless internet is available all over the campus.) There will be no linen rental.

SPECIAL NEEDS: If you have any physical conditions that require consideration in room or classroom assignment, please explain on registration form or on separate sheet of paper stapled to your form.

YOUTH: For youth participants, there are covenant and consent forms that must be completed and accompany the basic registration form. Those forms are available from the school officers, district presidents, and our conference website at www.wncumw.org. There will be a youth curfew in effect at 11:30pm. Youth who are registered for the entire school may participate in the Teen Mission Day on Saturday at no extra charge.

CLASSES: The Spiritual Growth Study, "Living Sacramentally," will be offered to everyone. Please choose one of the other courses for more intensive study. Bring Bibles, pencils, paper, etc. Text books will be available from the Mission Resource Center in early spring, and at all Conference events prior to the school and in the Resource Room during the school.

CEU's and Advanced Lay Servant Certifications: Continuing Education Units and Advanced Lay Servant Certifications will be offered if requirements are met.

<u>Dean</u>	<u>Assistant Dean</u>
Sandra Williamson (336) 282-0807 Sandra@ncat.edu	Lynda Morris (704) 847-2521 Lfmorrisap@aol.com
<u>Business Manager</u>	<u>Housing Manager</u>
Sara Williams (336) 699-8079 sarawill@yadtel.net	Dianne Beam (704) 996-1744 dbeam@wncumc.org

Hands-On Mission Project

Health Kits

UMCOR requests NEW items in a sealed one-gallon bag

- 1 hand towel (15" x 25" up to 17" x 27." No kitchen towels)
- 1 washcloth 1 comb (large and sturdy, not pocket-sized)
- 1 nail file or fingernail clippers (no emery boards or toenail clippers)
- 1 bath-size bar of soap (3 oz. and up) 6 adhesive plastic strip sterile bandages
- 1 toothbrush (single brushes only in original wrapper, no child-size brushes)
- \$2.00 cash: \$1.00 to purchase toothpaste and \$1.00 for shipping costs



Western North Carolina Conference

Hands-On Mission Opportunity MISSION U

July 18-21, 2013, Pfeiffer University (Misenheimer Campus)

UMCOR Health Kits

Disasters continue to wreak havoc around the world and in the United States, affecting women, children and youth. The Hands-On Mission Opportunity for MISSION U will be Health Kits. Encourage your local unit and congregation to participate...even if they cannot attend MISSION U. We will deliver the health kits to our conference Mission Response Center for shipment to the UMCOR Sager Brown Depot. Participating in this Hands-On Mission Opportunity will help your local unit to meet Mission Today criteria #22. **Information about MISSION U is available on our website at www.wnccumw.org.**

Health kits provide basic necessities to people who have been forced to leave their homes because of human conflict or natural disaster. Health kits are also used as learning tools in personal hygiene, literacy, nutrition and cooking classes. When people gain the knowledge and materials to maintain personal hygiene, their overall health improves.

UMCOR Health Kit Contents:

Place the following **NEW** items inside a sealed one-gallon plastic bag.

- 1 hand towel (15" x 25" up to 17" x 27", no kitchen towels)
- 1 washcloth
- 1 comb (large and sturdy, not pocket-sized)
- 1 nail file or fingernail clippers (no emery boards or toenail clippers)
- 1 bath-size bar of soap (3 oz. and up)
- 1 toothbrush (single brushes only in original wrapper, no child-size brushes)
- 6 adhesive plastic strip sterile bandages



In a separate envelope, please include a check payable to UMCOR Sager Brown for at least \$2.00 per kit to help with the costs of buying one tube of toothpaste, and the costs of processing and shipping the kits around the world. Please do not put the money envelope in your UMCOR Health Kit bag.

If you are bringing multiple kits, it is fine to just write one check in an amount sufficient to cover all of your kits. If your whole unit is collecting the kits, it will be okay to collect the money and put it all in one envelope to be turned in when you drop off your kits at MISSION U. (NOTE: UMCOR is now purchasing toothpaste in bulk to be added to health kits before shipping to ensure that the product does not expire before it is sent.)

If at all possible, please pack your kits in a box that can be handled easily by our women and write the total number of kits on the side of the box. (Paper case boxes are a nice size.) We are trying to make it as easy as possible to collect, count and transport our Health Kits.

Important Kit Assembly Information:

- All items included in kits must be **NEW** items.
- All emergency kits are carefully planned to make them usable in the greatest number of situations. Since strict rules often govern product entry into international countries, **It is important that kits contain only the requested items - nothing more.**
- **Do NOT include any personal notes, money or additional materials in the kits. These things must be painstakingly removed and will delay the shipment.**
- Please do not include any religious, political or patriotic notes or emblems in any kit.

Thank you for your generous support of our hands-on mission opportunity!